



# Development of a tumor tissue-mimicking model with endothelial cell layer and collagen gel for evaluating drug penetration



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## ABSTRACT

The endothelial cells of vessels, the interstitial matrix and the distance between the tumor cells and vessels, are the major penetration barriers for intravenously administered anticancer drugs in reaching tumor cells after intravenous injection. The availability of a tumor tissue-mimicking model that includes both the endothelial cell layer and the extracellular matrix would be beneficial to assess drug penetration in early stages of drug development. Here, we propose a novel *in vitro* model for studying the above mentioned barriers. Human umbilical vein endothelial cells were cultured as a single layer on a collagen type-I coated permeable cell culture insert. After culturing for five days, the insert was superimposed on collagen type-I gel containing cancer cells. The system was evaluated for assessing penetration-enhancement by ultrasound triggered microbubble cavitation. Our model allowed visualization of the penetration distance of a model drug (fluorescein isothiocyanate – Dextran 500000-conjugated, FD500) from the endothelial cell layer into the cancer cell containing collagen matrix upon different sonication treatments. Initial results showed that the model allows the visualization of drug penetration and that the endothelial cell layer is affecting this. The presented *in vitro* model aims to mimic vessels and stromal tissue in cancer, and thus can aid in the assessment of drug penetration in the case of tumor-targeted drug delivery, and in the reduction and refinement of animal studies.

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## 1. Introduction

Efficient drug penetration in tumor tissue is an important goal in anticancer drug development. Because the majority of anticancer drugs has to reach the target tumor cells *via* the circulation, the distance between the cells and the nearest vessels is a critical factor determining the drug delivery to the tumor cells. The abnormal vascularity in solid tumors often leads to relatively long distances from endothelial linings to tumor cells. In addition, increased interstitial fluid pressure and the extracellular matrix (ECM) are potential penetration-limiting factors to be taken into account (Minchinton and Tannock, 2006). Real-time imaging with an intravital or a multi-photon microscope (Manzoor et al., 2012; Nhan et al., 2013) and histological analysis of tumor sections (Kyle et al., 2007; Primeau et al., 2005) are direct methods to assess drug

penetration into tumor tissue. However, because of the heterogeneity of cancer tissues, it is difficult to quantitatively and objectively assess the drug penetration characteristics. Moreover, such *in vivo* experiments call for extensive use of laboratory animals. Thus, the availability of a three-dimensional (3D) tumor tissue mimicking *in vitro* model would be useful and ethically desirable. Multicellular spheroid and multilayered cell cultures are the major cell-based *in vitro* systems to evaluate drug penetration (Grainger et al., 2010; Ingargiola et al., 2014; Kyle et al., 2004; Sagnella et al., 2014). Even though these culture methods are superior to the conventional single tumor cell layer culture method, they still lack some characteristics that are critical. Firstly, the vascular wall, in particular the endothelial cell layer, is the first physical barrier for systemically administered anticancer drugs. Secondly, without the endothelial cell layer, the penetration distance beyond this barrier cannot be assessed. Thirdly, the ECM in cancer stroma has a great impact on cancer chemotherapy (McMillin et al., 2013), and a tissue mimicking system should preferably also allow the presence of an ECM. It is known that poorly curable cancer is often stroma-rich (Nishihara, 2014). Therefore, an *in vivo* “tumor tissue” culture system including

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tumor cells, the endothelial cell layer and ECM may provide a realistic *in vivo* mimicking model that will allow to study aspects of *in vivo* drug penetration more precisely.

Here we propose an *in vitro* model for evaluating drug penetration into tumor tissue. It is composed of two compartments: a single layer of endothelial cells and a collagen type-I matrix containing cancer cells. Our model allows visualization of the diffusion distance from the endothelial cell layer in an ECM-rich 3D structure along with the integrity of the endothelial cell layer. In this study, we choose ultrasound-triggered microbubble cavitation as the drug delivery enhancement method (Lentacker et al., 2014) to demonstrate the suitability of the proposed system for evaluating drug penetration in tumor tissue. Because microbubbles remain inside vessels, the impact of the endothelial cell layer on drug penetration was assessed. Here we show our preliminary results, obtained with the model drug fluorescein isothiocyanate – Dextran 500000-conjugated (FD500), suggesting that the developed *in vitro* model is suitable for the evaluation of drug penetration in tumor tissue.

## 2. Material and methods

### 2.1. Tissue-mimicking model

The *in vitro* model for evaluating drug penetration into tumor tissue is outlined in Fig. 1.

#### 2.1.1. The upper compartment

Human umbilical vein endothelial cells (HUVECs) were cultured in EBM-2 medium (Lonza Cologne GmbH, Germany) supplemented with SingleQuats kit (Lonza Cologne GmbH) and incubated at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>. The medium was changed every second day. Cells were used at passage 5 or 6 in all experiments. In order to obtain a matured endothelial layer, cell culture inserts with transparent polyethylene terephthalate track-etched membrane (12 well format, 1.0 μm pore size, Corning BV, the Netherlands) were coated by collagen type-I (Collagen I High Concentration, Rat tail, Corning BV). Each insert was incubated with 10 μg collagen type-I in phosphate buffered solution (PBS) and a reconstruction buffer (50 mM NaOH, 260 mM NaHCO<sub>3</sub>, 200 mM HEPES) for 1 h at room temperature. The membrane surface was rinsed once by PBS and the medium. Cells were seeded on the coated inserts at the density of  $1.0 \times 10^5$  cells/insert and cultured for 5 days with daily medium change.

#### 2.1.2. The lower compartment

In order to mimic the tumor tissue, cancer cells were embedded in the collagen-I gel. FaDu (human pharynx squamous cell

carcinoma, HTB-43<sup>®</sup>; ATCC, VA, USA) cells were cultured in Waymouth MB 732/1 medium (Sigma–Aldrich<sup>®</sup>, the Netherlands) supplemented with 10% fetal bovine serum (Sigma–Aldrich<sup>®</sup>). Cells were kept in the humidified incubator and the medium was changed every three days. FaDu cell suspension was mixed with collagen-I solution that consists of 10× Waymouth MB 732/1 medium, the reconstruction buffer, additional 1 M NaOH (to adjust pH), and 10% FBS. A volume of 800 μL gel–cell solution, containing  $0.8 \times 10^6$  FaDu cells, was added to the 12-well Companion plate (Corning BV) and was incubated for 30 min at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>.

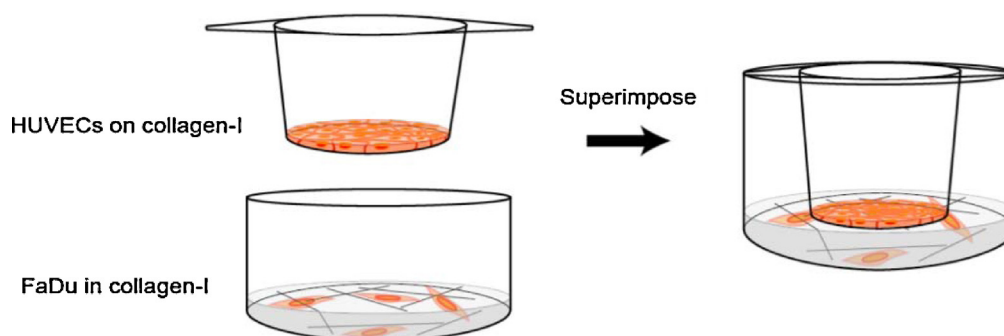
### 2.2. Model drug

Fluorescein isothiocyanate – Dextran 500000-conjugated (FD500; Sigma–Aldrich<sup>®</sup>) was used in this preliminary study, since its molecular weight, and thus also its diffusion distance is similar to many macromolecular drugs.

### 2.3. Ultrasound triggered microbubble cavitation

The insert with HUVECs was superimposed on the gel–cell layer after the incubation. Then, 0.5 mg/mL FD500 and 4 μL SonoVue (Bracco Research, Italy) were added to the insert. Thereafter, the plate was covered by Parafilm M<sup>®</sup> (Pechiney Plastic Packaging, IL, USA) and immediately inverted. In order to assure cell–bubble contact, the plate was kept inverted for 15 min at room temperature before ultrasound exposure.

Ultrasound was generated using a 5.8 mm-diameter mono-element transducer (Precision Acoustics, UK) driven by an electrical signal generated by an arbitrary waveform generator (Agilent 33120A, Malaysia), then amplified by a power amplifier (KMP Electronics, France). Ultrasound parameters were as follows; 1.3 MHz center frequency, 100 μs pulse width, 1 kHz pulse repetition frequency, 1.0 MPa peak-to-peak pressure, 30 s exposure. The acoustic pressure was measured using a calibrated 10 μm fiber-optic hydrophone (Precision Acoustics, UK). The acoustic pressure corresponds to a mechanical index of 0.44, which is not excessive (Choi et al., 2011) and is available using diagnostic ultrasound imaging modality (Carson et al., 2012; Hauff et al., 2005; Tinkov et al., 2010). The plate was incubated for an additional 15 min at room temperature after ultrasound exposure. The superimposed insert was removed and used for immunostaining or flow cytometric analysis. In order to minimize additional FD500 diffusion, the gel–cell layer was rinsed once by PBS right after the insert removal, immediately frozen in liquid nitrogen, and kept in liquid nitrogen until cryosectioning.



**Fig. 1.** Schematic illustration of the tissue-mimicking model. Human umbilical vein endothelial cells (HUVECs) are cultured on a collagen type-I (collagen-I) coated permeable insert for 5 days. When the HUVECs have grown to form a complete endothelial sheet, the insert with HUVECs is placed on the collagen-I gel containing cancer cells, in this case FaDu cells.

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