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### Short survey

# Treatment of cats with feline infectious peritonitis

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#### **Abstract**

Feline infectious peritonitis (FIP) infection resulting in clinical signs is invariably fatal despite clinical intervention. As FIP is an immune-mediated disease, treatment is mainly aimed at controlling the immune response triggered by the infection with the feline coronavirus (FCoV). Immune suppressive drugs such as prednisone or cyclophosphamide may slow disease progression but do not produce a cure. In nearly every published case report of attempted therapy for clinical FIP, glucocorticoids have been used; there are, however, no controlled studies that evaluate the effect of glucocorticoids as a therapy for FIP. Some veterinarians prescribe immune modulators to treat cats with FIP with no documented controlled evidence of efficacy. It has been suggested that these agents may benefit infected animals by restoring compromised immune function, thereby allowing the patient to control viral burden and recover from clinical signs. However, a non-specific stimulation of the immune system may be contraindicated as clinical signs develop and progress as a result of an immune-mediated response to the mutated FCoV.

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In the oldest report published, Disque et al. (1968) treated a cat suspected to have feline infectious peritonitis (FIP) with prednisolone, penicillin, and dihydrostreptomycin, and the cat remained alert. At this point of time, etiology of FIP was unknown and the diagnosis of FIP was not confirmed (Disque et al., 1968).

In addition to glucocorticoids, cytostatic drugs such as cyclophosphamide have been used to suppress the immune system. Bilkei (1988) used a combination of cyclophosphamine (4 mg/kg for 24 h), prednisolone (4 mg/kg for 24 h), and ampicillin (100 mg/kg for 24 h) in 151 cats suspected of having FIP that were followed-up for 6 weeks. Of theses 151 cats, 76 cats were

Watari et al. (1998) published a case report including 2 cats (10 months and 7 years old) that were treated with ozagrel hydrochloride, a thromboxane synthetase inhibitor (5 mg/kg or 10 mg/kg for 12 h, respectively), and prednisolone (2 mg/kg for 24 h). Ozagrel hydrochloride suppresses platelet aggregation by production of thromboxane A2 that is a strong platelet aggregating agent (Hiraku et al., 1986). The cat receiving the lower dose was clinically healthy by 2 weeks after initiation of therapy. After 12 months, treatment was discontinued. The cat still remained healthy for the next 6 months. The other cat (receiving 10 mg/kg) was in a good clinical

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regarded as "healthy" after therapy. Cats included in this study had no confirmed diagnosis, inclusion criteria were extremely vague, and no control group existed (Bilkei, 1988). Chang et al. (1995) treated 2 cats with glucocorticoids and antibiotics. One of the 2 cats received cyclophosphamide in addition. The cats died after 5 days and 9 days, respectively. FIP was confirmed in histopathology (Chang et al., 1995).

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condition after 12 days (effusion had also vanished) and stayed healthy until therapy was stopped after 9 months because of the occurrence of nasal bleeding. Ascites recurred and the cat died 11 months after initial remission. Although likely, FIP was not confirmed in these 2 cases (Watari et al., 1998).

Weiss et al. (1993b) administered the antiviral drug ribavirin (16.5 mg/kg for 24 h for 10-14 days orally, intramuscularly, or intravenously) to specific pathogenfree (SPF) kittens 18 h after experimental challenge exposure with a FIP-causing virus. Ribavirin, a nucleoside analog, prevents formation of viral proteins, most likely by interfering with mRNA processing. All kittens, including ribavirin-treated and untreated kittens, succumbed to FIP. Clinical signs of disease were even more severe in the ribavirin-treated kittens and their mean survival times were shortened. Although active against feline coronavirus (FCoV) in vitro (Weiss and Oostrom-Ram, 1989; Barlough and Scott, 1990), ribavirin was, therefore, not effective to treat cats with FIP due to the severe side effects (Weiss et al., 1993a). Weiss et al. (1993b) tried to decrease the toxicity of ribavirin by incorporating it into lecithin-containing liposomes and giving it at lower dosage (5 mg/kg) intravenously to cats challenged with a FIP-causing virus. However, a therapeutic concentration of the drug was not achieved with this regime (Weiss et al., 1993b).

Madewell et al. (1978) treated a cat with melphalan. an alkylating agent of the nitrogen mustard group that irreversibly interacts with DNA. This cat was a 3-year old male cat that was feline leukemia virus-positive and suspected to have FIP. The cat was treated with melphalan (starting at 1 mg/kg every 72 h for 9 months), prednisone (10 mg/kg every 12 h, that was reduced after 3 weeks over the next 6 weeks to 5 mg/kg every 48 h), ampicillin (10 mg/kg every 8 h per 10 days), and streptokinase (10<sup>4</sup> IU/cat intraperitoneally after abdominocenteses every 12 h for 4 days). Additionally, vitamins and minerals were administered. The cat responded well to treatment for 9 months, then developed a myeloproliferative disorder and died. Again, the diagnosis FIP was not confirmed in this case either; in histopathology, there was no evidence of FIP (Madewell et al., 1978).

Immune-modulatory drugs are widely used in cats with FIP, including tylosin (Robison, 1968; Colgrove and Parker, 1971; Robison et al., 1971). Tylosin belongs to the macrolide antibiotics, but, like other macrolides, also has immune-modulatory effects (Fraschini et al., 1986; Ras and Anderson, 1986; Katahira et al., 1991a,b; Baba et al., 1998). Robison (1968) used tylosin (22 mg/kg/day) in 10 cats and achieved a "temporary remission"; however,

FIP was not confirmed in these cases. Colgrove and Parker (1971) treated 3 naturally occurring cases of suspected FIP with tylosin (starting at 88 mg/kg orally for 12 h) and prednisolone (starting at 4 mg/kg/day) as well as supportive treatment with fluids and vitamins. One cat died after 42 days, the others were still healthy after 180 days and 210 days, respectively. The diagnosis of FIP, however, was also not confirmed in these cats (Colgrove and Parker, 1971). Robison et al. (1971) treated one cat suspected to have FIP with tylosin orally (50 mg/cat for 8 h) as well as prednisolone (10 mg/cat) and tylosin (200 mg/cat) intraperitoneally after abdominocentis. This cat recovered within 2 months; several other cats treated in a similar manner, however, died (Robison et al., 1971).

In a report of Ford (1986), the immune modulator promodulin was used in 52 cats suspected to have FIP that responded favorably to treatment; a rapid remission of clinical signs associated with FIP (anorexia, fever, and effusion) was seen. FIP was also not confirmed, there were no control group, and no long-term follow up included in the study (Ford, 1986).

Bölcskei and Bilkei (1995) treated 29 cats suspected to have FIP in 5 groups over 6 weeks that received either ampicillin (100 mg/kg/day), prednisolone (4 mg/kg/day) and cyclophoshamide (4 mg/kg/day); dexamethasone (2 mg/kg at day 1 and day 5) and ampicillin (20 mg/kg every 8 h for 10 days); human interferon- $\alpha$  (6 × 10<sup>5</sup> IU/cat 5 days a week for 3 weeks); the paraimmunity inducer Baypamun<sup>®</sup> (0.5 ml/cat/week for 6 weeks); or nothing. The cats were followed-up for 3 years. Between 29% and 80% (depending on the group) of the cats died within 3 years. Again, FIP was not confirmed in these cats, and inclusion criteria were unclear (Bölcskei and Bilkei, 1995).

Weiss et al. (1990) performed a controlled treatment trial using human interferon-α, Propionibacterium acnes (an immune-modulatory compound), a combination, or placebo. Human interferon- $\alpha$  has a direct antiviral effect by inducing a general "antiviral state" of interferon-α-containing cells that protects against virus replication. In vitro, antiviral efficacy of human interferon-α against a FIP-causing FCoV strain was demonstrated (Weiss and Oostrom-Ram, 1989). Weiss et al. (1990) included 74 specific pathogen-free cats (52 treated, 22 controls) and induced FIP experimentally. Neither the prophylactic nor the therapeutic administration of high doses (10<sup>4</sup> IU/kg or 10<sup>6</sup> IU/kg) interferon- $\alpha$ , feline interferon- $\beta$  (10<sup>3</sup> IU/kg), or *P. acnes* (0.4 mg/cat or 4 mg/cat) significantly reduced mortality in treated versus untreated cats. Only in cats treated with  $10^6$  IU/kg interferon- $\alpha$  in combination with *P. acnes*,

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