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## Assessing the impact of HAART on the incidence of defining and non-defining AIDS cancers among patients with HIV/AIDS: A systematic review



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**KEYWORDS** 

Acquired immunodeficiency syndrome; Highly active antiretroviral therapy; Carcinoma; Incidence **Summary** After highly active antiretroviral therapy (HAART) became widespread, several studies demonstrated changes in the incidence of defining and non-defining AIDS cancers among HIV/AIDS patients. We conducted a systematic review of observational studies evaluating the incidence of malignancies before and after the introduction of HAART in people with HIV/AIDS. Eligible studies were searched up to December 2012 in the following databases: Pubmed, Embase, Scielo, Cancerlit and Google Scholar. In this study, we determined the cancer risk ratio by comparing the pre- and post-HAART eras. Twenty-one relevant articles were found, involving more than 600,000 people with HIV/AIDS and 10,891 new cases of cancers. The risk for the development of an AIDS-defining cancer decreased after the introduction of HAART: Kaposi's sarcoma (RR = 0.30, 95% CI: 0.28–0.33) and non-Hodgkin's lymphoma (RR = 0.52, 95% CI: 0.48–0.56), in contrast to invasive cervical cancer (RR = 1.46, 95% CI: 1.09–1.94). Among the non-AIDS-defining cancers, the overall risk increased after the introduction of HAART (RR = 2.00, 95% CI: 1.79–2.23). The

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incidence of AIDS-defining cancers decreased and the incidence of non-AIDS-defining cancers increased after the early use of HAART, probably due to better control of viral replication, increased immunity and increased survival provided by new drugs. © 2014 King Saud Bin Abdulaziz University for Health Sciences. Published by Elsevier Limited. All rights reserved.

## Contents

Introduction	2
Methods	3
Inclusion criteria	3
Search and selection of literature	
Data extraction	3
Analysis	3
Results	3
Discussion	6
Non-AIDS-defining cancers (NADCs)	6
Anal cancer	6
Hodgkin's lymphoma	6
Liver cancer	6
Lung cancer	7
Prostate cancer	
AIDS-defining cancers (ADCs)	7
Kaposi's Sarcoma (KS)	7
Non-Hodgkin's Lymphoma (NHL)	7
Invasive cervical cancer (ICC)	8
Conclusion	8
Funding	8
Competing interests	8
Ethical approval	8
References	8

## Introduction

Since 1996, when highly active antiretroviral therapy (HAART) became widespread in North America, Europe and Australia, the mortality rate in HIVinfected patients dropped dramatically, mainly because of the decrease in the incidence of opportunistic infections. In addition to life expectancy, the therapy also affected the epidemiology of non-AIDS-defining cancers (NADCs) and has an important impact on the evolution of these tumors [1].

Before HAART, cancers were responsible for less than 10% of deaths among HIV-infected patients [1]. After HAART, 28% of deaths in this population have been attributed to neoplastic causes [2], despite the substantial decline in the risk of acquiring AIDS-defining cancers (ADCs), especially Kaposi's sarcoma (KS) and non-Hodgkin's lymphoma (NHL) [3]. It is believed that this phenomenon occurs as a function of the increase in the incidence and mortality of NADCs [4]. However, it is still not clear in the literature whether the higher incidence of carcinomas in the post-HAART era is only due to the larger number of new cases of NADCs or if there are other factors involved, such as the longer life expectancy afforded by HAART [3].

Some studies speculate that as HIV patients live longer after the introduction of HAART, there is a greater potential to develop cancers [5]. Other authors believe that the association between different risk factors, such as HIV-infection chronicity and its probable oncogenic role, may be involved [2].

In fact, despite the advances in medicine, cancer is now one of the leading causes of death among patients who live with HIV [6]. This article aims to provide a systematic review to evaluate the impact of HAART on the incidence of defining and non-defining AIDS cancers.

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