



## Review

Carotid chemoreceptor “resetting” revisited<sup>☆</sup>John L. Carroll<sup>\*</sup>, Insook Kim

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## ABSTRACT

Carotid body (CB) chemoreceptors transduce low arterial O<sub>2</sub> tension into increased action potential activity on the carotid sinus nerves, which contributes to resting ventilatory drive, increased ventilatory drive in response to hypoxia, arousal responses to hypoxia during sleep, upper airway muscle activity, blood pressure control and sympathetic tone. Their sensitivity to O<sub>2</sub> is low in the newborn and increases during the days or weeks after birth to reach adult levels. This postnatal functional maturation of the CB O<sub>2</sub> response has been termed “resetting” and it occurs in every mammalian species studied to date. The O<sub>2</sub> environment appears to play a key role; the fetus develops in a low O<sub>2</sub> environment throughout gestation and initiation of CB “resetting” after birth is modulated by the large increase in arterial oxygen tension occurring at birth. Although numerous studies have reported age-related changes in various components of the O<sub>2</sub> transduction cascade, how the O<sub>2</sub> environment shapes normal CB prenatal development and postnatal “resetting” remains unknown. Viewing CB “resetting” as environment-driven (developmental) phenotypic plasticity raises important mechanistic questions that have received little attention. This review examines what is known (and not known) about mechanisms of CB functional maturation, with a focus on the role of the O<sub>2</sub> environment.

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## 1. Introduction

Mammalian life depends on a steady supply of oxygen to tissues to meet cellular metabolic needs, while excess oxygen is highly toxic. Therefore, mammals have developed O<sub>2</sub> sensory systems that operate on multiple levels to optimize cellular O<sub>2</sub> availability and promote tolerance to low O<sub>2</sub> tensions, as well as antioxidant systems to reduce oxygen toxicity. An important generalized oxygen sensing system, operative in every nucleated cell, are the hypoxia-inducible factors (HIF), major regulators of cellular oxygen homeostasis in all metazoan animals. Low oxygen tension increases HIF-1 $\alpha$  level, which in turn controls the transcription of hundreds of genes involved in cellular-level adaptations to low oxygen tension (Semenza, 2012; Webb et al., 2009). Other generalized cellular O<sub>2</sub>-sensing pathways such as the unfolded protein response, nuclear factor (NF)- $\kappa$ B and the mammalian target of rapamycin (mTOR) promote tolerance to hypoxia by modulating transcription and translation (Dunwoodie, 2009; Gorr et al., 2010). Thus, every nucleated cell in the mammalian body exhibits multiple

adaptive responses to hypoxia that aim to minimize the effects of reduced oxygen availability and preserve homeostasis. As tissue O<sub>2</sub> tension depends on oxygen delivery, it is not surprising that mammals have also evolved O<sub>2</sub>-regulated control of erythrocyte production, generalized systemic vascular responsiveness to hypoxia and specialized O<sub>2</sub>-sensing vascular tissues to regulate blood flow, such as the small pulmonary arteries, fetoplacental arteries and the ductus arteriosus (Semenza, 2011; Waypa and Schumacker, 2010).

In order to ensure optimal oxygen intake, as O<sub>2</sub> needs vary with environment and activity, mammals have developed specialized peripheral arterial chemoreceptor organs that continuously sense arterial blood O<sub>2</sub> tension and directly regulate minute ventilation. The main peripheral arterial O<sub>2</sub> chemoreceptors are the carotid bodies (CB), located bilaterally at the carotid bifurcations. They transduce arterial O<sub>2</sub> levels into action potential activity on carotid sinus nerve afferents, which input via the caudal nucleus tractus solitarius to control minute ventilation and maintain normal PaO<sub>2</sub>, increase ventilatory drive in response to hypoxia, mediate arousal responses to hypoxia during sleep and provide important modulation of upper airway muscle activity, blood pressure and sympathetic tone (Iturriaga et al., 2009; Prabhakar and Kumar, 2010; Sinski et al., 2012). Perhaps surprisingly, given their importance in cardiorespiratory control, the carotid body chemoreceptors are not functionally mature at birth and require time, after birth, to reset their O<sub>2</sub> responsiveness to adult-like levels (Gauda et al., 2009).

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A key point, which will be emphasized throughout this review, is that postnatal development of CB oxygen sensitivity depends on the O<sub>2</sub> environment; if PaO<sub>2</sub> is increased before birth onset of resetting can be hastened while, if PaO<sub>2</sub> is kept low after birth, resetting can be delayed (Blanco et al., 1988; Sterni et al., 1999). During development, the oxygen environment changes remarkably, from the very low oxygen intrauterine environment of the embryo during the first 10–11 weeks of gestation, to the moderately hypoxic environment of the 2nd and 3rd trimesters of gestation, to the ~4-fold sudden increase in PaO<sub>2</sub> at birth and the oxygen-rich postnatal environment (Dunwoodie, 2009). The mammalian carotid body forms and undergoes structural maturation in this low O<sub>2</sub> environment. In spite of the low in utero P<sub>O<sub>2</sub></sub>, CB O<sub>2</sub> responsiveness is low in the fetus and will increase only after exposure to the higher P<sub>O<sub>2</sub></sub> after birth (Blanco et al., 1984; Eden and Hanson, 1987; Hertzberg and Lagercrantz, 1987). Over the last ~30 years, terminology has evolved describing the carotid chemoreceptors during prenatal development as “set”, analogous to a thermostat, to exhibit minimal activity to the normally low PaO<sub>2</sub> (~23–25 mmHg) of the fetus. A logical extension of the “thermostat” analogy is that after birth, when PaO<sub>2</sub> is 4-fold higher compared to fetal PaO<sub>2</sub>, the carotid chemoreceptors “reset” and sense the postnatal PaO<sub>2</sub> of 80–100 mmHg as “normoxia”. After “resetting”, the range of hypoxia sensitivity shifts such that the PaO<sub>2</sub> of 23–25 mmHg, which elicited minimal CB activity in the fetus, will elicit a brisk increase in carotid sinus nerve activity and would be considered severe hypoxia for an infant.

Although substantial progress has been made in understanding postnatal “resetting” of CB O<sub>2</sub> sensitivity, major questions persist and the fundamental mechanisms underlying dependence on the O<sub>2</sub> environment remain unknown. The goal of this review is to explore further the terminology, concepts, possible mechanisms of “resetting” and the role of the low O<sub>2</sub> environment of the fetus in shaping CB functional development. Although beyond the scope of this review, vascular O<sub>2</sub> sensing, HIF-1, other cellular oxygen-sensing pathways and the effects of altered O<sub>2</sub> environments will be discussed when potentially relevant to CB resetting.

## 2. CB O<sub>2</sub> transduction – acute hypoxia

Before addressing the question of resetting, it is necessary to consider current views on CB O<sub>2</sub> chemotransduction mechanisms. Carotid body structure is similar across mammalian species, consisting of richly perfused clusters of oxygen-sensitive, neuron-like secretory cells called type-1 or glomus cells, surrounded by glia-like type 2 or sustentacular cells (Fig. 1). The carotid sinus nerve, a branch of cranial nerve IX with cell bodies in the petrosal ganglion (PG), provides the main sensory innervation, forming predominantly afferent synapses on glomus cells (McDonald and Mitchell, 1975). Although not fully proven, it is generally accepted that glomus cells, together with their associated nerve endings and PG cell bodies, comprise a “chemosensory unit”, with the glomus cell as the primary site of O<sub>2</sub>-sensing, presynaptic to the nerve terminal.

The generally accepted steps in CB O<sub>2</sub> tension transduction, shown in Fig. 1, are as follows (numbers in parentheses correspond to numbered steps in figure): Lowered arterial O<sub>2</sub> tension in CB blood vessels (1) results in lowered tissue oxygen tension and reduced glomus cell intracellular P<sub>O<sub>2</sub></sub> (2). O<sub>2</sub> sensing within glomus cells occurs at multiple sites, including mitochondria, heme-oxygenase-2 (HO-2) and possibly others. Mitochondrial O<sub>2</sub> sensing (3a), by as yet unknown mechanisms, leads to inhibition of cell membrane resting K<sup>+</sup> current, which is predominantly carried by TASK1/3 (4a) (Kim et al., 2009; Wyatt and Buckler, 2004). Heme-oxygenase-2 (3b), which is tightly associated with cell membrane BK channels (4b), uses O<sub>2</sub> as a substrate to produce carbon

monoxide (CO), which enhances BK channel open probability during normoxia (Kemp, 2005). When glomus cell O<sub>2</sub> tension is low, CO production decreases and BK channel activity is suppressed. The inhibition of TASK1/3 current initiates and drives glomus cell depolarization (5), the magnitude of which is increased by the hypoxia-mediated inhibition of BK current (Wasicko et al., 2006). Glomus cell depolarization leads to calcium influx via (6) voltage gated calcium channels and a rapid increase in intracellular calcium levels ([Ca<sup>2+</sup>]<sub>i</sub>). (7) The hypoxia-induced increase in [Ca<sup>2+</sup>]<sub>i</sub> leads to release of multiple neurotransmitters contained in secretory vesicles (7a) as well as other transmitters or modulators (7b), such as adenosine, GABA, 5HT and others (see Nurse, 2010 for review). At the glomus cell-CSN nerve terminal synapse, evidence supports ATP, adenosine and ACh as excitatory neurotransmitters (8a) causing depolarization of the nerve endings and (10) generation of spiking activity in the CSN. Other released neuromodulators may have inhibitory or facilitatory actions on the CSN nerve endings (8b) (Nurse, 2010). This wide array of neurochemicals, released by hypoxia into the synaptic cleft and into the space between glomus cells and the enveloping type II cells, also may act on a variety of glomus cell autoreceptors (8c) and, depending on the specific ligand-receptor, either enhance or inhibit the [Ca<sup>2+</sup>]<sub>i</sub> response to hypoxia by a variety of mechanisms (Bairam et al., 2006; Joseph et al., 2006; Nurse, 2010; Shirahata et al., 2007). Additional potentially important steps in O<sub>2</sub> transduction include roles for CSN nerve terminal Na<sup>+</sup> channels and for type II cells. Donnelly has proposed that persistent Na<sup>+</sup> currents in CSN nerve endings (9) may enhance nerve terminal excitability and amplify excitation by neurotransmitters, potentially explaining how a 2–3 fold increase in neurotransmitter release during hypoxia can result in a 20–30 fold increase in single unit CSN activity (Donnelly, 2011). Finally, ATP increases [Ca<sup>2+</sup>]<sub>i</sub> in type II cells and may result in release of additional ATP as a “gliotransmitter” as well as release of other modulators (Tse et al., 2012; Zhang et al., 2012). This has led to a recent surge of interest in the glia-like type II cells as synaptic amplifiers of chemotransduction, similar to the role of glial cells in other neural tissues (Butt, 2011).

The carotid body is often portrayed in a reductionist, highly simplified manner for illustrative purposes, but the reality is potentially complicated. It is important to remember that the transduction mechanisms illustrated in Fig. 1 co-exist in the same cells with multiple other O<sub>2</sub> responsive mechanisms that operate on varying time scales, multiple processes generating reactive oxygen and nitrogen species, multiple anti-toxicity systems to cope with oxidative and nitrosative stress and it is all interwoven within a complicated cellular structure and a reactive (and perhaps interactive) vasculature. In addition, carotid body structural and functional development, with all of its multiple O<sub>2</sub>-responsive components, takes place in an O<sub>2</sub> environment that changes markedly over the developmental time span, raising the possibility that the developmental O<sub>2</sub> environment per se is critical in shaping CB development and the subsequent “resetting” that occurs after birth.

## 3. Carotid body “resetting” revisited

### 3.1. Terminology – resetting vs. development

The terms “development” and “maturation” encompass changes that occur in CB structure, neurochemistry, physiology and function from its formation in the embryo to full maturity in the adult. In contrast, terms such as “functional development”, “functional maturation” refer to age-related changes in specific responses such as the magnitude of the neural response to hypoxia or hypercapnia. These terms can be applied to any time frame during fetal or postnatal development and do not necessarily center on the

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