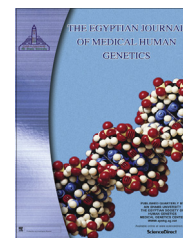




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ORIGINAL ARTICLE

Association between consanguinity and survival of marriages



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KEYWORDS

Consanguinity;
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Abstract *Background and purpose:* The present study was performed to investigate the association between consanguineous marriages and divorce risk.

Materials and methods: A total of 496 couples at divorce time and 800 couples from general population who have no plan for divorce (as control group) were included in the study.

Results: Compared to unrelated marriages, first cousin (OR = 0.39, 95% CI: 0.27–0.56, $P < 0.001$), first cousin once removed (OR = 0.18, 95% CI: 0.05–0.62, $P = 0.006$) and second cousin marriages (OR = 0.37, 95% CI: 0.17–0.78, $P = 0.009$) decreased the risk of divorce. The Cox proportional hazards regression analysis revealed that the survival of marriage was lower significantly for unrelated marriages than first cousin marriages, after adjusted for educational level (HR = 0.48, 95% CI: 0.35–0.67, $P < 0.001$).

Conclusion: The present findings indicate that consanguinity has some protective role(s) against divorce and also survival of marriages increased among consanguineous marriages. Considering that divorce rate is affected by several factors, replication of present findings in other populations is recommended.

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1. Introduction

Based on genetic studies it is well established that marriage and divorce have been found to be highly heritable [1,2]. Risk of marital instability increased in offspring of divorced parents [3].

Consanguineous marriage is defined as a union of second cousins or closer relatives. The prevalence of consanguinity is influenced by several factors including demographic, religious, cultural and socio-economic factors [4–8]. Many studies

indicated that consanguineous marriages are associated with increased risk of recessive traits [9,10] and also it might be associated with many multifactorial diseases among their offspring [4,10–14]. It should be noted that the associations between consanguineous marriages and susceptibility to multifactorial disorders are controversial. Consanguineous marriage has declined remarkably in many parts of the Western world [4]. However, it is still very common among countries in Africa and Asia [4,15–19].

Based on a study reported from India, consanguineous marriages have a higher incidence of divorce, separation, and remarriage than unrelated marriages [20]. However, it has been reported that in Nubia (Egypt), among first cousin marriages divorce rate is lower compared to unrelated marriages [21].

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It is well established that divorce has important effects on family and community. Therefore, for countries such as our country (Iran), where the consanguineous marriage is common, the association between consanguinity and divorce is highly important. To the best of our knowledge, there is no study concerning the association between consanguinity and divorce and comparison of survival analysis of marriages between consanguineous and unrelated marriages. Therefore, the present case-control study was carried out.

2. Subjects and methods

2.1. Study design and participants

The present case-control study was performed in Shiraz (Fars province, southern Iran). A total of 496 couples at divorce time (who attended to a divorce office) and 800 couples who have no plan for divorce (as control group) were included in the study. The control group was selected from general population of Shiraz. For sampling from general population we used the multistage design. Shiraz was divided into 4 parts (as clusters), and all of the clusters were included in the survey. In each cluster, stratified sampling according to the population size was carried out. Data on consanguinity and educational levels of couples were collected using a simple questionnaire by interview. The questionnaires were completed by trained interviewers. Consanguineous marriages were classified by the degree of relationship between couples: first cousins, first cousin once removed and second cousins.

All participants provided informed consent. This study was approved by the Shiraz University ethics committee. This work is carried out in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving animal experiments.

2.2. Statistical analysis

To evaluate the association of suggested independent variables (types of marriages and educational levels) with divorce,

unconditional logistic regression analysis was used. The associations between the study of independent variables and risk of divorce were assessed by calculating odds ratios (ORs) and 95% confidence intervals (CIs). Variables with $p < 0.10$ in the univariate analysis were included in the final analysis.

Considering the low prevalence of first cousin once removed (25 out of 1296 couples) and second cousin marriages (42 out of 1296 couples), we used data of first cousin and unrelated marriages for the marriage survival analysis. The Cox proportional hazards regression model was used to evaluate the influence of types of marriages (first cousins vs. unrelated marriages) on survival of marriage. Divorce was defined as an event in the survival analysis.

Statistical analysis was performed using the Statistical Package for Social Sciences (SPSS Inc., Chicago, IL, USA) (version 11.5). A probability of $P < 0.05$ was considered statistically significant.

The study is more than sufficiently powered with an $N = 1296$ to detect a small-medium effect in allelic frequency between the two groups. Using the GPOWER (<http://mac-download.informer.com/g-power/3.0/>) software (version 3.1.1), to detect a real difference in allelic frequency with a power of 0.99, $\alpha = 0.01$, $df = 1$, $\Lambda = 24.04$, and an effect size of 0.2; a minimum sample of 601 would be necessary.

3. Results and discussion

Prevalence of types of marriages, educational level, age and duration of marriages among study groups are shown in Table 1. In overall, the prevalence of consanguinity among ongoing and divorce marriages was 25.0 and 10.9 percent, respectively. Based on several studies first cousin marriages were the commonest of all matings among Iranian population [16]. However, this type of marriages was very low among divorce marriages (8.5%). There was no double first cousin marriage among the study sample. Marriages of first cousins (OR = 0.39, 95% CI: 0.27–0.56, $P < 0.001$), first cousin once removed (OR = 0.18, 95% CI: 0.05–0.62, $P = 0.006$) and

Table 1 Association between type of marriages and educational levels and risk of divorce.

| Variables | Marital status | | OR | 95% CI | P-value |
|-------------------------------------|-----------------|-----------------|------|-----------|---------|
| | Ongoing | Divorce | | | |
| <i>Types of marriages</i> | | | | | |
| Unrelated | 600 | 442 | 1.0 | – | – |
| Second cousin | 33 | 9 | 0.37 | 0.17–0.78 | 0.009 |
| First cousin once removed | 22 | 3 | 0.18 | 0.05–0.62 | 0.006 |
| First cousin | 145 | 42 | 0.39 | 0.27–0.56 | <0.001 |
| <i>Educational level (Wives)</i> | | | | | |
| High school or lower | 471 | 315 | 1.0 | – | – |
| College and higher | 329 | 181 | 0.82 | 0.65–1.04 | 0.097 |
| <i>Educational level (Husbands)</i> | | | | | |
| High school or lower | 411 | 319 | 1.0 | – | – |
| College and higher | 389 | 177 | 0.58 | 0.46–0.73 | <0.001 |
| <i>Continuous variables</i> | | | | | |
| | Mean \pm SD | Mean \pm SD | df | t | P-value |
| Age (Wives) | 37.7 \pm 10.9 | 29.8 \pm 8.8 | 1294 | 14.3 | <0.001 |
| Age (Husbands) | 42.9 \pm 12.4 | 34.2 \pm 10.4 | 1294 | 13.6 | <0.001 |
| Duration of marriages | 15.7 \pm 12.1 | 7.5 \pm 8.0 | 1294 | 14.7 | <0.001 |

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