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## Veterinary Microbiology

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# Isolation and characterization of $\beta$ -haemolytic-Streptococci from endometritis in mares

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#### ARTICLE INFO

Article history: Received 11 January 2011 Received in revised form 6 April 2011 Accepted 8 April 2011

Keywords: β-Haemolytic Streptococci Endometritis Horses Bacteriological method PCR Superantigens

#### ABSTRACT

The objective of this manuscript was to validate published PCR-based methods for detection of β-haemolytic Streptococci by comparison with established bacteriological techniques using 85 clinical isolates recovered from uterine swabs of mares with clinical signs of endometritis and to determine the distribution of SeeL/SeeM and SzeL/SzeM superantigens in isolates of *Streptococcus equi* subsp. *equi* (*S. equi*) and *S. equi* subsp. *zooepidemicus* (*S. zooepidemicus*). The conventional bacteriological techniques showed the vast majority of these isolates (78) were *S. zooepidemicus* with just 5 *Streptococcus dysgalactiae* subsp. *equisimilis* (*S. equisimilis*) and 2 *S. equi* strains detected. The PCR analyses confirmed the bacteriological results demonstrating the reliability of the 16S rRNA PCR assay for detecting *Streptococci*, the multiplex PCR for differentiating between 5 *zooepidemicus*, and *S. equi*, and PCR assays based on streptokinase genes for identification of *S. equisimilis*. PCRs for genes encoding superantigens revealed *seeL* and *seeM* specific amplicons with size of approximately 800 and 810 bp respectively for the *S. equi* strains and for 2 *S. zooepidemicus* strains. To our knowledge, this is the first report of *szeL* and *szeM* possession by *S. zooepidemicus* isolates derived from endometritis in mares.

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#### 1. Introduction

Endometritis in mares is an important disease that often causes conception or gestational failure resulting in significant economic losses for the horse industry (Widders et al., 1995; Watson, 2000). Streptococcus equi subsp. zooepidemicus (S. zooepidemicus) is considered to be a major cause of endometritis because it is isolated from 22 to 54% of all cases in mares (Bain, 1966; Wingfield Digby and Ricketts, 1982; Welsh, 1984; Silva et al., 1999; Watson, 2000; Blanchard et al., 2003). Furthermore, this organism is a significant contributor to foetal loss being identified as

the primary aetiological agent in 15-20% of equine abortions (Roberts, 1971; Welsh, 1984). However, S. zooepidemicus is not the only  $\beta$ -haemolytic Streptococcus associated with endometritis as other species including Streptococcus dysgalactiae subsp. equisimilis (S. equisimilis) and S. equi subsp. equi (S. equi) (Albihn et al., 2003) have been isolated from clinical uterine samples collected from mares. Although these bacteria all belong to Lancefield serogroup C, S. equisimilis is genetically distinct (Timoney, 2004) while S. zooepidemicus is regarded as the archetype of the very closely related S. equi species (Chanter et al., 1997; Harrington et al., 2002; Timoney, 2004). At present detection of β-haemolytic Streptococci in equine clinical samples is generally reliant on time consuming bacterial culture methods with identification of different species accomplished using biochemical and/or serological techniques. Differentiation of the closely related S. equi and S.

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zooepidemicus can be difficult and has traditionally relied on biochemical properties such as the fermentation of lactose, trehalose and sorbitol. Positive lactose and sorbitol reactions are typical for *S. zooepidemicus* whereas a negative reaction in all of these tests is usually indicative of *S. equi* (Lämmler and Hahn, 1994; Harrington et al., 2002). However, strains of *S. equi* that ferment lactose or trehalose or both, have been described (Grant et al., 1993).

Although bacterial culture methods provide valuable material for subsequent epidemiological analysis, more rapid methods of detection and identification are required for accurate diagnosis of B-haemolytic Streptococci infections in horses. A polymerase chain reaction (PCR) based technique has been described for detection of S. equisimilis in formalin-fixed human pulmonary tissue samples (Nakamura et al., 2001) and adapted for identification of this organism in cultures obtained from equine nasopharyngeal swabs (Laus et al., 2007). Furthermore, Alber et al. (2004) have described a multiplex PCR protocol for detection and differentiation of S. equi and S. zooepidemicus. This technique is based on amplification the sodA (superoxide dismutase A) gene and the superantigenic exotoxins (see) H and I genes. S. equi and S. zooepidemicus are both positive for the sodA gene but only S. equi is positive for seeH and seeI genes. Bacterial superantigens (SAgs) are major virulence factors produced by some species of Streptococci that have the unique property of interacting simultaneously with the major histocompatibility complex (MHC) class II molecules of antigen presenting cells and the T cell receptor. This interaction stimulates T lymphocytes causing massive systemic release of pro-inflammatory cytokines potentially resulting in fever and toxic shock (Van Den Bussche et al., 1993; Alouf and Müller-Alouf, 2003). Interestingly two novel SAg genes, pyrogenic exotoxin L (seeL) and pyrogenic exotoxin M (seeM) have been identified by analysis the S. equi genome database at the Sanger Center (Proft and Fraser, 2003). Although these genes were clearly present in the sequenced prototype strain they could not be detected in 8 clinical S. equi isolates despite the fact that in the same series of experiments orthologous speL and speM genes were detectable in some isolates of S. pyogenes (Proft and Fraser, 2003). However, in a separate survey, seeL and seeM were detected in all 17 S. equi isolates along with orthologs of these genes (szeL, szeM) in 1 of 31 S. zooepidemicus isolates (Alber et al., 2005) and more recently Holden et al. (2009) found that the genes encoding SeeL and SeeM were present in all strains of S. equi and 4 of 140 isolates of S. zooepidemicus tested. These contrasting results suggest the distribution of these phage-associated SAg genes may vary in isolates of both S.equi and S. zooepidemicus. As the proteins encoded by seeL and seeM have significant mitogenic activity in cultures of equine peripheral mononuclear cells (Paillot et al., 2010) possession of these genes (or the closely related szeL/szeM orthologs) could have a significant impact on pathogenicity. In view of the considerable health problems caused by endometritis and the consequent urgent need for rapid detection and identification of β-haemolytic Streptococci isolates, this study was conducted to validate published PCR-based methods by comparison with established bacteriological techniques using an extensive panel of clinical isolates. In addition to these important validation experiments the availability of large numbers of clinical samples enabled investigations to determine the distribution of <code>seeL/seeM</code> and <code>szeL/szeM</code> in isolates of <code>S. equi</code> and <code>S. zooepidemicus</code> that are at present circulating in the Italian horse population.

#### 2. Materials and methods

#### 2.1. Bacteriological examination

A total of 85 β-haemolytic Streptococci isolates were included in this study. All isolates were recovered from uterine swabs of mares with clinical signs of endometritis. Bacteria were isolated from clinical specimens on Columbia blood agar plates (Oxoid, Italy) supplemented with colistin sulphate (10 mg/l) and nalidixic acid (15 mg/l) (CNA plates). CNA plates were incubated aerobically at 37 °C for 48 h. Biochemical identification was performed using the commercial API 20 Strep System (BioMérieux, Milan, Italy) according to the manufacturer's instructions. Haemolytic activity was determined on Columbia blood agar plates after 24 h at 37 °C under aerobic conditions. The Lancefield serological groups were determined using the Slidex Strepto-kit (BioMérieux, Milan, Italy) following the manufacturer's instructions.

#### 2.2. DNA extraction and polymerase chain reaction (PCR)

For PCR analyses DNA was extracted from bacterial colonies following growth on blood agar using the Charge Switch gDNA Kit (Invitrogen, UK) according to the manufacturer's recommendations. Gene specific primers (Invitrogen, UK) and PCR protocols for amplification of 16S rRNA, sodA, seel, seeL, seeM and streptokinase genes have been described previously (Nakamura et al., 2001; Alber et al., 2004, 2005). Detection and differentiation of S. equi and S. zooepidemicus were performed using the sodA–seel multiplex PCR protocol reported by Alber et al. (2004), whereas S. equisimilis was identified by PCR amplification of streptokinase (Nakamura et al., 2001).

The 16S rRNA. seeL and seeM PCR reaction mixtures contained 0.7 µl of each primer (10 µM), 0.8 µl dNTPs mix (10 mM),  $1 \times$  PCR buffer, 1.5 mM of MgCl<sub>2</sub> 1.6 U of Taq DNA polymerase (all reagents from Invitrogen, UK) with distilled water to a final volume of 18 µl and 2 µl of each DNA sample preparation. Reaction conditions included an initial denaturation step of 94 °C for 3 min followed by 30 cycles of 94 °C for 30 s; 54 °C for 30 s and 72 °C for 1 min with a final extension of 72 °C for 5 min. The PCR reactions were conducted using a Gene Amp PCR System 2400 thermal cycler (Applied Biosystems, USA) with PCR products resolved by electrophoresis in 1-2% agarose gel containing 4 µl of GelRed (Nucleic Acid Gel Stain, 10,000× in water) per 100 ml (Biotium, USA). All stained PCR products were visualized by transillumination (Euroclone, Italy).

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