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Case Report

Familial reducing body myopathy

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Abstract

Reducing body myopathy (RBM) is a rare pathologically defined myopathy characterized by the presence of inclusion bodies which are abnormally stained by menadione–nitroblue–tetrazolium. The clinical symptoms vary widely as to the age of onset, disease progression and severity. Among the many reported patients, there have been only three families with this disorder, showing a manifold of clinicopathological features in each family. We report a fourth family with RBM affecting a boy and his mother. The proband (boy) began to have difficulty putting on his trousers at age 10 years and difficulty arising from a chair at 11 years. His spine was rigid. His mother, on the other hand, noticed foot-drop at the age 29, but the clinical course was rapidly progressive, and she was wheelchair-bound at 34 years. Both patients had generalized muscle weakness and atrophy and with mild CK elevation. Muscle pathology was characterized by the presence of atrophic fibers with reducing bodies in some areas. As these patients demonstrate, clinical symptoms in RBM are very variable, even within the same family. There are no specific clinical characteristics distinctive to RBM, thus further studies are necessary to characterize this disorder both clinically and pathologically.

Keywords: Reducing body myopathy; Familial; Mother and Son; Rapidly progressive

1. Introduction

Reducing body myopathy (RBM) is a group of heterogeneous disorders characterized pathologically by the presence of inclusion bodies that reduce nitroblue tetrazolium (NBT) in the absence of menadione as a substrate in the α-glycerophosphate dehydrogenase reaction. In 1972, Brooke and Neville initially described two unrelated girls with a severe congenital myopathy with reducing bodies [1]. The clinical spectrum of this disease is wide, showing different age of onset, course and severity of disease [2–10]. Although most of the cases have been sporadic, there have been three families with this disorder. Here, we report the fourth family with RBM and discuss the clinical and pathologic findings.

2. Patients and muscle pathology

2.1. Case history

The proband is an 11-year-old boy, the second of three children of a Japanese father and Filipino mother. Both his brothers were healthy except that the younger one had a history of Hirschsprung disease. Pregnancy

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and delivery were uneventful and psychomotor development was normal. Until 9 years of age, he could run faster than his classmates. At the age of 10 years and 5 months, he began to have difficulty putting on his trousers. One month after the onset, he developed foot-drop and began to fall frequently. Two months later, he had difficulty getting up from a sitting position. He could no longer run as fast as when he was 10 years old.

On physical examination, he had generalized muscle atrophy and weakness, especially around the shoulder, hip and anterior compartment of the lower legs. There was winging of the scapulae. Muscle weakness was slightly more marked on the left than the right. His spine was rigid on anteflexion and he had a lumbar lordosis. He was able to walk on his toes but not on his heels. Gowers' sign was positive. Deep tendon reflexes were diminished. Facial and extra-ocular muscles were normal. There were no fasciculations, calf muscle hypertrophy or pes cavus.

Cardiorespiratory functions were normal. The serum creatine kinase (CK) level was 495 IU/l (normal range 51–197 IU/l). Muscle CT scans revealed generalized volume loss, especially in the hamstrings, and areas of low density in the paraspinal muscles (Fig. 1). Needle electromyogram showed mixed neurogenic and myogenic patterns in biceps brachii and tibialis anterior muscles. Nerve conduction velocities of the median and tibialis posterior nerves were normal. No mutations were found in the SMN gene for spinal muscular atrophy; FSHD was ruled out by Southern blot.

The proband's mother is 35 years old. She developed foot-drop on the left at age 29 and became wheelchair-bound 5 years after the onset. Her father is Spanish and her mother is of Filipino and Chinese descent. Clinical examination revealed moderate generalized muscle atrophy and weakness. She was able to sit without support. She could raise her right arm up to the horizontal, but she was unable to raise her legs and left upper limb, against gravity. The spine was not rigid. Deep tendon reflexes were hypoactive. Facial and extra-ocular muscles were spared. The remainder of the physical examination was normal. Serum CK was slightly increased to 477 IU/l.

2.2. Muscle pathology

Muscle biopsy was performed on the left biceps brachii in the proband at age 11. His mother had two biopsies: left biceps brachii muscle and the left quadriceps femoris muscle at age 31. Biopsy specimens were frozen in isopentane cooled in liquid nitrogen. Serial 10 μm cryostat sections were stained with various histochemical methods. For electron microscopy, the muscle specimens were fixed in 2.5% glutaraldehyde in 0.1 M cacodylate buffer; ultrathin sections were double stained with uranyl acetate and lead citrate.

In the proband, there were clusters of atrophic fibers of 5–25 μm in diameter in a few fascicles (Fig. 2a–f), frequently with enlarged nuclei. Non-atrophic fibers showed moderate variation in fiber size ranging from 60–95 μm in diameter. Only a few fibers had internal nuclei. Endomysial fibrous tissue was increased in the atrophic fascicles. Adipose tissue was not increased. On modified Gomori trichrome (mGT), cytoplasmic bodies were seen in scattered fibers. There were no nemaline bodies, rimmed vacuoles or ragged-red fibers. On ATPase, there was mild fiber type grouping.

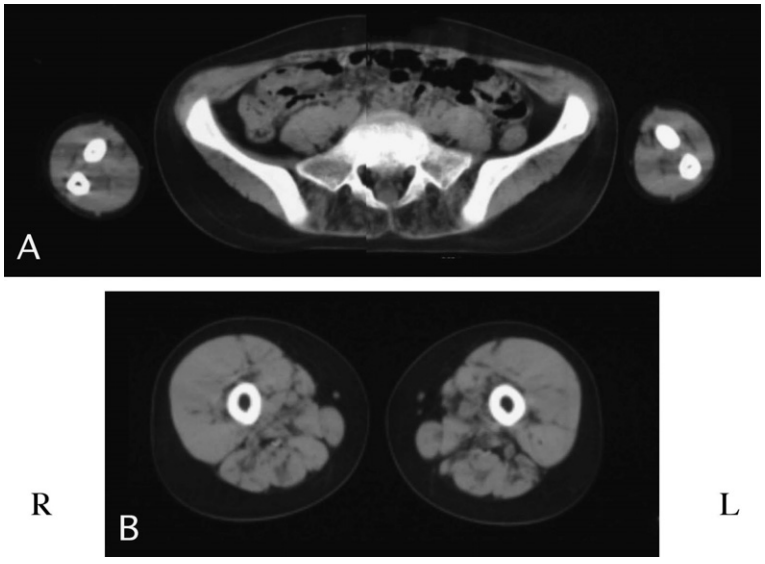

Fig. 1. Muscle computer tomography of the proband. The paraspinal muscles are almost totally replaced by fat tissue (A); the hamstring muscles are atrophic and exhibit moth-eaten appearance (B).