




# ANTENATAL DEPRESSION AND GESTATIONAL DIABETES

**A Review of Maternal  
and Fetal Outcomes**

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Depression and gestational diabetes  
are common during pregnancy and  
can have a serious impact on both  
women and newborns.

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**Abstract:** Depression and gestational diabetes are common and serious problems during pregnancy. While information exists regarding maternal and fetal outcomes in women who have either depression or gestational diabetes, there is a paucity of data regarding outcomes in women who have both. This article reviews and summarizes studies examining depression during pregnancy as well as an analysis of six studies examining depression in women with gestational diabetes, and discusses implications for clinicians and future research needs. DOI: 10.1111/1751-486X.12003

**Keywords:** antenatal depression | depression | gestational diabetes | pregnancy

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