



Original Article

Kidney cancer. Heavy metals as a risk factor



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ABSTRACT

The association between exposure to heavy metals and cancer has been extensively studied, although the mechanisms involved are far from being completely understood. Concerning renal cell carcinoma, several heavy metals have been implicated as risk factors, namely cadmium (Cd) and lead (Pb).

Herewith, we investigated the presence and distribution of heavy metals in samples of renal cell carcinoma, as well as adjacent renal tissue (control samples), in patients submitted to radical or partial nephrectomy for renal cell carcinoma. Samples from renal tumour and adjacent renal tissue were processed and observed by Scanning Electron Microscopy coupled with X-Ray Microanalysis (SEM-XRM), in order to detect and quantify heavy metals *in situ*, using the JEOL JSM-6301F microscope.

Our results revealed a significant difference in the composition of heavy metals between the renal adjacent tissue (control) and the tumour tissue. No heavy metal particles were detected in the adjacent (control) tissue, by this technique, but the presence of heavy metals such as chromium (Cr), iron (Fe) and copper (Cu) were detected among other particles which could be seen in the tumour tissue samples.

Our results might suggest a possible role of heavy metals in the oncogenic pathway of renal cell carcinoma. However, there is controversy regarding this topic: 1 - Is this anomalous sequestration of heavy metals just an epiphenomenon or is this a hint of a causal mechanism? 2 - Can heavy metals be used as biomarkers with potential diagnostic or prognostic interest? For example, could they be used to improve the diagnostic value of renal biopsy in clinical practice?

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Introduction

The association between exposure to heavy metals, either occupational or environmental, and cancer has been extensively studied.^{1,2}

The mechanisms involved in heavy metal induced carcinogenicity seem to be diverse and are far from being completely understood.³ Heavy metals are natural elements of the earth's crust. Although not metabolized, some heavy metals participate in some essential metabolic activities: for example, copper (Cu) is essential for the synthesis of hemoglobin and cobalt (Co) is involved in erythropoiesis. However, if the amount of these essential elements exceeds normal levels, they can become toxic and cause serious health risks.⁴

Prolonged exposure to mercury (Hg), lead (Pb), chromium (Cr), cadmium (Cd), arsenic (As), copper (Cu), vanadium (V), nickel (Ni) and zinc (Zn) can cause deleterious health effects in humans, namely, chronic inflammatory conditions and a higher risk for several cancers,

cardiac, pulmonary and neurological diseases.⁵⁻⁷ This scenario has been aggravated by erroneous human intervention that has significantly changed their natural cycle and balance, causing abnormal accumulation and environmental pollution.⁵⁻⁷

Concerning renal cell carcinoma, several heavy metals have been implicated as risk factors, namely Cd⁸ and Pb.⁹ Nevertheless, this causal association has not been definitively established yet.¹⁰

Herewith, we investigated the presence and distribution of heavy metals in samples of renal cell carcinoma, as well as adjacent renal tissue (control samples), in patients submitted to radical or partial nephrectomy for renal cell carcinoma. We used a semi-quantitative high-resolution method of scanning electron microscopy coupled with X-ray elemental microanalysis (SEM-XRM) to detect particles of Cd, Cr, Cu, iron (Fe), aluminium (Al), Ni and Zn.

Materials and methods

Samples of renal cell carcinoma and adjacent renal tissue (control) from seven patients submitted to radical or partial nephrectomy were fixed in a 3% glutaraldehyde solution (adapted from Silva et al., 1987¹¹).

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An SEM-XRM was used to detect and quantify heavy metals *in situ*. First, samples were dehydrated in ethanol and critical point-dried in a Balzer's apparatus. The preparation was mounted on metal stubs, coated by carbon under vacuum and examined in a JEOL JSM-6301F scanning electron microscopy, coupled with a Noran Voyager X-ray elemental microanalyser (XRM) with an Energy Dispersive Spectrometry (EDS) detection system. This method involves two main steps: the first consists of processing tissue samples with secondary electrons, in order to visualize white spots that correspond to the deposition of heavy metals (high molecular weight particles). The second consists in the identification of heavy metal contents in all white and/or opaque inclusions. For that purpose we screened all of the spots with X-ray elemental microanalysis to determine which of them contained heavy and/or dense particles. This was achieved with the backscattered electrons technique. Thus, with SEM coupled with X-ray microanalysis, it was possible to reveal the subcellular content and distribution of heavy particles in the collected tissue samples (renal cell carcinoma or adjacent renal tissue). This technique allows *in situ* identification of heavy metals particles. The micrographs of the samples were derived from secondary and backscattered electron imaging modes.¹²

This study was approved by the local Ethics Committee of Centro Hospitalar de São João, E.P.E., and all of the patients signed an informed consent.

Results

Our results clearly show significant differences in heavy metal concentrations between the tumour samples and the controls (sur-

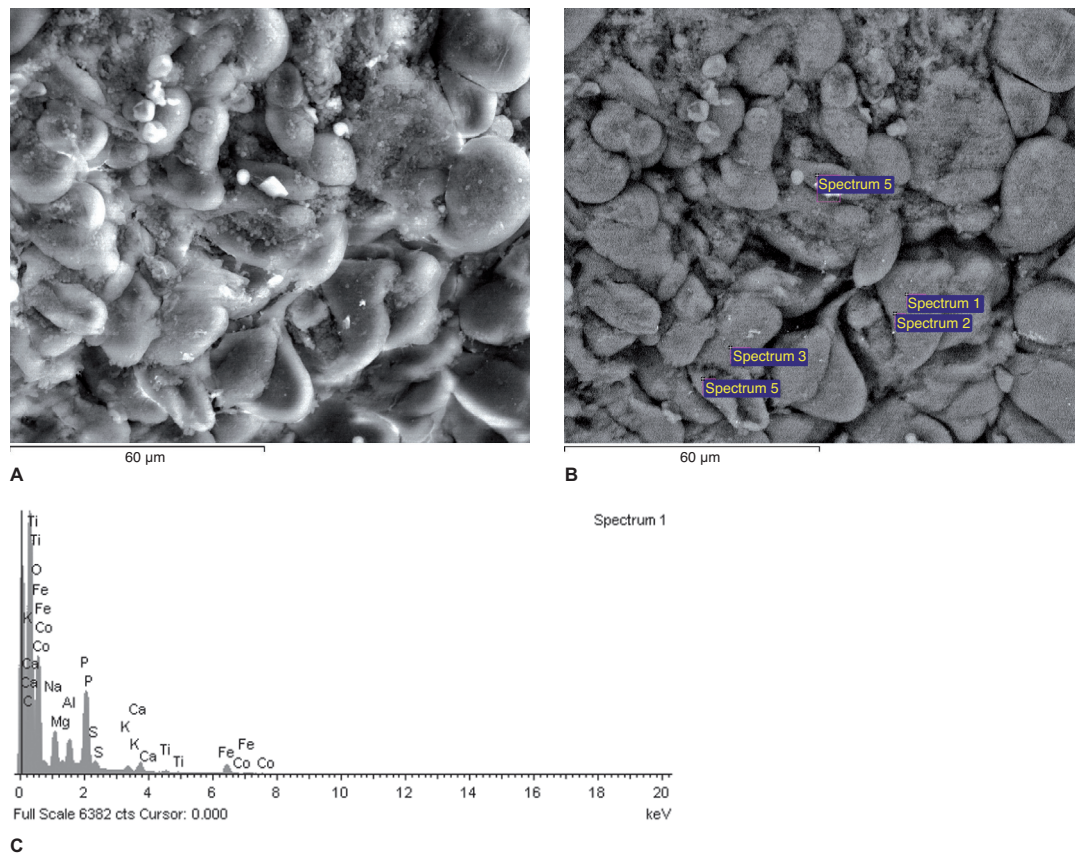
rounding tissue) demonstrating that there is an anomalous sequestration of heavy metals in kidney tumour tissue.

Our results revealed: (i) no heavy metal particles were detected by using the spectrum of X-ray microanalysis technique (Figs. 1A, 1B and 1C) but (ii) the presence of heavy metals such as Ni, Cr, Fe, Ni, tungsten (W), titanium (Ti), Cd, Cu, Mn, Zn and Mg particles could be seen in the tumour tissue samples using spectrum of X-ray microanalysis (Figs. 2A, 2B, and 2C, 2D, 2E). No levels of Pb were detected, either tumour tissue samples or renal adjacent tissue.

Discussion

The aim of this work was to determine if there were differences in the content of heavy metals in renal cell carcinoma and adjacent renal tissue samples from patients submitted to radical or partial nephrectomy, using the SEM-XRM technique. We found particles of Cr, Cd, Al, Ti, Ni, Fe, Zn, W and manganese (Mn) in renal cell carcinoma samples, but not in the adjacent normal renal parenchyma. These findings corroborate previous data in literature, suggesting that there is a significant difference of metal contents in tumour and non-tumoural tissue.

SEM-XRM is a qualitative and semi-quantitative (0.2-0.3% m/m) technique used to detect metal particles at the subcellular level. This method¹² allows the precise and specific identification of individual particles of metals at high resolution and can offer complementary information to the data obtained by previously used methods, such as atomic absorption spectrophotometry,¹³ cold vapour atomic absorption spectrometry,¹⁴ or synchrotron radiation induced X-ray emission (SRIXE)¹⁵ or Particle Induced X-ray Emission Analysis (PIXE).¹⁶



Figs. 1A and 1B Scanning electron micrographs using secondary (A) and backscattered (B) electrons of an area of a kidney sample from a total nephrectomy renal cell carcinoma adjacent (control) tissue. All of the white spots in (B) are analyzed in Fig. 1C. It is possible to observe the difference in the qualitative composition of heavy metals of each sample. It is not possible to observe the presence of heavy metals in the control.

Fig. 1C The spectrum reveals that the inclusion contains carbon (C, in the figure), which is used to coat the sample for SEM-XRM viewing, and it is also possible to see other normal chemical elements of cells such as Ca (calcium), P (phosphorus), O (oxygen), sulfur (S) and chlorine (Cl). X-ray microanalysis spectrum of an electron white spot is shown in the previous figure (backscattered electrons, (B)).

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