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Short communication

Vitreous hemorrhage secondary to iridociliary cyst^{☆,☆☆}



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ABSTRACT

Case report: An 18-year-old man, presented a lower vitreous hemorrhage of unknown cause. Multiple tests are performed, including Ophthalmic Ultrasound and Fluorescein Angiography (FA), they did not find justification of bleeding. Finally, we decide to do a Biomicroscopía Ultrasonica (BUM) showing an iridociliary cyst.

Discussion: The iridociliary cysts are single or multiple, primary or secondary. The primaries are usually benign so, they do not require treatment. When the cyst has a considerable size, it may produce a focal plateau iris with or without angle-closure. Our case reveals an unusual complication that should take notice of when you have an unknown vitreous hemorrhage.

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Hemovítreo secundario a quiste iridociliar

RESUMEN

Palabras clave:

Quiste

Iridociliar

Biomicroscopía ultrásónica

Cierre angular

Hemovítreo

Caso clínico: Varón de 18 años, presentó un hemovítreo inferior de causa desconocida. Se realizan múltiples pruebas, entre ellas ecografía oftálmica y angiografía fluoresceína (AFG), no encontrándose justificación al sangrado. Finalmente se decide realizar una biomicroscopía ultrasonica (BUM) donde se aprecia un quiste iridociliar.

Discusión: Los quistes iridociliares son únicos o múltiples, primarios o secundarios. Los primarios suelen tener carácter benigno, por lo que no requieren tratamiento. Cuando el quiste alcanza un tamaño importante puede producir un iris meseta focal con o sin cierre angular. Nuestro caso describe una complicación inusual que habría que tener en cuenta ante un hemovítreo de origen desconocido.

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Introduction

Iris cysts are infrequent injuries whose importance lies in the differential diagnosis with malignant tumours.¹ Shields et al classified them into primary and secondary. Primary cysts are classified into pigment and stromal epithelial cysts; secondary cysts are classified into epithelial, either intra-ocular tumour or parasites.²

Within the primary or neuroepithelial cysts are the peripheral ones (iridociliary), which are formed spontaneously at the junction of the iris with ciliary body, and are the most common. They can be round or oval, frequently single. They are often diagnosed by chance in young people. Among their complications is the focal plateau iris that could lead to angular occlusion, although this is uncommon and is usually associated with large cysts and dislocations. Dislocations are movements or landslides into anterior chamber or into the vitreous. They do not usually require treatment since they are benign.^{2–5}

In contrast, secondary cysts cause further complications: corneal oedema, uveitis, glaucoma and decreased visual acuity.³

Ultrasound biomicroscopy (UBM) has enabled a breakthrough in the anatomical visualisation of the cyst and in its differential diagnosis. It has a penetration of about 4 mm inside the eyeball, with an approximate lateral and axial resolution of 50 µm with the 50 MHz transducer. It far surpasses conventional ultrasound with 10 MHz transducer and a resolution of 300–400 µm.^{6,7}

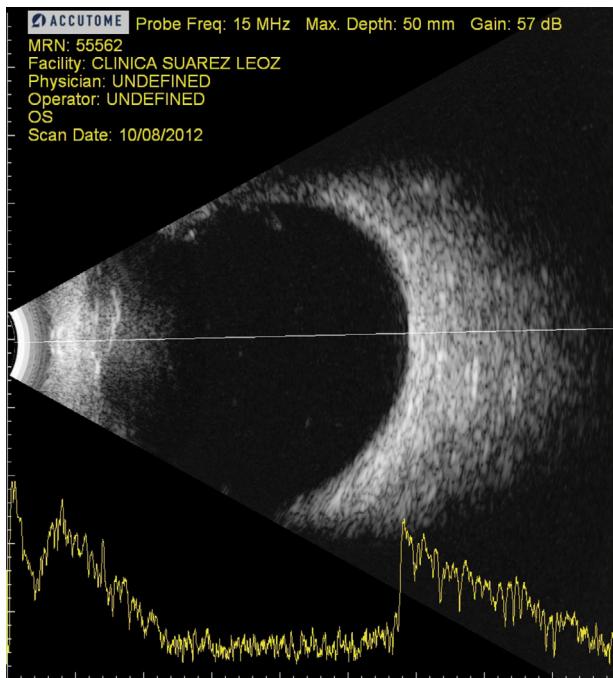


Fig. 1 – Ocular ultrasound of the LE. No significant injuries, no evidence of optic nerve drusen.

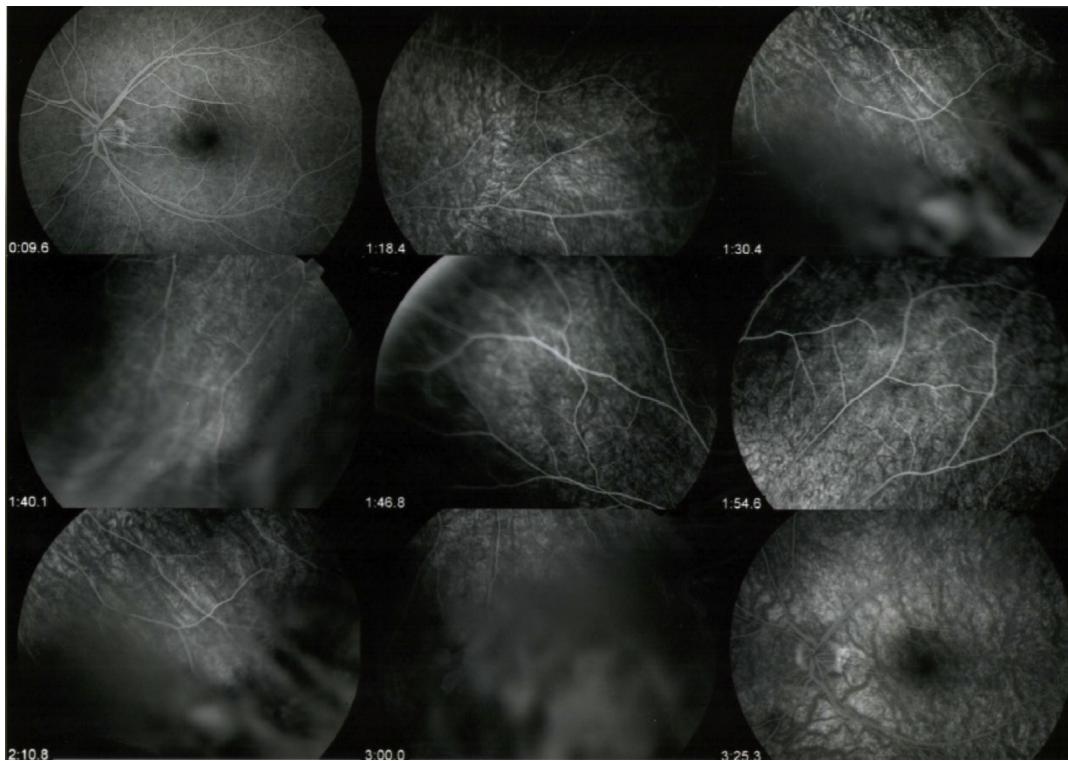


Fig. 2 – Fluorescence angiography of the LE. Compatible with normal, without the presence of new vessels or vascular disorders.

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