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# Biostimulation of Na,K-ATPase by low-energy laser irradiation (685 nm, 35 mW): Comparative effects in membrane, solubilized and DPPC:DPPE-liposome reconstituted enzyme

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#### **Abstract**

Objective: The aim of the present work was to investigate the effect of low-energy laser irradiation (685 nm, 35 mW) on the ATPase activity of the different forms of the Na,K-ATPase.

*Methods*: Membrane-bound and solubilized  $(\alpha\beta)_2$  form of Na,K-ATPase was obtained from the dark red outer medulla of the kidney and proteoliposomes of DPPC:DPPE and Na,K-ATPase was prepared by the co-solubilization method. Irradiations were carried out at 685 nm using an InGaAIP diode laser.

Results: The ATPase activity of the membrane fraction was not altered with exposition to irradiation doses between 4 and 24 J/cm<sup>2</sup>. However, with irradiation doses ranging from 32 to 40 J/cm<sup>2</sup>, a 28% increase on the ATPase activity was observed while when using up to 50 J/cm<sup>2</sup> no additional enhancement was observed. When biostimulation was done using the solubilized and purified enzyme or the DPPC:DPPE-liposome reconstituted enzyme, an increase of about 36–40% on the ATPase activity was observed using only 4–8 J/cm<sup>2</sup>. With irradiation above these values (24 J/cm<sup>2</sup>) no additional increase in the activity was observed. These studies revealed that the biostimulation of ATPase activity from different forms of the Na,K-ATPase is dose dependent in different ranges of irradiation exposure. The stimulation promoted by visible laser doses was modulated and the process was reverted after 2 h for the enzyme present in the membrane and after about 5 h for the solubilized or the reconstituted in DPPC:DPPE-liposomes.

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### 1. Introduction

"Biostimulation" or "biomodulation" are processes induced by low-intensity (the output power of laser devices in the mW range) irradiation that is characterized by its ability to induce stimulatory effects [1–4].

The explanation of the photobiological effects of laser light is based on the light absorption by primary endogenous chromophores (mitochondrial enzymes, porphyrins, flavins, cytochromes). Many studies *in vivo* and *in vitro* showed the influence of laser irradiation on cellular functional state [2–4]. At the same time, other groups of work found no detectable effects from low visible light exposure [1].

Primary changes in the structure of the lipid bilayer of a red cell membrane in response to visible laser irradiation and activation of an antioxidant system were observed [5]. It was established that laser irradiation of blood from patients with exertion stenorcadia was accompanied by the increase of the activity of erythrocyte membrane ATP-ases, as an indicative of erythrocyte deformability and

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positive changes of cardial function [5,6]. It was suggested that optimization of structural-functional organization of the erythrocyte membrane as a result of laser irradiation may be the basis for the observed improvement of the cardiac function in patients under a course of laser therapy [2].

Laser light processes present some special features, which allow it to selectively and precisely influence some targets, including biological ones [1,4,7]. The biological effects of irradiation depend on wavelength, power, time of exposure and irradiation dose or fluence [7,8]. Small doses induce stimuli, large doses depress physiologic processes, while extreme ones cause destruction of biological structures (as for example, a lipoperoxidation or heating which causes protein denaturation) [7,9–12]. Laser light biostimulation is mainly a photobiological phenomenon, but the response of biological membranes and their components to low-power laser irradiation has not been fully elucidated [2].

In our group we have been working with the  $(\alpha\beta)_2$  form of Na,K-ATPase from the outer medulla of rabbit kidney [13–16]. Na,K-ATPase is a member of the P-type family of active cation transport proteins. It is found in the plasma membrane of virtually all animal cells and has been isolated in membrane-bound form from tissues rich in protein, such as mammalian kidney [17]. The enzyme complex undergoes a conformational change between two main reactive states,  $E_1$  and  $E_2$ , in the multi-step reaction sequence in which 3 Na<sup>+</sup> ions and 2 K<sup>+</sup>ions traverse the membrane [18–20].

It is well established that the enzyme complex consists of two polypeptide chains: the  $\alpha$ -subunit or catalytic chain (relative molecular mass  $\sim \! 110 \; kDa$ ) that is responsible for the enzymatic activity of the complex [19,21], and the  $\beta$ -subunit (relative molecular mass 35–50 kDa) that has a structural function, and may also play a functional role in the catalytic reaction and ion-pumping mechanism [19,22]. A third  $\gamma$ -subunit (found only in the kidney) is a small hydrophobic proteolipid (relative molecular mass 7–12 kDa) that is associated with the Na,K-ATPase which, although not essential either for catalytic activity or for ion transport, does act as a kinetic regulator [23–25].

The Na,K-ATPase has been solubilized in several detergent systems and purified by different methods [13,15,26] to yield a form which permits reconstitution into phospholipid vesicles [14,26–29]. The complete solubilization of the phospholipid is critical for the success of the subsequent formation of proteoliposomes [30]. The best results for Na,K-ATPase reconstitution were obtained using a 1:1 (w/w) DPPC:DPPE mixture with a lipid:protein 1:3 (w/w) ratio resulting in proteoliposomes containing 89% of protein with average diameter of 140 nm with a 80% recovered ATPase activity. Integrity studies of the Na,K-ATPase in this vesicular system have demonstrated that the enzyme is reconstituted with the ATP hydrolysis site located at the external side of the

lipid bilayer vesicle, called *inside-out* orientation [14,28,29].

The biostimulation and therapeutic effects of low-power visible irradiation of different wavelengths and light doses are well known, but the exact mechanism of action of the laser irradiation with living cells is not yet understood [1–4,31–33]. The role of membrane ATPases as possible targets was analyzed. The aim of the present work was to investigate its effect at 685 nm and radiant doses varying between 4 and 44 J/cm² in the structure of Na,K-ATPase purified, membrane fraction and reconstituted DPPC:DPPE-liposome.

#### 2. Materials and methods

#### 2.1. Materials

All solutions were made with Millipore DirectQ ultra pure apyrogenic water and all reagents were of the highest purity commercially available: trichloroacetic acid (TCA); tris[hydroxymethyl] aminomethane (Tris); N-(2-hydroxyethyl) piperazine-N'-ethanesulfonic acid (HEPES); adenosine-5'-triphosphate Tris salt (ATP); bovine serum albumin (BSA) and dodecyloctaethyleneglycol (C<sub>12</sub>E<sub>8</sub>), dipalmitoylphosphatidylcholine (DPPC) and dipalmitoylphosphatidylcholine (DPPE) were from Sigma Chemical Co. (St. Louis, MO, USA). Ethylenediaminetetracetic acid (EDTA), KCl, NaCl and MgCl<sub>2</sub> were from Merck. Biobeads were from BioRad.

## 2.2. Preparation of Na,K-ATPase

Membrane-bound and solubilized Na,K-ATPase was obtained from the dark red outer medulla of the kidney of adult New Zealand white rabbits (*Oryctolagus cuniculus*) as previously described [15].  $C_{12}E_8$  solubilized enzyme was concentrated in a YM-10 Amicon filter, dialyzed overnight at 4 °C against 5 mM Tris–HCl buffer, pH 7.0, containing 1 mM EDTA, 150 mM KCl and 0.005 mg/mL  $C_{12}E_8$ . The enzyme was purified by gel filtration at 4 °C on a Sepharose 6FF column ( $26 \times 200$  cm) equilibrated and eluted in the same buffer, using a flow rate of 1 mL/min, in an AKTA Purifier equipment. Finally, 1.0 mL aliquots were frozen in liquid nitrogen and stored at -20 °C. The molecular mass obtained for the purified enzyme was 320 kDa which is consistent with the ( $\alpha\beta$ )<sub>2</sub> form.

# 2.3. Reconstitution of Na,K-ATPase in DPPC:DPPE-liposomes

Proteoliposomes of DPPC:DPPE were prepared by cosolubilization of lipids, protein and detergent in a weight ratio of 1:1 lipid:lipid and 1:3 lipid:protein as previously described [14,29]. The lipid mixture was dissolved in chloroform and dried with nitrogen flow to deposit a thin lipid film on the wall of the glass tube. These films were then dried under vacuum for about 1 h. This lipid film was

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