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Breast Reconstruction

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Key Points:

- 1. The aim of the present study is to provide a brief review of prosthesis-based and autologous based breast reconstruction
- 2. The study focuses on the timeline behind reconstruction, the effect of radiation, and how the appropriate surgical method is based on patient selection, sound clinical judgment and surgical technique.
- 3. Regarding autologous reconstruction, the review will provide a brief summary behind the factors optimizing success as well of the role of the physician assistant in flap based reconstruction.

Disclosure: none

Typically, women think about their breasts at least once a day; the attempt to secure them, a need to lift them, the pressure to artificially pump them to super human proportions. It's a love-hate relationship that flowers into existence with adolescent breast buds and ultimately transforms into something with both social and scientific significance. Breasts are more than just organs, they laden hugely powerful and provocative meanings to men and women alike. So, what happens when cancer takes them?

For most women, breast cancer is a sudden and unpredicted diagnosis found only during a routine breast examination. This is a time of numbing anxiety, riddled with fear of the unknown and constant thoughts of worst-case scenarios.

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