

**CONGRESS REPORT**

Edited by Marcia Ramos-e-Silva, MD, PhD

**Ninth World Congress of the International Academy of
Cosmetic Dermatology, Athens, Greece, June 27-30, 2013**

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The Ninth World Congress of the International Academy of Cosmetic Dermatology (IACD) was held in Athens, Greece, from June 27-30, 2013 under the joint presidency of Christina Antoniou and Andreas Katsambas, Athens, Greece (Figure 1). The International Academy of Cosmetic Dermatology (IACD), Hellenic Society of Dermatology and Venereology (HSDV), and the University of Athens Medical School skillfully organized the Congress (Figure 2). This extraordinary venue in the cradle of Western civilization and the birthplace of democracy helped to make the Congress a great success.

Highlights: An overview

A rich and colorful academic program was led by some of the most authoritative names in the many areas of cosmetic dermatology. Speakers came from all corners of the globe (Figure 3).

The Eugene Van Scott Lecture, named in honor of Dr. Van Scott's many contributions to dermatology and to cosmetic dermatology, in particular, was delivered by William P. Coleman (New Orleans, LA) who opined on where we are with invasive and noninvasive body contouring. He stressed that liposuction remains the gold standard for body contouring, but there are many new devices available to the cosmetic dermatologist.

Marina Papoutsaki, Athens, Greece, introduced us to what is new in psoriasis with special emphasis on how perceptions are slowly changing from that of a purely skin manifestation to a complex, systemic disease. This has led to the development of new, advanced treatments, giving dermatologists an enhanced armamentarium to counter the disease, which is, in turn, leading to increasingly efficacious patient outcomes.

Two excellent case reports won this year's Edward L. Keyes Award for the best Resident Papers, established in 2012 in memory of Dr. Keyes, a New York dermatologist, who might be considered the first cosmetic dermatologist for having developed the cutaneous punch, better known as the Keyes punch. The winners of the contest, Dominique C Pichard, MD, Washington, DC, and Navid Ezra, MD, Indianapolis, IN, presented their case reports: (1) zinc deficiency disorders among extremely premature infants, and (2) localized scleroderma treated with ablative fractional laser therapy and injectable fillers, respectively (Figure 4).

Many interesting and novel observations were shared throughout the scientific sessions and the poster presentations. Experts from around the world offered pearls for diagnosis and treatment of both common and rare skin conditions. A faculty of 124 participants offered their expertise to 831 delegates through 13 workshops, 18 sessions, 3 satellite symposia, 6 free communications sessions (45 abstracts), 4 sponsored lectures, and 1 special session. There were also 55 posters and 55 exhibitors. A true worldly mix of attendees from 71 countries, included visitors from Argentina, Japan, New Zealand, Luxembourg, Singapore, Yemen, and China, to name a few.

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Fig. 1 Lawrence Charles Parish and Andreas Katsambas.



Fig. 3 Torlief Roykenes, Marcia Ramos-e-Silva, Larry E. Millikan, Francisco Perez Atamoros, and Lawrence Charles Parish.

The nearby Andreas Syggros Hospital Museum extended its weekend hours to accommodate viewing of their impressive collection of wax models, the first of its kind, created by the Hospital Director and Professor of Dermatology, G.O. Foteinos starting in 1912.

The program in review

The special session, entitled “Tulane” (as in everyone presenting was affiliated with Tulane University), was chaired by Larry E. Millikan, Meridian, MS (Figure 5). It was filled with a potpourri of remarkable individuals discussing a variety of issues in contemporary dermatology. Lisa Donofrio, New Haven, CT, spoke about what’s new in lipofilling and pointed out that the fat is replete with stem cells, which have great potential for regenerative medicine. William Coleman, New Orleans, LA, Editor-in-Chief of *Dermatologic Surgery*, presented results from some of the most interesting submitted papers in the past year. Lawrence Charles Parish, Philadelphia, PA, gave a historical and heartfelt presentation on the pathfinder for American dermatology Louis A. Duhring (1845-1913) on the centennial of his death. Jennifer L. Parish, Philadelphia, PA, discussed the potential for complications inherent to the so-called “lunch-time” cosmetic procedures and how to handle both the “oops” and the patient in such situations. In his presentation on the aging face: Optimal medical-surgical aspects, Larry E. Millikan recommended the correct combination of retinoids, implants, and neuroblockers to achieve the desired goal.

In the session on lasers, Konstantinos Neamonitos, Athens, Greece, stated that full resurfacing with CO₂ and Erbium-Yag lasers undoubtedly gives better results in scars, wrinkles, and photodamaged aged skin than fractional resurfacing but does cause more complications, such as edema, erythema, and hyperpigmentation that may take months to resolve. Christoforos Tzermias, Athens, Greece, spoke about the shift to nonablative techniques, also known as dermal remodeling, subsurface resurfacing, or laser toning, as the new focus.

Mohamed Amer, Cairo, Egypt, discussed melasma and its relationship to hormonal levels and sun exposure. Tania Cestari, Rio Grande do Sul, Brazil, acquainted us with the particulars of extrafacial melasma, and Chee-Leok Goh, Singapore, Singapore, commented how melasma should be managed as a chronic relapsing disorder akin to psoriasis where induction and maintenance phases of treatment are necessary.

Sibel Alper, Istanbul, Turkey, gave an in-depth presentation about the treatment of vitiligo, underscoring that the face and trunk lesions respond better than other areas, while hands, feet, perioral, and periorbital lesions are refractory to treatment. Torello Lotti, Rome, Italy, introduced new treatments for vitiligo, such as microphoto therapy with narrowband UVB Excimer laser and monochromatic Excimer light.

Marcia Ramos-e-Silva, Rio de Janeiro, Brazil, spoke on the importance of photoprotection for skin of various colored patients. Dusan Skiljevic, Beograd, Serbia, presented the



Fig. 2 The Conference Logo.

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