

## AND HEALTH DISPARITIES

HEALTH

## THE ROLE THEY PLAY IN MATERNAL AND CHILD HEALTH

Maternal health literacy is a significant concern because pregnancy may be the initial encounter a woman has with the health care system, and also because a woman's health status and her understanding of health information directly affect her fetus and the child's formative years after birth. This article describes the health disparities and barriers to health care that exist for low-literacy women of childbearing age. Two particular social determinants of health—social exclusion and early life experience—will be discussed, as these can have a powerful impact on the health and well-being of low-literacy women and their children.

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