The surgical anatomy of the scalp

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Abstract

The scalp denotes the soft tissue that covers the cranial vault. It is a multi-layered structure with a good blood supply and a rich cutaneous innervation. Scalp injuries including accidental lacerations are commonly encountered clinical problems in A & E departments. A proper understanding of the anatomy of the scalp is required for the appropriate management of such injuries, as it is for the design of craniectomies in neurosurgical practice.

Full-thickness scalp flaps are frequently used in reconstructive surgery to provide soft tissue cover for facial defects. A proper appreciation of the blood supply and innervation of the scalp is a prerequisite to the design of such flaps.

Keywords Cranial vault; occipito-frontalis and aponeurosis; pericranium; sebaceous cysts

A good knowledge of the anatomy of the scalp and its layers is essential for a clear understanding of the management of injuries and pathologies in this region.

The scalp denotes the soft tissues which cover the cranial vault. It extends from the eyebrows covering the supra-ciliary line of the frontal bone anteriorly to the superior nuchal line posteriorly. The latter is a low ridge which extends on either side from the midline external occipital protuberance of the occipital bone to the corresponding mastoid process. Laterally the scalp extends down to the level of the zygomatic arch and the external auditory meatus (Figure 1).

The layers of the scalp

The scalp is made up of five tissue layers, which can be remembered by the convenient mnemonic SCALP (Figure 2).

- The skin is thick, variably hair-bearing and is the area of skin most richly endowed with sebaceous glands, hence its greasy feel. In consequence of this concentration of sebaceous glands, the scalp is the commonest site for sebaceous cysts, which are often multiple.
- Connective tissue this is made up of fat lobules bound in tough fibrous septa. The principal blood vessels and nerves

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Vishy Mahadevan MBBS PND FRCS is Barbers' Company Professor of Anatomy at the Royal College of Surgeons of England, London, UK. Conflicts of interest: none declared. of the scalp lie in this layer (see below) and the scalp has, indeed, the richest blood supply of any area of the skin in the body. When the scalp is lacerated, the divided vessels retract between the fibrous septa and therefore cannot be picked up by artery forceps in the usual way - precious time will be wasted if you try to do so. Two techniques are employed to stem the bleeding that results from lacerations to the scalp; the surgeon or his assistant presses firmly down on the underlying skull with his fingers, thus compressing the spurting vessels, or he places a series of artery forceps on the underlying third, aponeurotic, layer and flips them backwards on either side of the wound, again compressing the vessels. In closing the wound, the surgeon sutures the laceration firmly in two layers - aponeurosis and skin. A consequence of this excellent blood supply is that a flap of scalp with even a narrow pedicle has a high chance of survival compared with a similar cutaneous flap elsewhere.

- Aponeurosis this fibrous sheet is found over much of the vertex of the skull, where it connects the occipitalis muscle posteriorly, (arising from the superior nuchal line), to the frontalis muscle, which inserts into the dermis of the skin in the region of the eyebrows and bridge of the nose. Laterally, the aponeurosis extends as a thin sheet overlying the temporalis fascia and becomes indistinct over the zygomatic arch.
- Loose connective tissue this thin layer accounts for the mobility of the scalp on the underlying skull. It is in this layer that:
 - o the surgeon is able to mobilize a scalp flap
 - machinery which has caught the hair may avulse the scalp
 - $\circ\,$ Native Americans once 'scalped' their victims

As noted above, an extensive torn flap of scalp, because of its superb blood supply, may well survive, where a similar flap elsewhere would be non-viable. Blood which collects in this loose connective tissue layer tracks freely under the scalp, but cannot pass into the occipital or temporal regions because of the posterior attachment of occipito-frontalis and the lateral attachment of the temporalis fascia. It therefore tracks forwards and accounts for the bilateral orbital haematomas that develops rapidly after a skull fracture or a cranial operation.

• Periosteum — this adheres to the suture lines of the skull, in the scalp region these are the coronal, saggital, temporal and lambdoid sutures. A collection of blood beneath this layer will therefore outline the affected bone. This is seen especially in birth injuries affecting the skull, (cephalohaematoma).

Blood supply

Each side of the scalp is supplied by a total of five arteries (Figure 3). From the external carotid artery derive:

- occipital, whose pulse can usually be felt careful palpation above the superior nuchal line
- posterior auricular
- superficial temporal, whose pulse can be felt over the zygomatic arch immediately in front of the tragus of the ear From the internal carotid artery derive:
- · the supraorbital artery
- the more medial supratrochlear artery

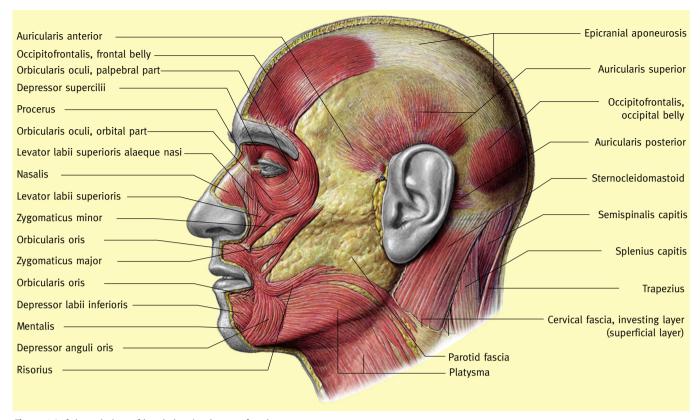


Figure 1 Left lateral view of head showing layers of scalp.

Both of these derive from the ophthalmic artery.

All these vessels are accompanied by their corresponding veins.

Owing to the rich anastomoses between these vessels, the viability of the scalp may be retained when only one artery survives a major scalp avulsion.

Sensory innervation (Figure 4)

The cutaneous nerve supply of the scalp is derived from all three diversions of the trigeminal (V) nerve and from the second and third cervical nerves:

From the ophthalmic V^\prime — the supratrochlear and supraorbital nerves.

From the maxillary V'' – the zygomaticotemporal nerve.

From the mandibular $V^{\prime\prime\prime}$ — the auriculotemporal nerve.

The lesser occipital nerve (C2).

The greater occipital nerve (C2, 3).

The third occipital nerve (C3).

The skull vault

This comprises the frontal, parietal, occipital and squamous part of the temporal bone (Figure 5).

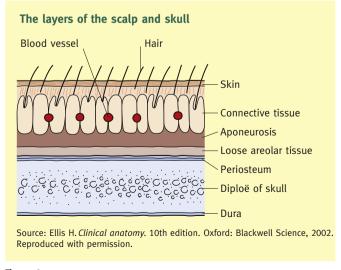


Figure 2

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