



Role of HCA₂ (GPR109A) in nicotinic acid and fumaric acid ester-induced effects on the skin

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ABSTRACT

Nicotinic acid (NA) and fumaric acid esters (FAE) such as monomethyl fumarate or dimethyl fumarate are drugs that elicit a cutaneous reaction called flushing as a side effect. NA is used to reduce progression of atherosclerosis through its anti-dyslipidemic activity and lipid-independent mechanisms involving immune cells, whereas FAE are used to treat psoriasis via largely unknown mechanisms. Both, NA and FAE, induce flushing by the activation of the G-protein-coupled receptor (GPCR) Hydroxy-carboxylic acid receptor 2 (HCA₂, GPR109A) in cells of the epidermis. While the wanted effects of NA are at least in part also mediated by HCA₂, it is currently not clear whether this receptor is also involved in the anti-psoriatic effects of FAE. The HCA₂-mediated flushing response to these drugs involves the formation of prostaglandins D₂ and E₂ by Langerhans cells and keratinocytes via COX-1 in Langerhans cells and COX-2 in keratinocytes. This review summarizes recent progress in the understanding of the mechanisms underlying HCA₂-mediated flushing, describes strategies to mitigate it and discusses the potential link between flushing, HCA₂ and the anti-psoriatic effects of FAE.

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Abbreviations: NA, nicotinic acid; FAE, fumaric acid ester; GPCR, G-protein-coupled receptor; HCA₂, hydroxy-carboxylic acid receptor 2; PG, prostaglandin; COX, cyclooxygenase; MMF, monomethyl fumarate; DMF, dimethyl fumarate; cPLA₂, cytosolic phospholipase A₂; GRK, GPCR kinase; FFA, free fatty acid.

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1. Introduction

Nicotinic acid (NA) (Fig. 1) belongs to the B vitamin class (B₃) and has originally been used to treat pellagra, a disease caused by chronic deficiency of vitamin B₃. Rudolf Altschul et al. were the first to describe the effect of NA on human lipid metabolism (Altschul et al., 1955), and for almost 50 years NA has been used to treat dyslipidemia and to reduce cardiovascular risk. NA has beneficial effects on plasma levels of all major lipids decreasing total cholesterol, LDL-cholesterol, triglycerides and

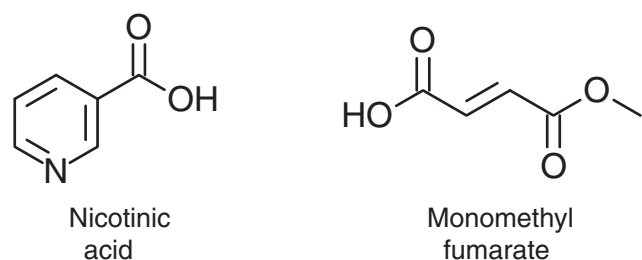


Fig. 1. Structures of nicotinic acid and monomethyl fumarate.

lipoprotein(a), while increasing HDL-cholesterol levels (Knopp et al., 1998; Goldberg et al., 2000; Carlson, 2006). Notably, NA is currently the most efficacious drug available to increase HDL-cholesterol levels (Brown & Zhao, 2008; Digby et al., 2009), and it was the first drug shown to reduce mortality in patients with coronary artery disease (Canner et al., 1986). The mechanism by which NA affects dyslipidemia and progression of atherosclerosis has been reviewed elsewhere (Gille et al., 2008; Kamanna & Kashyap, 2008; Lukasova et al., 2011a).

Monomethyl fumarate (MMF) (Fig. 1) has been used in combination with other fumaric acid esters (FAE) in the treatment of psoriasis and has been shown to reduce the keratinocytes proliferation and the infiltration of the dermis and epidermis by inflammatory cells in patients affected with psoriasis (Mrowietz & Asadullah, 2005). The German chemist Schweckendiek, who suffered from psoriasis himself, postulated that the cause of the disease was a defect in the citric acid cycle, of which fumaric acid is an intermediate, and he reported that FAE taken orally had an anti-psoriasis effect (Schweckendiek, 1959). Following subsequent studies supporting the anti-psoriatic activity of these preparations (Schäfer, 1984), FAE have been available since 1994 in German-speaking countries as a commercial preparation of which dimethyl fumarate (DMF) is the principal active component (Fumaderm®). Following oral application, DMF is rapidly converted by first-pass metabolism to the monoester, which is thought to be the active form (Rostami Yazdi & Mrowietz, 2008). Clinical trials have demonstrated that FAE reduce the psoriatic lesion area and the severity index after 12–16 weeks of treatment, and are considered to be safe as a long term treatment (Mrowietz et al., 1998; Gollnick et al., 2002; Hoefnagel et al., 2003; Reich et al., 2009; Wain et al., 2009).

It has recently been shown that skin flushing induced by MMF and NA occurs in both cases due to the activation of the G-protein-coupled receptor HCA₂ and involves identical cellular mechanisms (Hanson et al., 2010).

In this review, we summarize the mechanism of skin flushing and discuss the implication of the epidermal effects of the HCA₂ agonists NA and MMF with regard to their clinical use.

2. HCA₂

The receptor activated by NA and MMF, formerly named GPR109A or HM74a in humans and PUMA-G in mice, has recently been renamed by an IUPHAR nomenclature committee as hydroxy-carboxylic acid (HCA) receptor-2 (HCA₂) (Offermanns et al., 2011). HCA₂ belongs to the group of G-protein-coupled receptors and was listed as an orphan receptor after its cloning in 1993 (Nomura et al., 1993). In 2003, HCA₂ was shown to be a receptor for NA (Soga et al., 2003; Tunaru et al., 2003; Wise et al., 2003) and to mediate the antilipolytic effects of NA. Using mice lacking HCA₂, Benyó et al. subsequently showed that binding of NA to the receptor was also responsible for the cutaneous vasodilation observed during flushing (Benyó et al., 2005). Additionally, in 2008, Tang et al. showed in vitro that MMF was a potent full agonist of HCA₂ receptors whereas DMF was inactive (Tang et al., 2008). Whether the HCA₂ receptor is involved in the anti-psoriatic effects of FAE and whether NA has anti-psoriatic effects are still open questions (vide infra). HCA₂ is coupled to the G_i family of G-proteins (Aktories

et al., 1980) and activates various downstream effectors depending on the cell type. In immune cells, activation of HCA₂ leads via the Gβγ-complex to an activation of phospholipase C-β and an increase of intracellular Ca²⁺ (Exton, 1996; Rhee, 2001; Gille et al., 2008). In adipocytes, activation of the receptor results in Gα_i-mediated inhibition of adenylyl cyclase and subsequently of protein kinase A, resulting in reduced lipolysis and decreased release of free fatty acids into the circulation (Tunaru et al., 2003; Zhang et al., 2005). HCA₂ is expressed in white and brown adipose tissue, keratinocytes and various immune cells including monocytes, macrophages, neutrophils and dendritic cells including Langerhans cells (Soga et al., 2003; Wise et al., 2003; Maciejewski-Lenoir et al., 2006; Gille et al., 2008; Hanson et al., 2010). The most homologous protein to HCA₂ is HCA₃, which is found in humans but not in rodents and shares 96% homology with HCA₁. Reports suggest that this receptor is expressed in a pattern similar to HCA₁ in adipose tissue, neutrophils, monocytes and macrophages thus potentially providing an alternative therapeutic target (Bermudez et al., 2011; Offermanns et al., 2011).

3. HCA₂-mediated cutaneous effects

3.1. Flushing

Flushing in response to NA was first described by investigators who were treating patients with NA for pellagra (Smith et al., 1937; Spies et al., 1938). It is characterized by redness and warmth due to vasodilation of dermal blood vessels, and by various sensory phenomena such as tingling and burning. The flushing phenomenon lasts typically for an hour and usually starts in the head region thereafter expanding to the arms and trunk, and sometimes to legs and feet. In both humans and mice, the increase in dermal blood perfusion in response to nicotinic acid occurs in a biphasic fashion; a relatively short first phase is followed by a longer lasting second phase (Goldsmith & Cordill, 1943; Benyó et al., 2005). Although benign, the discomfort associated with flushing causes between 5% and 20% of patients taking NA to discontinue the treatment (Gray et al., 1994; Jacobson, 2010). Because the use of NA is greatly compromised by its major side effect, it is of clinical relevance to improve our understanding of the mechanism responsible for NA-induced flushing.

Although MMF has only recently been identified as an HCA₂ agonist (Tang et al., 2008), flushing is known as a side effect of FAE since early clinical studies and has led to the discontinuation of treatment in some patients (van Dijk, 1985; Nieboer et al., 1989; Nieboer et al., 1990). In a mouse model of flushing, MMF has been shown to elicit an HCA₂-mediated flushing response, with a mechanism identical to NA-mediated flushing (Hanson et al., 2010).

3.2. The epidermis as a site of flush initiation

The fact that local application of NA esters like methyl nicotinate or benzyl nicotinate to the skin surface produced a localized flushing response (Tur et al., 1983) indicates that the mechanism underlying the flushing response is confined to the skin. This hypothesis was supported by the finding that HCA₂ is expressed in the epidermis, in particular in keratinocytes (Tang et al., 2008; Dunbar & Gelfand, 2010; Hanson et al., 2010; Bermudez et al., 2011) and Langerhans cells (Benyó et al., 2006; Maciejewski-Lenoir et al., 2006). The epidermis is avascular and consists mainly of keratinocytes arranged in a stratified squamous epithelium. It is the interface between the environment and the organism, and is a first-line defense system in contact with potential pathogens. Langerhans cells are specialized epidermal dendritic cells that make up to 2–4% the total epidermal cell population. They establish dense networks within the basal and supra-basal layers of the epidermis and serve their function by uptake and presentation of antigens. Following antigen contact, Langerhans cells become activated and migrate from

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