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# Pharmacokinetic study and metabolite identification of the bidesmosidic triterpenoid saponin BTS-1 in rat plasma

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## **KEY WORDS**

Triterpenoid saponin; BTS-1; HPLC; LC–MS<sup>n</sup>; Pharmacokinetic study; Metabolite identification; Rat plasma **Abstract** Assays based on high-performance liquid chromatography (HPLC) and liquid chromatography tandem mass spectrometry (LC-MS<sup>*n*</sup>) have been developed and validated for the determination and metabolite identification of the bidesmosidic triterpenoid saponin, BTS-1 (3-O- $\beta$ -D-galactopyranosyl-(1  $\rightarrow$  2)-[ $\beta$ -D-xylopyranosyl-(1  $\rightarrow$  3)]- $\beta$ -D-glucuronopyranosyl gypsogenin 28-O- $\alpha$ -L-arabinopyranosyl-(1  $\rightarrow$  3)- $\beta$ -D-xylopyranosyl-(1  $\rightarrow$  4)- $\alpha$ -L-rhamnopyranosyl-(1  $\rightarrow$  2)- $\beta$ -D-fucopyranoside), in rat plasma. The assay was successfully applied to a pharmacokinetic study in rats given a single oral dose of BTS-1 (400 mg/kg). The results indicated that the compound was rapidly absorbed ( $T_{max} = 1.28 \pm 0.29$  h,  $C_{max} = 37.4 \pm 5.6 \mu g/$  mL) and slowly eliminated ( $t_{1/2} = 13.2 \pm 6.6$  h). In addition, secondary glycosides and aglycones of BTS-1 were detected and identified. Since these metabolites are known to be active  $\alpha$ -glucosidase inhibitors, they probably play an important role in mediating the pharmacological effects of the saponin.

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## 1. Introduction

Triterpenoid saponins, a large category of secondary plant metabolites, are believed to be the main constituents of many traditional Chinese medicines (TCM) and are considered responsible for numerous pharmacological effects<sup>1</sup>. One such compound known as BTS-1 with the chemical name  $3 \cdot O - \beta \cdot D$ -galactopyranosyl- $(1 \rightarrow 2) \cdot [\beta \cdot D$ -xylopyranosyl- $(1 \rightarrow 3)]$ - $\beta$ -D-glucuronopyranosylgypsogenin 28- $O \cdot \alpha \cdot L$ -arabino-pyranosyl- $(1 \rightarrow 3) - \beta \cdot D$ -xylopyranosyl- $(1 \rightarrow 4) - \alpha \cdot L$ -rhamnopyranosyl- $(1 \rightarrow 2) - \beta - D$ -fucopyranoside (Fig. 1) is isolated from the roots of *Gypsophila oldhamiana* (family Caryophyllaceae), a plant widely distributed in the Northern regions of China. The roots have been used as an alternative to the roots of *Stellria dichotoma* var. *Lanceolata Bge* (Yin-Chai-Hu), the most common TCM for the treatment of fever, consumptive disease and diabetes<sup>2</sup>.

The triterpenoid saponins of the roots of *G. oldhamiana*, which contain BTS-1 as a major compound, are known to be oleananetype, some of which are 3-*O*-monoglucosides, 28-*O*-monoglucosides and 3,28-*O*-bidesmosides<sup>3–5</sup>. These saponins have been reported to exhibit anticancer and antidiabetic effects<sup>3,6,7</sup>. In our previous research, the 28-*O*-monoglucosidic saponins and their alycones were shown to be the main constituents responsible for  $\alpha$ -glucosidase inhibitory activity, while the 3,28-*O*-bidesmosidic saponins were found to be without this type of activity<sup>3</sup>. Furthermore, we found that the content of the monoglucosidic saponins was much lower than that of the 3,28-*O*-bidesmosidic saponins.

In order to understand the pharmacological effects of the roots of *G. oldhamiana*, it is important to determine whether orally administered 3,28-*O*-bidesmosidic saponins are absorbed from the intestine and metabolized to their monoglucosidic saponins or aglycones. To this end, we carried out a pharmacokinetic study of BTS-1 in rat using a fully validated liquid chromatography mass spectrometric assay and in addition identified its metabolites.

# 2. Experimental

#### 2.1. Chemicals and reagents

The reference standards were isolated from *G. oldhamiana* in our laboratory and their structures were fully characterized using chemical and spectroscopic methods (UV, IR, NMR and MS). The purity of the standards was >98.0% as determined by HPLC. The internal standard (IS), glycyrrhizic acid (purity >98.0%, Fig. 1) was obtained from the TCM Institute of Chinese Materia Medica (Nanjing, China). Water was purified using a Milli-Q50 SP water purification system (Millipore, MA, USA). HPLC-grade acetonitrile was purchased from TEDIA Company (Tedia Fairfield, OH, USA). The other reagents were of analytical purity and used as received.

#### 2.2. Animals

The animal pharmacokinetic study was approved by the Animal Ethics Committee of China Pharmaceutical University, Nanjing, China. Male Sprague–Dawley rats (weight 180–220 g) were bought from the Shanghai SIPPR/BK Experimental Animal Co., Ltd. The rats were maintained in an air-conditioned animal house at  $22 \pm 2$  °C and a relative humidity of  $50 \pm 10\%$ . Water and food (laboratory rodent chow, Nanjing, China) were allowed *ad libitum*. The animals were acclimatized to the facilities for a week and then fasted with free access to water for 12 h prior to an experiment.

## 2.3. Sample collection

Rats were administrated an oral dose of 400 mg/kg BTS-1 suspended in an aqueous solution of 0.5% carboxymethylcellulose sodium. Blood samples (200  $\mu$ L) were collected from the oculi chorioideae vein into heparinized Eppendorf tubes before dosing and at 0.084, 0.25, 0.5, 1, 2, 4, 6, 8, 10, 12, 24, 32, 40 and 48 h following the dose. Plasma samples were obtained by centrifuging at 4000 rpm for 10 min and frozen at -20 °C pending analysis.

# 2.4. Sample preparation

Plasma samples (50  $\mu$ L) were spiked with 10  $\mu$ L IS and extracted for 6 min with 1 mL *n*-butanol. After centrifugation (4000 rpm, 5 min), the supernatant was transferred to another vial and evaporated to dryness under a slow stream of nitrogen at room temperature. The residue was then reconstituted in 100  $\mu$ L mobile phase (acetonitrile: 0.05% aqueous formic acid 30:70 *v*/*v*) and 20  $\mu$ L injected into the HPLC system. Plasma samples prepared from blood samples taken 1 h after oral administration of BST-1 were used for to investigate metabolites.

### 2.5. Instrumentation and assay conditions

Chromatography was performed on an LC-2010 instrument (Shimadzu, Japan) equipped with a vacuum degasser, a quaternary pump, an autosampler and a UV detector set at 210 nm. Chromatographic separation was carried out on a C18 column (250 mm × 4.6 mm i.d., 5  $\mu$ m; Welch Materials Inc., USA) maintained at 30 °C and protected by a C18 guard column (7.5 mm × 4.6 mm i.d.). The mobile phase consisted of (A) acetonitrile and (B) 0.05% ( $\nu/\nu$ ) aqueous formic acid delivered at 1 mL/min according to the following linear gradient: 0–8 min 30–35% A; 8–16 min 35–36% A; 16–46 min 36–53% A; 46–56 min 30% A for re-equilibration. The injection volume was 20 µL.



Figure 1 Chemical structures of BTS-1 and glycyrrhizic acid (IS).

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