

heptad positions a, d, e, and g are crucial in stabilizing keratin structure, positions a and d might be more critical than positions e and g for stabilizing keratin structure. In addition, the acidity/polarity of the substituted amino acid is also related to keratin structure and the phenotypic severity of EHK.

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Letter to the Editor

Histamine, TNF, C5a, IL-6, -9, -18, -31, -33, TSLP, Neopterin, and VEGF are not elevated in chronic spontaneous urticaria



Spontaneous urticaria is a common skin disorder which is classified as acute or chronic depending upon disease duration (less or more than 6 weeks, respectively). At any one time, 0.5–1% of the population is thought to be suffering from chronic spontaneous urticaria (CSU). CSU is debilitating and results in a

large socio-economic burden due to a reduction in performance of 20–30% [1]. The underlying cause of CSU is rarely identified, therefore, symptomatic treatment is the most frequently used form of management [1,2]. Treatment aims to ameliorate or suppress symptoms by inhibiting the release and/or the effect of mast cell mediators [2]. There are only a few differential diagnoses to CSU, including Schnitzler syndrome, urticaria vasculitis and Muckle Wells syndrome in patients with wheals, and ACE-inhibitor-induced or hereditary angioedema in patients

Table 1

Previously reported markers in chronic spontaneous urticaria.

Measured marker	Number of patients vs. controls	Number of centers	Correlation with disease activity	Ref.
IL-9	~50 vs. 48	1	No	[6]
IL-18	55 vs. 20	1	No	[7]
	73 vs. 40	1	No	[8]
IL-31	46 vs. 28	1	Not analyzed	[9]
MMP-9	29 vs. 18	1	No	[10]
	52 vs. 30	1	Yes	[11]
Neopterin	28 vs. 96	1	No	[12]
TNF, IL-6, IL-13, IL-12p70, IL-10	29 vs. 33	1	Not analyzed	[4]
VEGF	80 vs. 53	2	Yes	[13]

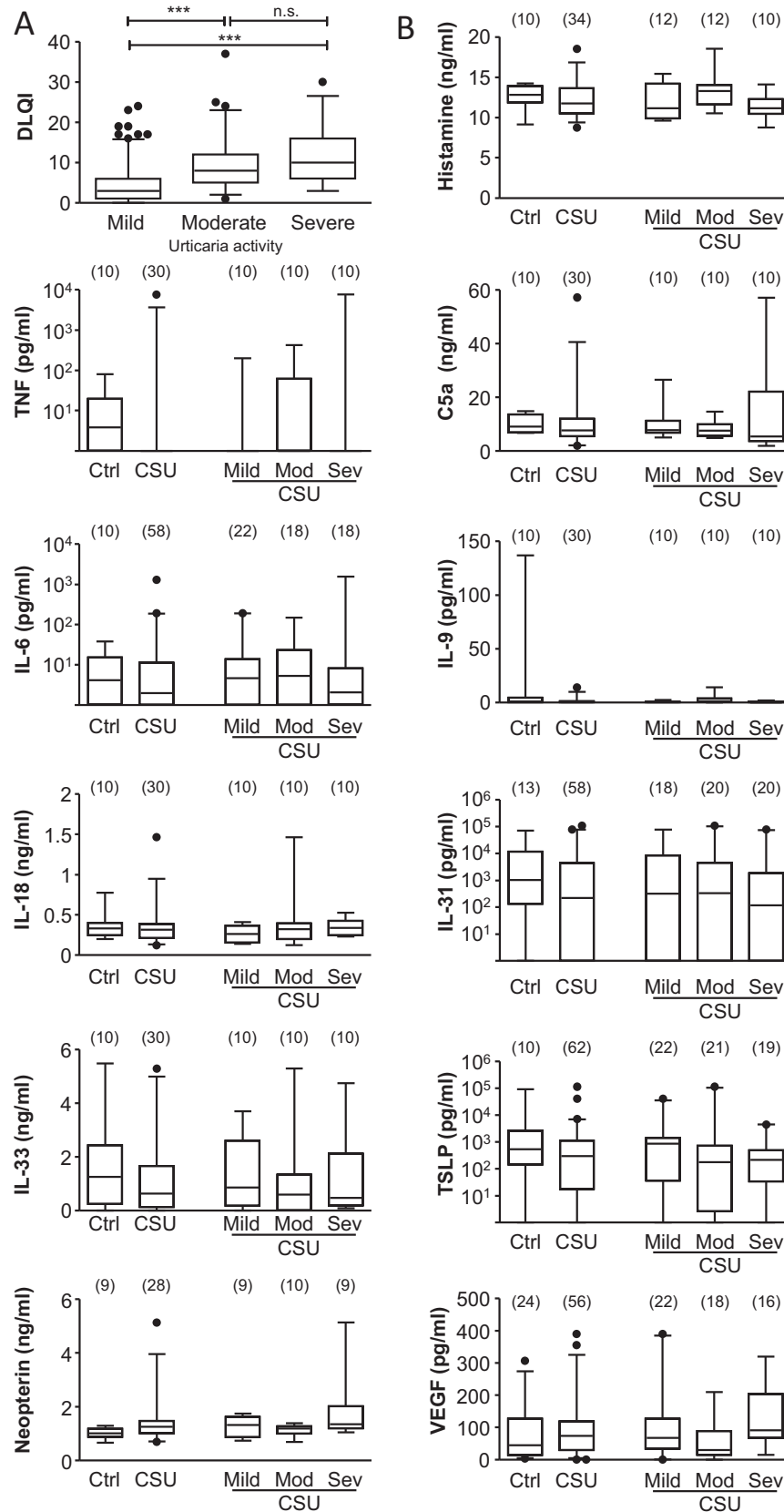


Fig. 1. (A) Differences in Dermatology Life Quality Index (DLQI) in different disease severity subgroups as defined by urticaria activity score (UAS): mild ($n = 164$) = UAS 1–15, moderate ($n = 131$) = UAS 16–29, severe ($n = 33$) = UAS 30–42 and (B) sera concentrations of different possible disease mediators in healthy controls (Ctrl) and patients with chronic spontaneous urticaria (CSU). Different numbers of samples were analysed, number of patients per group is given in parentheses. All data are shown with median and lower and upper quartile, whiskers represent the 5th and the 95th percentile.

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