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Aspergillus in the lower respiratory tract of immunocompetent critically ill patients



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KEYWORDS Aspergillus; Mechanical ventilation; ARDS; Bacterial infection; Immunocompromized **Summary** *Objectives:* To shed light on the meaning of *Aspergillus*-positive lower-respiratory-tract samples in non immunocompromized critically ill patients.

Methods: Multicentre matched case-control (1:5) study. We used prospectively collected data to identify risk factors for *Aspergillus*-positive specimens, as well as outcomes in *Aspergillus*-positive patients.

Results: 66 cases (5 with definite invasive pulmonary aspergillosis (IPA), 18 with probable IPA, and 43 colonisations) were matched to 330 controls. In the multivariate conditional logistic

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model, independent risk factors for at least one Aspergillus-positive respiratory-tract specimen were worse SAPSII at admission [OR, 1.10; 95%CI, 1.00–1.21], ARDS [OR, 2.64; 95%CI, 1.29–5.40]; long-term steroid therapy [OR, 4.77; 95%CI, 1.49–15.23]; steroid therapy started in the ICU [OR, 11.03; 95%CI, 4.40–27.67]; and bacterial infection [OR, 2.73; 95%CI, 1.37–5.42]. The risk of death, compared to the controls, was not higher in the cases overall [HR, 0.66; 95%CI, 0.41–1.08; p = 0.1] or in the subgroups with definite IPA [HR, 1.60; 95% CI, 0.43–5.94; p = 0.48], probable IPA [HR, 0.84; 95%CI, 0.28–2.50; p = 0.76], or colonisation [HR, 0.58; 95%CI, 0.33–1.02; p = 0.06]. In cases who received antifungal therapy, mortality was not lower than in untreated cases [HR, 0.67; 95%CI, 0.36–1.24; p = 0.20].

Conclusions: In critically ill immunocompetent patients, risk factors for presence of Aspergillus in lower respiratory tract specimens are steroid therapy (either chronic or initiated in the ICU), ARDS, and high severity of the acute illness. Prospective studies are warranted to further examine these risk factors and to investigate immune functions as well as the impact of antifungal therapy on patient outcomes.

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Introduction

The clinical spectrum of pulmonary aspergillosis depends on the level of immune competence.^{1,2} Aspergillus invades the lungs in patients with immunological deficiencies, particularly those affecting the monocytes/macrophages and neutrophils.³ Cooperation between these cells of the innate immune system and T lymphocytes is also required to control the spread of Aspergillus.⁴ Thus, invasive aspergillosis has been reported chiefly in immunocompromised patients with either prolonged neutropenia due to induction chemotherapy for acute leukaemia or allogeneic stem cell transplantation. Furthermore, among patients in the intensive care unit (ICU), those with chronic obstructive pulmonary disease $(COPD)^{5-7}$ or sepsis followed by post aggressive immunosuppression, immunoparalysis or compensatory anti-inflammatory response syndrome (CARS)^{8,9} are at high for aspergillosis. An international consensus panel convened by the European Organisation for the Research and Treatment of Cancer/Mycosis Study Group (EORTC/MSG) developed diagnostic criteria for invasive aspergillosis in immunocompromised patients with cancer and haematopoietic stem cell transplantation.¹⁰

In the past decade, reports of *Aspergillus*-positive specimens found unexpectedly in critically ill patients have raised concern.^{11–13} *Aspergillus* was recovered from the respiratory tract of ICU patients who had none of the classical host-related risk factors identified during the EORTC/ MSG consensus conference.^{11,14,15} Some of these patients clearly had invasive pulmonary aspergillosis (IPA).^{16–18} However, criteria for distinguishing between invasive aspergillosis and *Aspergillus* colonisation remain controversial.^{15,19,20} Clinical algorithms appropriate for ICU patients have been developed to assist in this diagnosis.^{15,21,22} The diagnostic challenges are greatest in patients with *Aspergillus*-positive specimens but none of the recognised risk factors, that is, in immunocompetent patients.

In this study, our objective was to shed light on the meaning of *Aspergillus*-positive lower-respiratory-tract samples in immunocompetent ICU patients by performing a multicentre matched case-control study. We used prospectively collected data to identify risk factors for

Aspergillus-positive specimens, as well as outcomes in *Aspergillus*-positive patients.

Methods

We conducted a matched case-control study using data collected in a prospective multicentre database (OutcomeRea[®]; www.outcomerea.org) from January 1996 to October 2009. This study was approved by our institutional review board (CECIC Clermont Ferrand – IRB n° 5891; Ref: 2007-16); according to French legislation, the board waived the need for signed informed consent from patients included in the database. However, patients and their next of kin were asked whether they were willing to participate in the database, and none refused to participate.

OutcomeRea[®] database

OutcomeRea[®] is a high-quality database that has been described elsewhere.²³ Briefly, the database, fed by 12 French ICUs, contains data on admission features and diagnosis, daily disease severity, iatrogenic events, noso-comial infections, and vital status. Data for a random sample of at least 50 consecutive patients >16 years of age are entered into the database each year in each ICU. Each participating ICU chooses to select either consecutive admissions to all ICU beds during a single month selected at random or consecutive admissions to a randomly selected sample of ICU beds during the entire year.

The data-capture software automatically conducts multiple checks for internal consistency of most of the variables at entry into the database. Queries generated by these checks are resolved with the source ICU before incorporation of the new data into the database. At each participating ICU, data quality is assessed by having a senior physician from another participating ICU check a 2% random sample of the study data. A 1-day coding course is held annually with the study investigators and contract research organisation monitors. Download English Version:

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