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# Interleukin-24 inhibits influenza A virus replication in vitro through induction of toll-like receptor 3 dependent apoptosis



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# ABSTRACT

New anti-viral agents and strategies are urgently needed to fight rapidly mutating viruses, as vaccine programs cannot react fast enough to prevent pandemics. Recently, we have shown that interleukin-24 (IL-24) sensitizes tumor cells to toll-like receptor 3 (TLR3) mediated apoptosis. As influenza A virus stimulates the TLR3 receptor, we hypothesized that IL-24 might also exert an anti-viral effect. This study demonstrates that IL-24 reduces the titer of different influenza A virus subtypes independently of type I interferon in an apoptosis dependent manner. The anti-viral effect of IL-24 correlated with caspase-3 activation and could be blocked by a pan-caspase inhibitor and by small interfering RNA (siRNA) directed towards TLR3. Surprisingly, caspase-3 activation in influenza A virus/IL-24-stimulated cells correlated with the down-regulation of the B-cell lymphoma 2 (Bcl-2) family member myeloid cell leukemia 1 (Mcl-1). Correspondingly, knockdown of Mcl-1 by siRNA enhanced caspase activation in influenza A virus infected cells and was furthermore linked to a reduction of viral titers. We conclude that IL-24 exerts an anti-viral role selectively purging virally infected cells by leading to a down-regulation of Mcl-1. Our findings might therefore represent the first step towards a new rational concept in the development of anti-viral strategies based on the induction of apoptosis.

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# 1. Introduction

Despite worldwide vaccine programs, influenza A virus infections still remain a threat to human society [\(Bautista et al., 2010;](#page--1-0) [WHO, 2009](#page--1-0)). This is partly caused by the constant emergence of novel viral variants and the consequential need to annually adapt vaccines ([Dawood et al., 2009\)](#page--1-0). Vaccine productions can especially go astray when major antigenic shifts occur or novel virus subtypes appear, which might further cause pandemics [\(Rambaut et al.,](#page--1-0) [2008; Trifonov et al., 2009\)](#page--1-0). The development of new anti-viral strategies are crucial, as such disease outbreaks often result in large numbers of potentially preventable deaths. ([Dawood et al., 2012\)](#page--1-0). Anti-viral agents developed against viral components such as oseltamivir or amantadine [\(Uyeki, 2009; WHO, 2010](#page--1-0)) have the disadvantage that viruses are able to mutate target structures and subsequently become resistant [\(Samson et al., 2013](#page--1-0)).

Taking this fact into account when developing new anti-viral drugs, it seems to be more efficient to base new drug progress on an understanding of anti-viral mechanisms naturally executed by

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the host itself, as this will allow mimicking or enhancing those pathways. Apoptosis of virally infected cells could be a promising strategy to limit viral infection, as it is part of the naturally acquired anti-viral mechanism associated with type I interferon (IFN) signaling. The main anti-viral effect of type I IFN in infected cells has been attributed to the activation of protein kinase R (PKR) leading to caspase-8 dependent cell death [\(Balachandran](#page--1-0) [et al., 2000\)](#page--1-0). Correspondingly, deleting the viral non-structural protein 1 (NS1) ([Egorov et al., 1998](#page--1-0)), which antagonizes PKR ([Bergmann et al., 2000](#page--1-0)) and type I IFN response [\(Garcia-Sastre](#page--1-0) [et al., 1998\)](#page--1-0), leads to a replication-defective phenotype associated with highly enhanced apoptosis [\(Stasakova et al., 2005\)](#page--1-0). The fact that apoptosis is antagonized by the virus through NS1 presumes that its induction is a relevant anti-viral mechanism. On the other hand, Wurzer et al. also described pro-viral effects of apoptotic cascades ([Wurzer et al., 2003\)](#page--1-0). According to them, inhibition of caspase-3 leads to the retention of viral ribonucleoproteins (RNPs) in the nucleus, which slightly reduces viral titers. Moreover, overexpression of the anti-apoptotic B-cell lymphoma 2 (Bcl-2) protein ([Olsen et al., 1996](#page--1-0)) or deletion of the pro-apoptotic Bcl-2-associated X protein (Bax) also leads to the reduction of viral titers [\(McLean et al., 2009\)](#page--1-0).

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There is some evidence that the oral administration of IFN prevents infection with influenza virus ([Bennett et al., 2013](#page--1-0)). The current concept suggests that massive apoptosis induced by IFN at an early stage of the influenza A virus life cycle could have an anti-viral effect. In contrast, induction of pro-apoptotic cascades at later stages of the viral life cycle facilitates viral growth by releasing the viral RNPs from the nucleus [\(Zhirnov and Klenk,](#page--1-0) [2007\)](#page--1-0). Furthermore, apoptosis of neighboring cells induced by soluble immune-mediators such as tumor necrosis factor (TNF) related apoptosis inducing ligand (TRAIL) is capable of potentiating and contributing to virus induced lung lesions ([Hogner et al.,](#page--1-0) [2013\)](#page--1-0). This is possibly the reason for why apoptosis has not yet been explored as a therapeutic anti-viral concept for influenza A virus treatment. Furthermore, systemic application of IFN seems to be rather inappropriate due to side effects.

Interestingly, interleukin-24 (IL-24) acts as a pro-apoptotic agent. It is a member of the interleukin-10 (IL-10) superfamily ([Commins et al., 2008\)](#page--1-0) and signals through the two heterodimeric receptors IL-22R1/IL-20R2 and IL-20R1/IL-20R2 ([Wang et al.,](#page--1-0) [2002\)](#page--1-0). Strikingly, this cytokine was initially discovered in melanoma cells stimulated with IFN- $\beta$  and mezerein [\(Huang et al.,](#page--1-0) [2001\)](#page--1-0). The cytokine is expressed by the hematopoietic system and in the skin. Basal levels of around 5 ng/ml of IL-24 are measurable in peripheral blood of healthy individuals [\(Ma et al., 2011\)](#page--1-0).

IL-24 first attracted attention in the field of oncology, as it enhanced the induction of apoptosis and had a tumor ablative effect when expressed by a viral vector [\(Dash et al., 2010a](#page--1-0)). This correlated with the activation or induction of a number of proapoptotic molecules such as PKR ([Pataer et al., 2005\)](#page--1-0), p38 mitogen-activated protein kinases (MAPK) ([Sarkar et al., 2002\)](#page--1-0), extracellular-signal-regulated kinase (ERK) [\(Yacoub et al., 2003b\)](#page--1-0), Bcl-2 homologous antagonist killer (Bak), Bax [\(Lebedeva et al.,](#page--1-0) [2002\)](#page--1-0) and down-regulation of myeloid cell leukemia 1 (Mcl-1) ([Dash et al., 2010b\)](#page--1-0). Interestingly, the recombinant human (rh) IL-24 alone does not stimulate apoptosis [\(Kreis et al., 2007\)](#page--1-0). We demonstrated that IL-24 provides an essential second signal, thus activating an atypical death-inducing signaling complex (DISC) formed upon TLR3 stimulation [\(Weiss et al., 2013](#page--1-0)). Activation of this DISC by IL-24 correlated with the down-regulation of cellular FLICE (FADD (Fas-associated protein with death domain)-like interleukin-1b converting enzyme)-like inhibitory protein (cFLIP), which otherwise bound and blocked the DISC-associated caspase-8 [\(Estornes et al., 2012](#page--1-0)). Thus, IL-24 is capable of sensitizing cells for the activation of the extrinsic apoptotic pathway initiated by TLR3 agonists. The requirement of a second signal such as TLR stimulation might also explain its potent apoptotic effect upon viral expression in cancer models.

As influenza A virus stimulates the TLR3 receptor by virtue of its RNA genome we hypothesized that IL-24 might have a specific anti-viral activity against RNA viruses, as it can lead to premature apoptosis of virally infected TLR3 stimulated cells. We observed an IFN-independent anti-viral effect of IL-24 using type I IFN-defective Vero cells. This pro-apoptotic anti-viral effect could be antagonized by a pan-caspase inhibitor. Moreover, the pro-apoptotic anti-viral effect was closely associated with the down-regulation of the anti-apoptotic Bcl-2 family member Mcl-1.

#### 2. Materials and methods

#### 2.1. Cell lines, viruses and reagents

The human prostate cancer cell line DU 145 (ATCC, Manasses, VA, USA) was cultivated in MEM medium (PAA, Pasching, Austria) supplemented with 10% heat-inactivated (hi) fetal calf serum (FCS). The human melanoma cell line SK-MEL-28 (ATCC) was grown in DMEM/F12 medium (PAA) supplemented with 10% hi FCS. African green monkey kidney epithelial Vero cells (EC ACC, 88020401) were adapted to grow in FCS free OPTIPRO medium (Invitrogen, Carlsbad, CA, USA). All cells were cultivated at 37  $\degree$ C in a humidified  $5\%$  CO<sub>2</sub> atmosphere.

The wild type (wt) influenza A virus IVR-116 (H1N1) comprises the polymerase basic 2 (PB2), polymerase acidic (PA), nucleoprotein (NP), non-structural (NS) and matrix (M) genes from the influenza A/PuertoRico/8/34 virus, the hemagglutinin (HA) and neuraminidase (NA) genes from the influenza A/NewCaledonia/ 20/99 virus and the polymerase basic 1 (PB1) gene from the influenza A/Texas/1/77 virus. The delNS1 virus is an IVR-116 derived virus, which lacks the NS1 open reading frame (ORF) ([Wacheck et al., 2010\)](#page--1-0). The delNS1/IL-2 and delNS1/IL-24 viruses are deduced from an delNS1 virus, which ectopically express IL-2 and IL-24, respectively [\(Wolschek et al., 2011\)](#page--1-0). Furthermore, influenza A/Aichi/2/68 virus (H3N2) and heat-inactivated (hi) delNS1 virus, generated by the incubation at 56  $\degree$ C for 1 h (h), were used in this study.

Vero cells served for virus reproduction by using a multiplicity of infection (MOI) of 0.1 and were further grown in OPTIPRO medium containing 5 µg/ml trypsin (Sigma Aldrich, St. Louis, MO, USA) for 2 days. Concentrations of virus titers were determined by plaque assays using Vero cells. Besides effective virus propagation on Vero cells, the influenza A IVR-116 virus, delNS1 virus and delNS1/IL-24 virus retained the ability to grow on both tumor cell lines (DU 145 and SK-MEL-28, respectively).

Stimulation experiments of cells with recombinant human IL-24 (rhIL-24; R&D Systems, Minneapolis, MN, USA) were done at the concentration of 100 ng/ml, as this has been shown to be the minimal dose of promoting cell death in combination with a TLR3 stimulus [\(Weiss et al., 2013](#page--1-0)). The pan-caspase inhibitor Z–V al–Ala–DL–Asp–fluoromethylketone (zVAD; Bachem, Torrance, CA, USA) and the necroptosis (a form of programmed necrosis, which is independent of caspases) inhibitor Necrostatin-1 (Nec-1; Sigma–Aldrich) were used at a concentration of  $10 \mu$ M and 50 µM, respectively. Cells were incubated with zVAD or Nec-1 for 30 min and subsequently washed with fresh medium before any additional treatment.

#### 2.2. Co-infection experiments

Cells were infected with different viruses, stimulating reagents and further cultured up to 72 h in OPTIPRO medium containing 5 µg/ml trypsin (Sigma Aldrich). Every 24 h 200 µl supernatant was taken for virus titer determination by using Vero cells for plaque assays.

### 2.3. Annexin V and propidium iodide double staining for cell death analysis

Cells were collected after 24 h of stimulation, washed with phosphate buffered saline (PBS) and incubated with 5 µl fluorescein isothiocyanate (FITC)-conjugated annexin V (BD Pharmingen, Franklin Lakes, NJ, USA) and 5 µl propidium iodide (PI; BD Pharmingen) in the dark for 15 min (min) at room temperature (RT). Subsequently, cells were measured with a flow cytometer (Gallios Cytometer 1.1; Beckman Coulter, Brea, CA, USA).

# 2.4. Small interfering RNA (siRNA) experiments

Cells (4  $\times$  10<sup>4</sup>) were seeded on six-well plates. The following day, 100 nM TLR3 siRNA (Santa Cruz), caspase-8 siRNA (Santa Cruz), Mcl-1 siRNA (Santa Cruz) or scrambled (sc) siRNA (Qiagen, Maryland, USA) was mixed with 3 µg/ml linear polyethylenimine (PEI; Polysciences Europe GmbH, Eppelheim, Germany) in  $100 \mu l$  medium without FCS for 10 min at RT. Cell medium was replaced with 900 µl fresh medium and the prepared siRNA solutions were added

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