

# Academy of Nutrition and Dietetics and National Kidney Foundation: Revised 2014 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Nephrology Nutrition

Pamela S. Kent, MS, RD, CSR, LD,\* Maureen P. McCarthy, MPH, RD, CSR, LD,†  
 Jerrilynn D. Burrowes, PhD, RD, CDN,‡ Linda McCann, RD, CSR,§  
 Jessie Pavlinac, MS, RD, CSR, LD,† Catherine M. Goeddeke-Merickel, MS, RDN, LD,¶  
 Karen Wiesen, MS, RD, LD,\*\* Sarah Kruger, MS, RD, CSR,†† Laura Byham-Gray, PhD, RD,‡‡  
 Rory C. Pace, MPH, RD, CSR,§§ Valarie Hannahs, MS, RD, LD,¶¶ and  
 Debbie Benner, MA, RD, CSR\*\*\*

Compelling evidence indicates that the incidence of chronic kidney disease (CKD) is increasing because of an aging population and a higher prevalence of cardiovascular disease, diabetes, and hypertension. Nutrition management of patients with CKD requires early disease recognition, appropriate interpretation of the markers and stages of CKD, and collaboration with other health care practitioners. Better management of CKD can slow its progression, prevent metabolic complications, and reduce cardiovascular related outcomes. Caring for patients with CKD necessitates specialized knowledge and skills to meet the challenges associated with this growing epidemic. The Academy of Nutrition and Dietetics Renal Dietitians Practice Group and the National Kidney Foundation Council on Renal Nutrition, with guidance from the Academy of Nutrition and Dietetics Quality Management Committee, have updated the 2009 Standards of Practice in Nutrition Care and Standards of Professional Performance as a tool for registered dietitian nutritionists working in nephrology nutrition to assess their current skill levels and to identify areas for additional professional development in this practice area. The Standards of Practice apply to the care of patients/clients with kidney disease. The Standards of Professional Performance consist of six domains of professionalism, including: Quality in Practice, Competence and Accountability, Provision of Services, Application of Research, Communication and Application of Knowledge, and Utilization and Management of Resources. Within each standard, specific indicators provide measurable action statements that illustrate how nephrology nutrition principles can be applied to

\*Centers for Dialysis Care, Shaker Heights, Ohio.

†Clinical Nutrition, Oregon Health and Science University, Portland, Oregon.

‡Department of Nutrition, Graduate Program in Nutrition, Long Island University (LIU) Post, Brookville, New York.

§Clinical Applications, Satellite Healthcare, Inc., San Jose, California.

¶Phoenix, Arizona (independent dietitian consulting/instruction).

\*\*Clinical Nutrition Services, Geisinger Health System, Danville, Pennsylvania.

††AbbVie Inc, North Chicago, Illinois.

‡‡Clinical Nutrition Program, Department of Nutritional Sciences, Rutgers Biomedical and Health Sciences, Rutgers, The State University of New Jersey, Stratford, New Jersey.

§§Satellite Dialysis, Gilroy, California.

¶¶Renal Nutrition, American Renal Associates, Reynoldsburg, Ohio.

\*\*\*Clinical Support, DaVita HealthCare Partners, Yorba Linda, California.

This article is being published concurrently in the *Journal of the Academy of Nutrition and Dietetics* (2014;114:1448-1457.e45). The articles are identical except for minor stylistic and spelling differences in keeping with each journal's style. Either citation can be used when citing this article.

The Joint Standards Task Force of the Academy of Nutrition and Dietetics Renal Dietitians Dietetic Practice Group and the National Kidney Foundation

Council on Renal Nutrition: Pamela Kent, MS, RD, CSR, LD, and Maureen McCarthy, MPH, RD, CSR, LD: Co-chairs; Jerrilynn Burrowes, PhD, RD, CDN; Linda McCann, RD, CSR; Jessie Pavlinac, MS, RD, CSR, LD; Catherine M. Goeddeke-Merickel, MS, RD, LD; Karen Wiesen, MS, RD, LD; Sarah Kruger, MS, RD, CSR; Laura Byham-Gray, PhD, RD; Rory Pace, MPH, RD, CSR; Valarie Hannahs, RD, LD; Debbie Benner, MA, RD, CSR.

## STATEMENT OF POTENTIAL CONFLICT OF INTEREST

L. McCann received consulting fees and honoraria from Sanofi US; Amgen, Inc; and Medscape for speaking, participating on clinical advisory boards, serving as an expert witness, and developing professional education programs. S. Kruger holds stock in AbbVie, Inc, and Abbott Laboratories. R. C. Pace holds stock in Amgen, Inc, manufacturer of Epopen. No potential conflict of interest was reported by the remaining authors.

Address correspondence to: Pamela S. Kent, MS, RD, CSR, LD, Patient Education Coordinator, Centers for Dialysis Care, 18720 Chagrin Blvd, Shaker Heights, OH 44122. E-mail: [pkent@cdcare.org](mailto:pkent@cdcare.org)

© 2014 by the Academy of Nutrition and Dietetics and the National Kidney Foundation, Inc. All rights reserved.

1051-2276/\$36.00

<http://dx.doi.org/10.1053/j.jrn.2014.05.008>

practice. The indicators describe three skill levels (ie, competent, proficient, and expert) for registered dietitian nutritionists working in nephrology nutrition.

© 2014 by the Academy of Nutrition and Dietetics and the National Kidney Foundation, Inc. All rights reserved.

*Editor's note: Figures 1, 2, and 3 that accompany this article are available online at [www.jrnjournal.org](http://www.jrnjournal.org).*

THE ACADEMY OF Nutrition and Dietetics (Academy) Renal Dietitians Practice Group and the National Kidney Foundation Council on Renal Nutrition (NKF-CRN), under the guidance of the Academy Quality Management Committee, have revised the Standards of Practice (SOP) and Standards of Professional Performance (SOPP) for Registered Dietitians in Nephrology Care, originally published in September 2009.<sup>1,2</sup> The revised document, Academy of Nutrition and Dietetics and National Kidney Foundation: Revised 2014 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Nephrology Nutrition, reflects changes in nephrology practice and replace the 2009 standards. These documents build on the Academy of Nutrition and Dietetics Revised 2012 SOP in Nutrition Care and SOPP for Registered Dietitians (RDs).<sup>3</sup> The Academy of Nutrition and Dietetics/Commission on Dietetic Registration's (CDR) Code of Ethics,<sup>4</sup> along with the Academy of Nutrition and Dietetics Revised 2012 SOP in Nutrition Care and SOPP for RDs<sup>3</sup> are tools within the Scope of Practice in Nutrition and Dietetics<sup>5</sup> and Scope of Practice for the RD,<sup>6</sup> that guide the practice and performance of registered dietitian nutritionists (RDNs) in all settings.

The scope of practice in nutrition and dietetics is composed of statutory and individual components, includes the Code of Ethics, and encompasses the range of roles, activities, and regulations within which RDNs perform. For credentialed practitioners, scope of practice is typically established within the practice act, and interpreted and controlled by the agency or board that regulates the practice of the profession in a given state.<sup>5</sup> An RDN's statutory scope of practice may delineate the services an RDN is authorized to perform in a state where a practice act or certification exists.

The RDN's individual scope of practice is determined by education, training, credentialing, and demonstrated and documented competence to practice. Individual scope of practice in nutrition and dietetics has flexible boundaries to capture the breadth of the individual's professional practice. The Scope of Practice Decision Tool, which is an online, interactive tool, permits an RDN to answer a series of questions to determine whether a particular activity is within his or her scope of practice. The tool is designed to assist an RDN in critically evaluating personal knowledge, skill, and demonstrated competence with criteria resources.<sup>7</sup>

*All registered dietitians are nutritionists—but not all nutritionists are registered dietitians. The Academy's Board of Directors and Commission on Dietetic Registration have determined that those who hold the credential Registered Dietitian (RD) may optionally use "Registered Dietitian Nutritionist" (RDN) instead. The two credentials have identical meanings. In this document, the expert working group has chosen to use the term RDN to refer to both the registered dietitian and the registered dietitian nutritionist.*

*Approved April 2014 by the Quality Management Committee of the Academy of Nutrition and Dietetics (Academy), the Executive Committee of the Renal Dietitians Dietetic Practice Group of the Academy and the National Kidney Foundation Council on Renal Nutrition. **Scheduled review date: October 2018.** Questions regarding the Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists in Nephrology Nutrition may be addressed to Academy quality management staff: Sharon McCauley, MS, MBA, RDN, LDN, FADA, FAND, director, Quality Management, at [quality@eatright.org](mailto:quality@eatright.org).*

The Academy's Revised 2012 SOP in Nutrition Care and SOPP for RDs<sup>3</sup> reflect the minimum competent level of nutrition and dietetics practice and professional performance for RDNs. These standards serve as blueprints for the development of focus area SOP and SOPP for RDNs in competent, proficient, and expert levels of practice. The SOP in Nutrition Care is composed of four standards, representing the four steps of the Nutrition Care Process (NCP) as applied to the care of patients/clients.<sup>8</sup> The SOPP consist of standards representing six domains of professionalism: Quality in Practice, Competence and Accountability, Provision of Services, Application of Research, Communication and Application of Knowledge, and Utilization and Management of Resources. The SOP and SOPP for RDNs are designed to promote the provision of safe, effective, and efficient food and nutrition services; facilitate evidence-based practice; and serve as a professional evaluation resource.

These focus area standards for RDNs in nephrology nutrition provide a guide for self-evaluation and expanding practice, a means of identifying areas for professional development, and a tool for demonstrating competence in delivering nephrology nutrition care. They are used by RDNs to assess their current level of practice and to determine the education and training required to maintain currency in their focus area and advancement to a higher level of practice. In addition, the standards may be used to assist RDNs in transitioning their knowledge and skills to a new focus area of practice. Like the SOP in Nutrition Care and SOPP for RDs,<sup>3</sup> the indicators (ie, measurable action statements that illustrate how each standard can be

Download English Version:

<https://daneshyari.com/en/article/3854912>

Download Persian Version:

<https://daneshyari.com/article/3854912>

[Daneshyari.com](https://daneshyari.com)