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Characterization of CaO-ZrO₂ Reinforced Hap Biocomposite for Strength and Toughness Improvement

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Abstract

Hydroxyapatite (HAp) has been used extensively in medical applications for repair or replacement of bone tissues in human body system. It is chemically similar to the mineral component of bone and teeth and will form an artificial bone-like structure with the surrounding bone tissue when implanted. However, sintered hydroxyapatite material exhibits relatively poor mechanical properties than natural bone and as such, improvement of mechanical properties are necessary. One of the candidate materials for the reinforcing phase to HAp is zirconia, ZrO₂. Medical applications of ZrO₂ implants confirmed their satisfactory biocompatibility, although it cannot bond well to bone tissue. In this study, ZrO₂/HApbiocomposites were fabricated with the objective to improve the strength and toughness of the biomaterial. Commercial CaO-ZrO₂ (CZ) was selected as the reinforced material to the HAp matrix. Small amounts of CaF₂ were added to improve sinterability and the phase stability of these biocomposites. Conventional ceramic processing route was used to prepare ZrO₂/HAp samples, which involved milling and mixing, compaction and sintering. X-ray diffraction (XRD), linear shrinkages, density and porosity, flexural strength, Vickers microhardness, toughness, and scanning electron microscopy (SEM) were used to characterize the (ZrO₂/HAp) biocomposites. XRD results indicate phase stability of biocomposites to a temperature of 1200 °C. Shrinkage of fired samples were very uniform with increasing temperature, with slightly lower shrinkage in thickness direction. In general, strength of the reinforced ZrO₂/HAp was successfully increased from 35.70 MPa to 52.88 MPa and the toughness was increased from 0.65 MPa.m^{1/2} to 1.33 MPa.m^{1/2} as well.

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1. Introduction

HAp is chemically similar to the inorganic mineral component of bone and teeth^{1,2} and possesses exceptional biocompatibility and unique bioactivity³. Even though HAp offers high biocompatibility, relatively low density, high compressive strength and high hardness, application of HAp as a load bearing implant is limited because of its brittleness and relatively low mechanical properties. Hence, there is a necessity of reinforcement to HAp without hampering its biocompatibility⁴. For these reasons, the biocomposites of HAp and ZrO₂ was conducted in this work in order to combine the biocompatibility of HAp and the high strength and toughness of ZrO₂. ZrO₂ has been found to retain high mechanical strength and toughness without degrading the biocompatibility of HAp when incorporated as a second phase⁵⁻¹⁰. HAp-ZrO₂ composites have shown the improved strength and toughness as compared to monolithic HAp itself¹¹⁻¹⁴.

However, the reaction between ZrO_2 and HAp will enhance the decomposition of HAp and leads to inhibit densification of the composite resulted in low mechanical properties. Again, the presence of ZrO_2 in the system decreases the decomposition temperature of HAp into tri-calcium phosphate (TCP; α - or β -)¹⁵⁻¹⁸. With an aim to maintain the phase stability of HAp, CaO-ZrO₂ was chosen in this work in order to provide another source of Ca²⁺. And, the addition of CaF₂ was also intended to improve sinterability and to retain the HAp phase.

With these contexts, the current study was performed to fabricate HAp and CaO-ZrO₂ composites through the incorporation of CaF₂ by air sintering at temperatures between 1100 to 1350 °C. The effect of the added-CaF2 on sintering behavior of CaO-ZrO2/HAp was investigated.

2. Materials and Method

2.1. Materials fabrication

As starting materials, 90, 95 wt% high-purity HAp (Sigma-Aldrich (M)) and 5, 10 wt% CaO-ZrO₂ (UCM Zirconia Inc., Greeneville Tennessee) powders were used to fabricate (ZrO₂/HAp) biocomposites with the addition of 5 wt% CaF₂(Merck KGaA, Germany) powders, designated as H-5CZ-5CF, H-10CZ-5CF, respectively. The powders were milled and mixed with zirconia balls for 24 h. De-ionized water was used as a mixing media. After milling-mixing, the mixture was dried in an oven at 100 °C for 24 h. Dry aggregates were lightly ground into fine powders using agate mortar and sieved through a 250 µm screen. A 55 mm × 10 mm die was used to form rectangular bar shape sample and a uniaxial pressure of 90 MPa was employed to compact. Sintering was conducted in air atmosphere at six different temperatures (1100, 1150, 1200, 1250, 1300 and 1350 °C) using *LENTON*muffle furnace. The schedule of sintering includes soaking time of 5 h with heating and cooling rate of 5 °C/min. The samples produced are coded as in Table 1.

Table 1. Summary of CaO-Zr	rO ₂ /HApcomposition	with the study on the effe	ct of CaF ₂ addition

Code	CaO-ZrO ₂ (wt%)	HAp (wt%)	CaF_2 (wt%)	
			(based on total weight of CaO-ZrO2/HAp powder (60g))	
H-5CZ-5CF	5	95	5	
H-10CZ-5CF	10	90	5	

2.2. Characterization and mechanical test

Using Archimedes method, the density and apparent porosity of the sintered specimens were measured. The samples were subsequently ground using SiC paper, followed by polishing using 1 μ m, 0.3 μ m and 0.05 μ m alumina powders. After etching at a temperature 100 °C below its sintering temperature for 2 h, their microstructures were analyzed by Zeiss Supra 35VP Field Emission Scanning Electron Microscope (FESEM). The specimens were also characterized by XRD Bruker DX 8 for the phase formed. The scan started from 20° to 80°2 θ , using copper (K_{\alpha} Cu) with wavelength of 1.5406 nm as X-ray source.

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