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Original Article

Application in robotic urologic surgery

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Abstract

Background: The da Vinci robot system has become the mainstay of minimally invasive surgery and has been used in numerous complex reconstructive procedures. Due to the success of this innovative technology, we attempted to expand our practical model and application of the da Vinci robot system into other urologic surgeries, beginning with robotic-assisted laparoscopic radical prostatectomy (RALRP).

Methods: We retrospectively reviewed a total of 683 patients who underwent robotic-assisted urologic surgery between December 2005 and December 2012. We divided this 8-year course of device use into three periods, and analyzed the surgical capability of operations in 1 day over different periods through a retrospective analysis.

Results: In the first period (2005-2008), 159 cases of robotic-assisted urologic surgeries were performed. A total of 195 cases were performed in the second group (2009-2010), and 329 cases in the third (2011-2012). Starting with radical prostatectomy in December 2005, we performed various types of procedures such as partial nephrectomy, pyeloplasty, nephroureterectomy with cystoprostatectomy, nephroureterectomy with bladder cuff, radical cystoprostatectomy/cystectomy with ileal conduit reconstruction, partial cystectomy, adrenalectomy, nephropexy, simple prostatectomy, ureteral reconstruction, and pyelolithotomy/ureterolithotomy. The mean operation times of prostatectomy, partial nephrectomy, nephroureterectomy with radical cystectomy/cystectoprostatectomy, and nephroureterectomy were 154, 140, 295, and 129 minutes, respectively. *Conclusion*: Based on our experience, a robotic system can be applied to many different types of urologic surgeries both safely and efficiently. Copyright © 2014 Elsevier Taiwan LLC and the Chinese Medical Association. All rights reserved.

Keywords: application; robotic; urologic surgery

1. Introduction

Robotic surgery has become a worldwide trend over the last decade, and has been successfully used to support numerous minimally invasive surgeries. The da Vinci robotic surgery system (Intuitive Surgical Inc., Sunnyvale, CA, USA) has advantages such as three-dimensional magnified vision,

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computer filtration of physiological tremors, and EndoWrist instruments with seven degrees of freedom, which taken altogether make intracorporeal dissection and suturing considerably easier. Since the introduction of the da Vinci surgical system into the field of urology in 1999, the robotic system had been used in many different types of urologic surgeries. The first case of robotic-assisted laparoscopic radical prostatectomy (RALRP) at the Taichung Veterans General Hospital (TCVGH) was performed in December 2005. After our medical personnel accumulated sufficient experience using RALRP, we demonstrated that the console time, blood transfusion rate, and complication rate could be reduced significantly.^{1,2} We also performed partial nephrectomy, radical nephrectomy, radical cystectomy with/without

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bladder reconstruction, partial cystectomy, nephroureterectomy with bladder cuff excision, adrenalectomy, nephropexy, and pyeloplasty.

We studied other robotic urologic surgeries which were performed in a single-institution setting during the period 2005 to 2012. From our review, we showed that the ratio of RALRP to RRP and LRP in the TCVGH had a trend toward RALRP during 2004–2009, and the incidence rate of prostate cancer in Taiwan was also increasing.³ Therefore, we also analyzed the trend in operation numbers involving robotic surgery.

2. Methods

In December 2005, we established a urologic robotics team and adopted use of the conventional four-arm da Vinci robotic system. Thereafter, we performed a retrospective study about the application and use of robotic urologic surgery in a single institute. There were a total of 683 cases from December 2005 to December 2012. The database was IRB-approved and prospectively collected by investigators and the study coordinator. All surgeries were performed by nine operators, but one of the operators performed 582 cases. In our clinical series, radical prostatectomy was performed in 586 cases. There was pelvic lymph node dissection in 14 cases, dismembered pyeloplasty in nine cases, heminephrectomy in one case, partial nephrectomy in 27 cases, nephroureterectomy and radical cystectomy in six cases, nephroureterectomy and radical cystectoprostatectomy in three cases, nephroureterectomy with bladder cuff excision in 11 cases, partial cystectomy in two cases, ureteral reconstruction in one case, pyelolithotomy/ureterolithotomy in two cases, radical cystoprostatectomy or cystectomy with ileal conduit in five cases, nephropexy in two cases, simple prostatectomy in 12 cases, and adrenalectomy in two cases. We presented the perioperative outcome for each procedure, and also divided the 7-year course into three periods and analyzed the surgical capability of operations in 1 day over different periods by utilizing retrospective analysis.

3. Results

A total of 683 cases of robotic urologic surgeries were divided into three groups according to time intervals. The first group underwent operations from December 2005 to 2008 (a total 159 cases in 3 years). The second group had operations in 2009 to 2010 (a total 195 cases in 2 years) and the third group had operations in 2011 to 2012 (a total 329 cases in 2 years). We performed the first RALRP in December 2005, and then started utilizing such robotics with other types of procedures. In the first time interval, we performed radical prostatectomy, partial nephrectomy, and pyeloplasty. Then, we added nephroureterectomy with cystoprostatectomy and nephroureterectomy with bladder cuff excision in the second time interval. Then, we performed partial cystectomy, adrenalectomy, and nephropexy. Furthermore, various urologic surgeries were also performed, such as simple prostatectomy, radical cystoprostatectomy/cystectomy with ileal conduit reconstruction, ureteral reconstruction, and pyelolithotomy/ureterolithotomy (Table 1). There was an obvious increasing trend of radical prostatectomy and partial nephrectomy over these three studied periods.

We also analyzed the total operation time (skin to skin), blood loss and transfusion rate of the major operations and the procedures in larger numbers. The mean operation time of prostatectomy, partial nephrectomy, nephroureterectomy with radical cystectomy/cystectoprostatectomy, and nephroureterectomy was 154, 140, 295, and 129 minutes, respectively. The initial outcomes of different robotic procedures are represented in Table 2. Table 3 lists the reasons and results of all the conversion cases of radical prostatectomy and partial nephrectomy. As stated in our previous report, five of the 10 RALRP cases were due to a malfunction of the robotic system, and all of these occurred within the first 200 cases.⁴ There was no surgical mortality or major complication that required surgical intervention within 30 days of all the applications.

We undertook our first urologic robotic surgery in December 2005.³ As our experience with these procedures grew, we reduced the docking time, console time, and the total operation time; furthermore, we increased the complexity of robotic surgery. We were able to perform two robotic surgeries with a single standard da Vinci surgical system in 1 day for the first time in March 2007, three robotic surgeries a day in August 2009, four robotic surgeries a day in January 2012 and five surgeries a day in December 2012.

Table 1	
Total case numbers and distribution in three time periods.	

	Total numbers	Performed by single surgeon	2005– 2008	2009– 2010	2011– 2012
-	683	582	159	195	329
Radical prostatectomy	586	500	136	170	280
Partial nephrectomy	27	21	8	8	11
bil lymph node dissection	14	9	6	4	4
Dismembered pyeloplasty	9	7	3	1	5
Heminephrectomy	1	1	0	0	1
Nephroureterectomy	6	6	3	2	1
and radical cystectomy					
Nephroureterectomy and radical	3	3	0	3	0
cystectoprostatectomy					
Nephroureterectomy with bladder cuff excision	11	11	0	4	7
Partial cystectomy	2	1	0	0	2
Radical cystoprostatectomy or cystectomy with ileal conduit	5	4	0	0	5
Ureteral reconstruction	1	1	1	0	0
Pyelolithotomy/ ureterolithotomy	2	2	1	0	1
Nephropexy	2	2	0	0	2
Simple prostatectomy	12	12	1	3	8

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