## Management of Attention-Deficit Disorder and Attention-Deficit/Hyperactivity Disorder Drug Intoxication in Dogs and Cats

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#### **KEYWORDS**

- ADHD ADD Drug intoxication Dog Cat
- Amphetamines Atomoxetine

Attention-deficit/hyperactivity disorder (ADD/ADHD) is defined as "a neurodevelopmental behavioral disorder resulting in a pattern of inattention and/or hyperactivity that causes impairment in social, emotional, cognitive, behavioral, and academic functioning,"<sup>1</sup> and it is treated with a variety of stimulants, in both immediate-release and extended-release formulations. The purpose of using the stimulant drugs is to improve brain levels of serotonin and norepinephrine.

Specific drugs prescribed for the management of ADHD include both amphetamine class stimulants and nonstimulants such as atomoxetine (Strattera) (**Table 1**).<sup>1</sup> When these drugs are ingested by dogs and cats, although the drugs differ in rate of absorption and time to onset of clinical signs, those signs are very similar and can be managed similarly. Key to the treatment of dogs and cats is to manage signs as they develop and not delay treatment while the ingested agent is identified.

Second-line therapy may include the use of antidepressant class medications such as imipramine, bupropion, or nortriptyline for patients who do not respond adequately to the first line stimulants or who have coexisting mood disorders. This article does not address these nonstimulant agents beyond noting that they may be included in the general grouping of "ADHD drugs" in the case of ingestion by a household pet.<sup>1</sup>

The authors have nothing to disclose.

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| Table 1<br>Amphetamine class ADHD drugs |  |   |
|---|--|---|
| Trade Name                              | Generic Name   | Available Formulations  |
| Adderall                                | amphetamine  | 5-, 7.5-, 10-, 12.5-, 15-, 20-, and 30-<br>mg tablet  |
| Adderall XR                             | amphetamine (extended release)                       | 5-, 10-, 15-, 20-, 25-, and 30-mg<br>capsule  |
| Concerta                                | methylphenidate (long acting)                        | 18-, 27-, 36-, and 54-mg tablets  |
| Daytrana                                | methylphenidate patch                                | 10, 15, 20, and 30 mg/9-h patch   |
| Desoxyn                                 | methamphetamine hydrochloride                        | 2.5-, 5-, 10-, and 15-mg tablets; 5-,<br>10-, and 15-mg SR tablets  |
| Dexedrine                               | dextroamphetamine                                    | 5-, 10-, and 15-mg Spansule XR  |
| Dextrostat                              | dextroamphetamine                                    | 5- and 10-mg tablets  |
| Focalin                                 | dexmethylphenidate                                   | 2.5-, 5-, and 10-mg tablets   |
| Focalin XR                              | dexmethylphenidate (extended release)                | 5-, 10-, 15-, 20-, 30-, and 40-mg XR<br>capsules  |
| Metadate ER                             | methylphenidate (extended release)                   | 20-mg extended-release tablet   |
| Metadate CD                             | methylphenidate (extended release)                   | 10-, 20-, 30-, 40-, 50-, and 60-mg XR<br>capsules   |
| Methylin                                | methylphenidate (oral solution and chewable tablets) | 2.5-, 5-, and 10-mg chewable<br>tablets; 5-, 10-, and 20-mg<br>tablets; 5 and 10 mg/tsp solution;<br>10- and 20-mg XR tablets |
| Ritalin                                 | methylphenidate                                      | 5-, 10-, and 20-mg tablets  |
| Ritalin SR                              | methylphenidate                                      | 20-mg SR tablet   |
| Ritalin LA                              | methylphenidate (long acting)                        | 10-, 20-, 30-, and 40-mg XR capsules  |
| Strattera                               | atomoxetine  | 10-, 18-, 25-, 40-, 60-, 80-, and 100-<br>mg capsules   |
| Vyvanse                                 | lisdexamfetamine dimesylate                          | 20-, 30-, 40-, 50-, 60-, and 70-mg<br>capsules  |

Abbreviations: SR, sustained release; XR, extended release.

### AMPHETAMINE SALTS AND OTHER SIMILAR AGENTS Use in Veterinary Medicine

Amphetamines were used in veterinary medicine to increase the respiratory rate and depth in animals undergoing anesthesia with barbiturates, due to its stimulatory effects on the medulla oblongata.<sup>2</sup> Methylphenidate has also been used for the treatment of narcolepsy in dogs, although it has been only partially effective when used as the sole treatment.<sup>3</sup> Amphetamine use was placed under strict control by the 1970 Controlled Substances Act. Amphetamines are no longer available for veterinary use in the United States.

### Mechanism of Toxicity

Amphetamines cause release of catecholamines, resulting in the stimulation of the cerebrospinal axis, especially the brain stem, cerebral cortex, medullary respiratory center, and reticular activating system.<sup>2,4</sup> Amphetamines cause marked increased in the release of norephinephirine, dopamine, and serotonin from presynaptic terminals.<sup>5,6</sup> Monoamine oxidase is also inhibited, which is one of the metabolic pathways

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