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Frontal and right temporal activations correlate negatively with depression severity during verbal fluency task: A multi-channel near-infrared spectroscopy study

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ABSTRACT

Multi-channel near-infrared spectroscopy (NIRS) is a noninvasive, on-the-spot, functional neuroimaging technique allowing detection of the spatiotemporal characteristics of brain activity. Previous NIRS studies indicated the oxy-hemoglobin (oxy-Hb) increase during a verbal fluency task (VFT) is attenuated in patients with major depressive disorder (MDD) as compared with healthy controls. However, the possible relationship between depression symptom severity and oxy-Hb change on NIRS has not yet been elucidated. To examine this relationship, we recruited 30 patients with MDD and 30 age-, gender- and intelligence quotient-matched controls. All underwent NIRS during VFT. As expected, the oxy-Hb increase during the task was significantly smaller in patients than in controls. After false discovery rate correction using 31 channels, the mean increase in oxy-Hb during the task showed a significant negative correlation with the total score of the Hamilton Rating Scale for Depression 21-item version (ch25: rho = −.56; FDR-corrected *p*: .001). When each item of the HAM-D21 was examined individually, insomnia early in 9 channels (rho = −.63 to −.46; FDR corrected *p*: .000–.014), work and activity in 2 channels (rho = −.61 to −.57; FDR corrected *p*: .001 to .003) and psychomotor retardation in 12 channels (rho = −.70 to −.44; FDR corrected *p*: .000–.018) showed significant negative correlations with the mean oxy-Hb increase in the right frontal temporal region. Although it is possible that our results were affected by medication, these data suggest reduced right frontal temporal activation on NIRS during VFT is related to the symptom severity of MDD.

1. Introduction

Major depressive disorder (MDD) is a severe and common psychiatric disorder with a lifetime prevalence of 6.7 per 100 (Waraich et al., 2004). Although depressive symptoms per se do not specifically appear in MDD but also in other psychiatric disorders including bipolar disorders, we do not have an objective diagnostic marker to obtain a clear-cut diagnosis for those patients. In Japan, a relatively new neuroimaging method, near-infrared spectroscopy (NIRS) has been approved by the Ministry of Health, Labor and Welfare as a highly advanced medical technology to help distinguish between schizophrenia, depression and bipolar disorders in 2009. Verbal fluency task (VFT) is recommended as an activation task because of a relatively rich store of data. VFT is an easy task to examine the executive function and frequently used in neuroimaging studies (Alvarez and Emory, 2006) and is known to activate prefrontal cortex (PFC) in healthy subjects (Frith et al., 1991; Schlösser et al., 1998). Numerous neuropsychological studies suggest that patients with MDD show executive dysfunction (Gohier et al., 2009; Rose and Ebmeier, 2006; Fossati et al., 2003; Porter et al., 2003; Degl'Innocenti et al., 1998).

Multi-channel near-infrared spectroscopy (NIRS) is a noninvasive, on-the-spot, restraint-free functional neuroimaging technique allowing detection of the spatiotemporal characteristics of brain

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function near the brain surface using near-infrared light (Strangman et al., 2002a; Boas et al., 2004). NIRS has enabled bedside measurement of the concentrations of oxy-hemoglobin (oxy-Hb) and deoxy-hemoglobin (deoxy-Hb) changes with a high time resolution (.1 s). The concentrations of oxy-Hb and deoxy-Hb are assumed to reflect the regional cerebral blood volume (rCBV) changes, which was supported by the simultaneous NIRS and PET study (Villringer et al., 1997; Ohmae et al., 2006).

In fact, numerous studies have demonstrated that the oxy-Hb increase in the fronto-temporal regions during a VFT is significantly smaller in patients with MDD than in those with bipolar disorder or healthy controls (Pu et al., 2008; Kameyama et al., 2006; Suto et al., 2004; Matsuo et al., 2002). Moreover, NIRS studies using VFT have also demonstrated frontal lobe dysfunction in schizophrenia (Suto et al., 2004; Takizawa et al., 2008), and panic disorder (Nishimura et al., 2007). However, the relationship between depression symptom severity at the time of examination and oxy-Hb change on NIRS has not yet been clarified.

In neuroimaging studies using other methodologies, focusing on cortex level that NIRS reflects, positron emission tomography (PET) studies found that abnormal reductions of cerebral blood flow (CBF) and metabolism in patients with MDD in PFC (Kimbrell et al., 2002; Bench et al., 1995; Mayberg et al., 1994; Baxter et al., 1989). As for the relationship between executive function and CBF or metabolism, Elliott et al. (1997) showed activation in PFC was significantly attenuated relative to controls during the Tower of London planning task in PET study. In a functional magnetic resonance imaging (fMRI) study, depressed patients showed significant decreased prefrontal activation during VFT (Okada et al., 2003).

As for the relationship between depression symptom severity and frontal lobe function, Brody et al. (1999) found a positive correlation between change in Hamilton Rating Scale for Depression (HAM-D) scores and change in normalized inferior frontal gyrus (IFG) and ventrolateral PFC (VLPFC) metabolism, which indicates that IFG metabolism increased and VLPFC metabolism decreased as depression symptoms became better. Other initial studies also suggest that abnormal functions in dorsolateral PFC (DLPFC) are mood state dependent, attenuated during the depressed mood and reversing during symptom remission (Bench et al., 1995; Mayberg et al., 1994). In contrast, Drevets et al. (2002) showed the persistence of abnormal metabolic deficits using PET measures in the dorsomedial/dorsal anterolateral PFC in MDD during treatment. According to a review by Drevets (2000), a complex relationship exists between depression symptom severity and metabolic activity in the orbital cortex and VLPFC.

Findings obtained by more recent studies investigating cross-sectional relationship between depression symptom severity and brain function assessed by basal regional CBF and metabolism are also inconsistent. For example, Périco et al. (2005) reported that depression symptom severity was negatively correlated with regional CBF (rCBF) in the left amygdala, lentiform nucleus, and parahippocampal gyrus, and positively correlated with rCBF in the right postero-lateral parietal cortex, whereas Milak et al. (2005) showed only positive correlations in bilateral mesiotemporal cortex, parts of the ventral subgenual basal forebrain, and most of the thalamus, hypothalamus, ventral striatum, and midbrain. Accordingly more studies are warranted to clarify the relationship between depression severity and brain activity including frontal lobe function.

In the present study, considering the consistent finding of attenuated oxy-Hb changes during VFT in the fronto-temporal regions in depression, we hypothesized that oxy-Hb changes during VFT in NIRS could be objective indicators of depressive symptom severity. Thus, we used multi-channel NIRS to investigate the relationship between oxy-Hb changes and symptom severity in patients with MDD. Because NIRS can be measured easily and noninvasively in a restraint-free environment over a short amount of time we expect that NIRS can be widely used to assess objectively depressive symptom severity as a clinical examination.

2. Materials and methods

2.1. Subjects

The subjects were 30 patients with MDD, and 30 healthy volunteers matched for age, gender and premorbid intelligence quotient (IQ). Premorbid IQ was estimated using the Japanese version of the National Adult Reading Test (Matsuoka et al., 2006). All subjects were right-handed according to the Edinburgh Inventory (Oldfield, 1971) and were native speakers of Japanese. All MDD subjects were outpatients of the National Center of Neurology and Psychiatry Hospital in Tokyo, Japan. They were diagnosed according to the Structured Clinical Interview for the Diagnostic Statistical Manual of Mental Disorders, 4th edition (DSM-IV) Axis I Disorders (SCID-I; First et al., 1995) by experienced psychiatrists. All patients were medicated with antidepressants. Twenty-seven out of 30 patients were prescribed with one or two antidepressants, 16 with SSRIs, 12 with tricyclics, 7 with milnacipran, 5 with tetracyclics, 2 with trazodone and 1 with mirtazapine. In addition, 20 patients were prescribed with anxiolytics, 16 with hypnotics, 7 with mood stabilizers and 9 with antipsychotics (Supplementary Table 1). Daily doses of all antidepressants were converted to an equivalent dose of imipramine (Inagaki and Inada, 2006) and anxiolytics/hypnotics to that of diazepam (Inagaki and Inada, 2006) for each patient. The controls were healthy volunteers recruited from the same geographical area through advertisements in free local magazines and our website announcement. They were interviewed using the SCID-I for MDD or SCID-NP for healthy volunteers and an unstructured interview for family history, and those individuals who had a current or past history of Axis I psychiatric disorder or a positive family history of Axis I psychiatric disorder within their first degree relatives were excluded. The exclusion criteria for both groups were previous head trauma, neurological illness, a history of electroconvulsive therapy, alcohol/substance abuse or addiction.

After the study procedures had been fully explained, written informed consent was obtained from every participant. This study was approved by the ethics committee of the National Center of Neurology and Psychiatry.

2.2. Clinical assessment

Depressive symptoms and the level of social functioning were evaluated by a single experienced psychiatrist using the GRID Hamilton Rating Scale for Depression 21-item version (GRID HAM-D21; Kalali et al., 2002) and Global Assessment of Functioning scores (GAF; American Psychiatric Association, 1994), respectively, without knowledge of the NIRS data on the same day that the NIRS measurements were conducted. Sleepiness was evaluated as the score on the Stanford Sleepiness Scale (SSS; Hoddes et al., 1973).

2.3. Activation task

The activation task was a letter version of VFT similar to that described by Takizawa et al. (2008). During the VFT, changes in oxy-Hb and deoxy-Hb were measured. The VFT consisted of a 30-sec pre-task baseline, a 60-sec VFT, and a 70-sec post-task baseline. The subjects were instructed to repeat the syllables /a/, /i/, /u/, /e/ and /o/ during the pre-task and post-task baseline periods. For the VFT, the subjects were instructed to generate as many words as possible.

One of the three initial syllables (A; 0–20 s /a/, /to/, or /na/, B; 20–40 s /i/, /ki/, or /se/, C; 40–60 s /o/, /ta/, or /ha/) was randomly