

Pharmacodynamic Evaluation of Switching From Ticagrelor to Prasugrel in Patients With Stable Coronary Artery Disease



Results of the SWAP-2 Study (Switching Anti Platelet-2)

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Objectives	The goal of this study was to evaluate the pharmacodynamic effects of switching patients from ticagrelor to prasugrel.
Background	Clinicians may need to switch between more potent P2Y ₁₂ inhibitors because of adverse effects or switch to the use of a once-daily dosing regimen due to compliance issues.
Methods	After a 3- to 5-day run-in phase with a ticagrelor 180-mg loading dose (LD) followed by a ticagrelor 90-mg twice-daily maintenance dose (MD), aspirin-treated patients (N = 110) with stable coronary artery disease were randomized to continue ticagrelor or switch to prasugrel 10-mg once-daily MD, with or without a 60-mg LD. Pharmacodynamic assessments were defined according to P2Y ₁₂ reaction unit (PRU) (P2Y ₁₂ assay) and platelet reactivity index (vasodilator-stimulated phosphoprotein phosphorylation assay) at baseline (before and after the run-in phase) and 2, 4, 24, and 48 h and 7 days after randomization.
Results	Platelet reactivity was significantly greater at 24 and 48 h after switching to prasugrel versus continued therapy with ticagrelor, although to a lesser extent in those receiving an LD. Mean PRU remained significantly higher in the combined prasugrel groups versus the ticagrelor group (least-squares mean difference: 46 [95% confidence interval 25 to 67]) and did not meet the primary noninferiority endpoint (upper limit of the confidence interval ≤45), although PRU in the prasugrel cohort was lower at 7 days than at 24 or 48 h. Accordingly, rates of high on-treatment platelet reactivity were higher at 24 and 48 h in both prasugrel groups. At 7 days, there was no difference in high on-treatment platelet reactivity rate between the combined prasugrel and ticagrelor groups.
Conclusions	Compared with continued ticagrelor therapy, switching from ticagrelor to prasugrel therapy was associated with an increase in platelet reactivity that was partially mitigated by the administration of an LD. (J Am Coll Cardiol 2014;63:1500–9) © 2014 by the American College of Cardiology Foundation

The addition of clopidogrel to aspirin therapy reduces ischemic events in patients with acute coronary syndrome (ACS) (1–3). However, clopidogrel is characterized by variability in platelet inhibitory response, which is associated

with adverse clinical outcomes (4–7). More potent platelet P2Y₁₂ receptor inhibitors have been developed that are associated with improved clinical efficacy compared with clopidogrel (8). In particular, the TRITON–TIMI 38 (Trial

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to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel–Thrombolysis In Myocardial Infarction 38) trial (9) and the PLATO (Platelet Inhibition and Patient Outcomes) trial (10) of prasugrel and ticagrelor, respectively, have shown them to be superior to clopidogrel in reducing thrombotic events. On the basis of these results, prasugrel was approved to reduce the rate of thrombotic cardiovascular events in patients with ACS who are to be managed with percutaneous coronary intervention (PCI), and ticagrelor was approved for the prevention of atherothrombotic events in all patients with ACS (1–3). Prasugrel is a prodrug with an active metabolite that binds irreversibly to the P2Y₁₂ receptor and is dosed once daily (QD) (11), whereas ticagrelor binds reversibly to the P2Y₁₂ receptor and has a twice-daily (BID) dosing regimen (12).

In certain clinical situations, switching from ticagrelor to prasugrel therapy may be considered; for example, in patients experiencing dyspnea or because QD administration might improve compliance. However, the pharmacodynamic effects of switching from ticagrelor to prasugrel are unknown. It has been reported that ticagrelor binds to a site on the P2Y₁₂ receptor distinct from the adenosine diphosphate-binding site. However, it is unknown whether ticagrelor, or its active metabolite (AR C124910XX), interferes with the binding of the prasugrel-active metabolite to P2Y₁₂, which has a short half-life in plasma (approximately 7 h) (11), leading to a pharmacodynamic interaction induced by competition for the binding site.

The objective of the present study was to compare the pharmacodynamic effects of switching from ticagrelor to prasugrel therapy in patients with stable coronary artery disease (CAD).

Methods

Study design. SWAP-2 (Switching Anti Platelet-2) was a Phase IV, randomized, multicenter, open-label (blinded pharmacodynamic results), 3-arm, parallel-design study (Fig. 1). The study consisted of a run-in phase in which all patients received a ticagrelor 180-mg loading dose

(LD) and then a ticagrelor 90-mg BID maintenance dose (MD) for 3 to 5 days. After the 3- to 5-day ticagrelor run-in phase, patients were randomized (1:1:1) to receive 1 of the following 3 regimens: 1) prasugrel 60-mg LD followed by prasugrel 10-mg QD MD; 2) prasugrel 10-mg QD MD; or 3) continuation on ticagrelor 90-mg BID MD for 7 days.

All subjects provided written informed consent before participation in the study. The SWAP-2 study was conducted in compliance with the principles of the Declaration of Helsinki and the International Conference on Harmonisation consolidated guidelines. It was approved by the institutional review board of each study site (Online Appendix).

Patients. Patients aged 18 to 75 years and weighing ≥ 60 kg with stable CAD and on low-dose aspirin therapy (75- to 150-mg daily) for ≥ 7 days before screening were eligible for enrollment. Stable CAD was defined as any of the following: 1) history of a positive result on stress testing; 2) previous coronary revascularization; 3) angiographic demonstration of CAD (≥ 1 lesion with $\geq 50\%$ stenosis); 4) presence of at least moderate plaque according to computed tomography angiography; or 5) electron beam computed tomography coronary artery calcification score ≥ 100 Agatston units. Female subjects of childbearing potential were required to practice at least 1 form of birth control (excluding partner's use of condoms or partner's vasectomy). Subjects were excluded if they had a defined recommendation for P2Y₁₂ receptor antagonist therapy such as being within 12 months of an ACS diagnosis or PCI (1–3). Prohibited medications included antiplatelet agents other than aspirin, warfarin, nonsteroidal anti-inflammatory drugs, or cyclooxygenase-2 inhibitors (exceeding 3 doses per week), strong inhibitors/inducers of cytochrome P450 3A4, and higher doses of simvastatin or lovastatin (>40 mg/day). Full inclusion and exclusion criteria are included in the Online Appendix.

Assessment of platelet function. Blood samples were collected for platelet function testing at 7 time points: before the ticagrelor LD (pre-run-in baseline), immediately before the first dose of randomized drug (pre-randomization baseline), and at 2, 4, 24, and 48 h and 7 days after the first dose of randomized treatment (Fig. 1). Samples were processed within 1 h by operators who were blinded to treatment. The VerifyNow P2Y₁₂ assay (Accumetrics, Inc., San Diego, California), reported as P2Y₁₂ reaction units (PRU), and the vasodilator-stimulated phosphoprotein phosphorylation assay (Biocytex, Inc., Marseille, France), expressed as

Abbreviations and Acronyms

ACS	= acute coronary syndrome(s)
ANCOVA	= analysis of covariance
BID	= twice daily
BMI	= body mass index
CAD	= coronary artery disease
CI	= confidence interval
HPR	= high on-treatment platelet reactivity
LD	= loading dose
LS	= least-squares
MD	= maintenance dose
PCI	= percutaneous coronary intervention
PRI	= platelet reactivity index
PRU	= P2Y ₁₂ reaction unit
QD	= once daily

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