



Molecular hydrogen attenuates hypoxia/reoxygenation injury of intrahepatic cholangiocytes by activating Nrf2 expression



Jianhua Yu^{a,1}, Weiguang Zhang^{b,1}, Rongguo Zhang^c, Guixing Jiang^d, Haijun Tang^a, Xinxian Ruan^a, Peitu Ren^a, Baochun Lu^{a,*}

^a Department of Hepatobiliary Surgery, Shaoxing People's Hospital, Shaoxing Hospital of Zhejiang University, Shaoxing, China

^b Department of Cardiology, Shaoxing People's Hospital, Shaoxing Hospital of Zhejiang University, Shaoxing, China

^c Department of Rehabilitation, Heilongjiang Agricultural Reclamation General Hospital, Harbin, China

^d Department of Hepatopancreatobiliary Surgery, Sir Run Run Shaw Hospital, School of Medicine, Zhejiang University, Hangzhou, China

HIGHLIGHTS

- H₂ ameliorates cholangiocytes H/R injury *in vitro*.
- Nrf2 signaling is activated in cholangiocytes after exposed to H₂.
- H₂ could not protect Nrf2-silenced cholangiocytes from H/R injury.
- H₂ protects cholangiocytes from I/R injury through *in vivo*.

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ABSTRACT

Hypoxia/reoxygenation (H/R) injury of cholangiocytes causes serious biliary complications during hepatobiliary surgeries. Molecular hydrogen (H₂) has been shown to be effective in protecting various cells and organs against oxidative stress injury. Human liver cholangiocytes were used to determine the potential protective effects of hydrogen against cholangiocyte H/R injury and explore the underlying mechanisms. We found that H₂ ameliorated H/R-induced cholangiocytes apoptosis. Our study revealed that H₂ activated NF-E2-related factor 2 (Nrf2) and downstream cytoprotective protein expression. However, the protective function of H₂ was abolished when Nrf2 was silenced. Apoptosis in cholangiocytes isolated from a rat model of liver ischemia/reperfusion injury indicated that H₂ significantly attenuates ischemia/reperfusion cholangiocyte injury *in vivo*. In conclusion, our study shows that H₂ protects intrahepatic cholangiocytes from hypoxia/reoxygenation-induced apoptosis *in vitro* or *in vivo*, and this phenomenon may depend on activating Nrf2 expression.

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Abbreviations: H₂, molecular hydrogen; H/R, hypoxia/reoxygenation; I/R, ischemia/reperfusion; ROS, reactive oxygen species; Nrf2, NF-E2-related factor 2; HRM, hydrogen-rich medium; HRS, hydrogen-rich saline; NS, normal saline; BCL2, B-cell CLL/lymphoma 2; BAX, BCL2-associated X protein; HO-1, heme oxygenase 1; CK7, keratin 7; CK19, keratin 19; AQP1, aquaporin 1; EPCAM, epithelial cell adhesion molecule; Icam1, intercellular adhesion molecule 1; ALB, albumin; G6PC, glucose-6-phosphatase; Nqo1, nicotinamide adenine dinucleotide phosphate (NADPH) quinone oxidoreductase 1; GSTA2, glutathione S-transferase alpha 2; Prdx1, peroxiredoxin 1; MnSOD, manganous superoxide dismutase; SOD, superoxide dismutase; MDA, malondialdehyde.

* Corresponding author at: Department of Hepatobiliary Surgery, Shaoxing People's Hospital, Shaoxing Hospital of Zhejiang University; 568 North Zhongxing Road, Shaoxing, 312000, China. Fax: +86 575 8513 8402.

E-mail address: sygd_lbc@126.com (B. Lu).

¹ These authors contributed equally to this work.

1. Introduction

Ischemia/reperfusion (I/R) injury is a severe deleterious postsurgical complication in liver transplantation, partial hepatic resection and trauma settings (Liu et al., 1996). Hypoxia/reoxygenation (H/R) is the root of I/R injury and has been regarded as an important model to study the pathophysiology of I/R injury *in vitro* (Monno et al., 2010; Pardo and Tirosh, 2009). During hepatobiliary surgeries, hepatic I/R injury or H/R injury is caused by interruption of hepatic blood inflow, which result in massive liver parenchyma injury (Jaeschke, 2003). Several studies have demonstrated that generation of reactive oxygen species (ROS), proinflammatory cytokines and oxidants are associated with hepatic I/R or H/R injury (Abu-Amara et al., 2010; Ren et al., 2011; Jaeschke, 1991; Jaeschke, 1998).

Regulation of ROS and proinflammatory cytokines is suggested to be an important therapeutic strategy for hepatic H/R injury.

Cholangiocytes, also known as biliary epithelial cells, are an important cell type in the liver parenchyma, in addition to hepatocytes. As a kind of important but delicate cells, cholangiocytes are also sensitive to oxidative stress and involved in the process of cholangiopathies (Mizuguchi et al., 2014; Brain et al., 2013). Although an increasing number of studies have investigated intracellular mechanisms and therapeutic targets to prevent H/R-induced hepatocyte injury (Pardo and Tirosh, 2009; Chen et al., 2012; Spencer et al., 2013), only a few have focus on H/R-induced cholangiocyte injury. It's worth noting that H/R injury also induces cholangiocytes necrosis or apoptosis and results in serious complications, such as biliary obstruction or stricture (Sanchez-Urdazpal et al., 1992; Xu et al., 2004).

Several studies have demonstrated that molecular hydrogen (H_2) is an important gaseous signaling molecule with antioxidant and anti-inflammatory protective effects on cells and organs (Huang et al., 2010). H_2 can act as a scavenger to selectively alleviate ROS and activate potent cellular protective effects. Recent research has revealed that H_2 protected tissue from oxidative stress injury via activating NF-E2-related factor 2 (Nrf2) expression (Kawamura et al., 2013). H_2 has been shown to be effective in protecting various cells, including hepatocytes, and organs against I/R injury (Ohsawa et al., 2007; Fukuda et al., 2007; Nakao et al., 2010), but its exact effect on cholangiocytes with H/R injury is still unclear.

To avoid the influence from other cells and to accurately investigate underlying mechanisms, our study explored the potential function of H_2 on intrahepatic cholangiocytes *in vitro* and *in vivo*.

2. Materials and methods

2.1. Isolation of cholangiocytes

After informed consent was obtained from patients and the tissue acquisition protocol was approved by the Zhejiang University Institutional Review Board, liver explant tissue from a female patient with hepatic hemangioma without other hepatic diseases was obtained. Cholangiocytes were isolated from the normal liver tissue samples with minor modifications to previously described protocols (Tabibian et al., 2014; Coots et al., 2012).

Briefly, about 5 g of liver tissue was cut into small pieces using sterile blades and incubated in Dulbecco's modified eagles medium (DMEM) solution containing 10% fetal bovine serum, 100 IU/ml penicillin, 100 μ g/ml streptomycin, 0.2% collagenase (Invitrogen Life Technologies, Carlsbad, CA, USA), and 0.07% DNase for 45 min in a shaking water bath at 37 °C. The suspension was filtered through a 100 μ M and 40 μ M cell strainer in sequence. After washed with DMEM, cells contained in the 40 μ M cell strainer were resuspended and subjected to further digestion with a DMEM solution containing hyaluronidase for 45 min at 37 °C. The resulting digestant was filtered as described above. The isolated cells were plated on collagen-coated flasks (BD Biosciences, San Jose, CA) and allowed to grow to confluence. Cholangiocyte cells were positively selected by magnetic separation using the Epithelial Enrich magnetic bead (Miltenyi Biotec, Germany).

2.2. Cell culture and establishment of the H/R cell model

Cholangiocytes cells were plated on collagen-coated culture dish (Corning Life Science, Corning, NY, USA), and cultured with mediums, which contained DMEM/F12 medium (Invitrogen), 10% FBS, 100 μ g/ml penicillin–streptomycin, 2 mM glutamine, 10 ng/ml epidermal growth factor (Peprotech, Rocky Hill, NJ, USA), 20 ng/ml HGF (Peprotech), 2 μ g/ml hydrocortisone, 10 ng/ml cholera toxin, 2 nM tri-iodothyronine (all from Sigma, St. Louis, MO, USA), and 1 \times ITS (Insulin, Transferrin, Selenium Solution, Invitrogen). In all subsequent experiments, cholangiocytes cells were used between passage 2 and 8 depending on the initial yield of the primary isolate.

When the cholangiocytes cells were at 70–80% confluence, the culture inserts were incubated under hypoxic conditions (94% N_2 , 5% CO_2 and 1% O_2) using a hypoxia chamber (MIC-101, Billups-Rothenberg, Del Mar, CA, USA). After hypoxia for 2, 4 or 8 h, the cells were then reoxygenated by incubation in a standard 5% CO_2 incubator for 6 h. In the process of reoxygenation, the hydrogen-rich medium (HRM) or normal medium were exchanged in the respective group every three hours.

The normal human hepatic cell line HL-7702 and the normal rat hepatic cell line BRL were obtained from the Chinese Academy of Sciences Shanghai Branch Cell Bank (Shanghai, China). HL-7702 cells and BRL cells were cultured in RPMI 1640 medium and DMEM respectively, with 10% FBS, 100 IU/ml penicillin, and 100 μ g/ml streptomycin at 37 °C, 5% CO_2 .

Table 1
Primer sequences for PCR assay.

	Name	Symbol	Forward (5'-3')	Reverse (5'-3')	
Human	β -actin	ACTB	AGAAGGAGATCACTGCCCTGGCACC	CCTGCTTGTGATCCACATCTGCTG	
	CK7	KRT7	TGTGGATGCTGCCTACATGAGC	AGCACCACAGATGTGTCCGAGA	
	CK19	KRT19	AGCTAGAGGTGAAGATCCGCGA	GCAGGACAATCTGGAGTTCTC	
	GGT	GGT	TGACGTACCACCCGATCGTAGA	CAGCGAAGAAGCTCGAGGTCAT	
	AQP1	AQP1	TATGCGTGTGGCTACTACCGA	GGTTAATCCCACAGCCAGTGTAG	
	EPCAM	EPCAM	GCCAGTGTACTTCAGTTGGTGC	CCCTTCAGGTTTTGCTCTCTCC	
	Icam1	ICAM1	GCCAAACCAATGTGCTATTCAAAC	AGCACCGTGGTCTGACCTCAG	
	ALB	ALB	GATGAGATGCCTGTGACTTGC	CACGACAGAGTAATCAGGATGCC	
	G6PC	G6PC	GCTGTGATTGGAGACTGGCTCA	GTCCAGTCTCACAGGTTACAGG	
	HO-1	HMOX1	CCAGGCAGAGAATGCTGAGTTC	AAGACTGGGCTCTCTTTGTTGC	
	Nrf2	NFE2L2	CACATCCAGTCAGAAACCAAGTGG	GGAAATGCTGCGCCAAAAGCTG	
	Nqo1	NQO1	CCTGCCATTTGAAAGGCTGGT	GTGGTGTGAAAGCACTGCCT	
	GSTA2	GSTA2	CTGCCCTTTAGTCAACCTGAGG	ACAAGGTAGTCTTGTCCGTGGC	
	MnSOD	SOD2	CTGGACAACCTCAGCCCTAAC	AACCTGAGCCTTGGACACCAAC	
	Prdx1	PRDX1	CTGCCAAGTGATTGGTCTCTTG	AATGTGCGCTTCCGGTCTGAT	
	Rat	β -actin	ACTB	CAACTGGGACGATATGGAG	TGGCTACGTACATGGCTG
		CK19	KRT19	GTCACGGAACCTCCGACGTAA	TCCGTAACGGGCTCTATCT
ALB		ALB	GTGACGGAGAAGGTCACCAA	TTTACCAGCTCAGCGAGAG	

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