## Accepted Manuscript

Impact of a Mental Health Curriculum for High School Students on Knowledge and Stigma: A Randomized Controlled Trial

Robert Milin, MD, Stanley Kutcher, MD, Stephen P. Lewis, PhD, Selena Walker, MA, Yifeng Wei, MEd, Natasha Ferrill, BA, Michael A. Armstrong, MA

PII: S0890-8567(16)30044-2

DOI: 10.1016/j.jaac.2016.02.018

Reference: JAAC 1392

- To appear in: Journal of the American Academy of Child & Adolescent Psychiatry
- Received Date: 25 October 2015
- Revised Date: 25 February 2016

Accepted Date: 25 February 2016

Please cite this article as: Milin R, Kutcher S, Lewis SP, Walker S, Wei Y, Ferrill N, Armstrong MA, Impact of a Mental Health Curriculum for High School Students on Knowledge and Stigma: A Randomized Controlled Trial, *Journal of the American Academy of Child & Adolescent Psychiatry* (2016), doi: 10.1016/j.jaac.2016.02.018.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



**Classroom Mental Health Education** 

## Impact of a Mental Health Curriculum for High School Students on Knowledge and Stigma:

## A Randomized Controlled Trial

RH = Classroom Mental Health Education

Robert Milin, MD, Stanley Kutcher, MD, Stephen P. Lewis, PhD, Selena Walker, MA, Yifeng Wei,

MEd, Natasha Ferrill, BA, Michael A. Armstrong, MA

This article is discussed in an editorial by Dr. Bernice Pescosolido on page xx.

Clinical guidance is available at the end of this article.

Supplemental material cited in this article is available online.

Accepted March 2, 2016

Dr. Milin, Mss. Walker and Ferrill and Mr. Armstrong are with The Royal Ottawa Mental Health Centre, Institute of Mental Health Research, University of Ottawa, Ottawa. Dr. Kutcher and Ms. Wei are with IWK Health Centre, Dalhousie University, Halifax, NS, Canada. Dr. Lewis is with University of Guelph, Guelph, ON, Canada.

This study was funded by The Royal Ottawa Foundation and supported by the University of Ottawa Institute of Mental Health Research, with grants from Telus, The Ottawa Senators Foundation, and the Do It For Daron (DIFD) fund. The sponsors played no role in the conduct of the study; collection, management, analysis, and interpretation of the data; preparation or approval of the manuscript.

The authors would like to thank the Ottawa-Carleton District School Board, the Ottawa Catholic School Board, and the Renfrew County District School Board for their assistance in this study, as well as the teachers and students who volunteered to be part of it. The authors would also like to thank Darcy Santor, PhD, University of Ottawa, for his contribution to the items on attitudes towards mental illness.

Disclosure: Dr. Milin has served on the Pediatric Advisory Board of US WorldMeds and has received speakers' honoraria for CME activity from the American Academy of Addiction Psychiatry. Dr. Kutcher serves as the Sun Life Financial Chair in Adolescent Mental Health. Dr. Lewis, Mss. Walker, Wei, and Ferrill, and Mr. Armstrong report no biomedical financial interests or potential conflicts of interest.

Correspondence to Robert Milin, MD, FRCPC, FAPA, Associate Professor, University of Ottawa, Department of Psychiatry, 1145 Carling Ave., Ottawa, Ontario, Canada K1Z 7K4; email: Robert.Milin@theroyal.ca.

Download English Version:

https://daneshyari.com/en/article/324456

Download Persian Version:

https://daneshyari.com/article/324456

Daneshyari.com