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Images in Cardiology

The evanescent right atrial mass



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ABSTRACT

An unusual cause of pulmonary emboli from an evanescent right atrial mass is described in this case report. The systematic approach from initial presentation to a definite diagnosis of a rare condition is described.

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1. Case report

A 38-year-old Caucasian male with HIV on highly active antiretroviral therapy for 13 years and hepatitis C presented to the Emergency Department (ED) with a 1-week history of increasing dyspnea, tachycardia and palpitations without syncope or chest pain. Workup in the ED revealed an elevated D-Dimer-2.31 μ g/ml (normal 0.22–0.50 mcg/ml). This prompted a CTA which showed sub-segmental pulmonary emboli. A density in the right atrium and right ventricle was also noted [Fig. 1].

A transthoracic echocardiogram revealed a large mass measuring $6.9~\rm cm \times 5.0~\rm cm$ in the right atrium with a "cluster of grapes" appearance prolapsing into the RV in diastole through the tricuspid valve [Fig. 2]. A trans-esophageal echocardiogram [Fig. 3] and cardiac magnetic resonance imaging (CMR) were then performed to further characterize



Fig. 1 – Chest CT scan showing a right-atrial mass measuring 5.7 cm in diameter.

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Fig. 2 – Transthoracic echocardiogram showing a large mass with a "grape cluster" appearance and filling the right atrium near completely.

and delineate the extent of the mass. CMR confirmed a lobulated mass filling the right atrium [Fig. 4a], which was isointense on double inversion recovery images [Fig. 4b] and hyperintense on triple inversion recovery images [Fig. 4c]. After administration of gadolinium based contrast, there was heterogeneous delayed enhancement [Fig. 4d].



Fig. 3 – Transesophageal echocardiogram showing a large mass prolapsing through the tricuspid valve and filling the right atrium near completely.

Due to the concern about extracardiac extension of this mass on CT and MR, and the high likelihood that this might be a malignancy, the decision was made to obtain a tissue diagnosis to save this patient an open sternotomy.

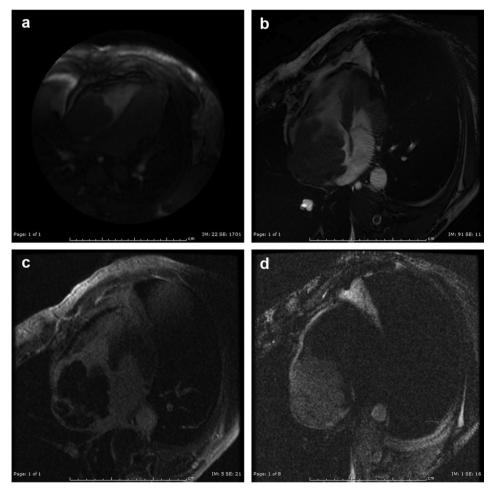


Fig. 4 – (a) Steady state free precession cardiac magnetic resonance in a 4-chamber view showing a lobulated mass filling the right atrium. (b) Double inversion recovery cardiac magnetic resonance in a 4-chamber view showing an isointense right atrial mass. (c) Triple inversion recovery cardiac magnetic resonance in a 4-chamber view showing a hyperintense right atrial mass. (d) Post contrast delayed enhancement cardiac magnetic resonance in a 4-chamber view showing heterogeneous enhancement of the right atrial mass.

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