

## Disorders and Tumors of the Salivary Glands in Children

Paul Lennon, мв всh, FRCS (ORL HNS)<sup>a</sup>, V. Michelle Silvera, мр<sup>b</sup>, Antonio Perez-Atayde, мр<sup>c</sup>, Michael J. Cunningham, мр<sup>d</sup>, Reza Rahbar, DMD, мр<sup>d,\*</sup>

#### **KEYWORDS**

- Pediatric ear/nose/throat Salivary glands Pediatric tumors head and neck
- Hemangioma

#### **KEY POINTS**

- Salivary gland neoplasms are rare in children.
- An asymptomatic swelling in the periauricular region is the most common presenting complaint in older children.
- Approximately 50% of salivary gland lesions are malignant, dictating a thorough diagnostic evaluation by a head and neck surgeon.
- Surgical excision is the primary treatment of lesions.
- Histopathologic findings determine prognosis.

#### INTRODUCTION

Disorders of the salivary glands can be broadly divided into neoplastic and nonneoplastic disease. Further divisions can be made, as salivary gland lesions are associated with a wide spectrum of etiology (**Table 1**). The age of the patient narrows the potential diagnoses, with vascular lesion often presenting at birth or within the first year of life,<sup>1</sup> whereas solid tumors, with notable exceptions, are more likely to occur in older children.<sup>2,3</sup> Inflammatory disease usually has a relatively rapid onset in contrast to neoplastic or congenital processes, which have more insidious onsets.<sup>4</sup>

\* Corresponding author.

E-mail address: Reza.rahbar@childrens.harvard.edu

oto.theclinics.com

<sup>&</sup>lt;sup>a</sup> Department of Otolaryngology, Head and Neck Surgery, St. James's Hospital, James's Street, Dublin 8, Ireland; <sup>b</sup> Boston Children's Hospital, Department of Radiology 300 Longwood Avenue Main Building, 2nd Floor, Boston, MA 02115, USA; <sup>c</sup> Boston Children's Hospital, Department of Pathology, 300 Longwood Avenue, Bader, 1st Floor, Boston, MA 02115, USA; <sup>d</sup> Boston Children's Hospital, Department of Otolaryngology & Communication Enhancement, 333 Longwood Avenue, 3rd Floor, Boston, MA 02115, USA

Table 1 Differential diagnosis	
Nonneoplastic lesions	
Congenital/developmental	First branchial arch anomalies
Inflammatory and infection	Acute bacterial sialadenitis Viral: mumps, cytomegalovirus, Coxsackie A or B, or parainfluenza virus Human immunodeficiency virus (HIV)-associated salivary glands Recurrent parotitis in children (RPC)
Granulomatous disease	Mycobacterial disease Actinomycosis Sarcoidosis
Necrotizing sialometaplasia	
Autoimmune	Sjögren syndrome
Cysts	Ranula Mucocele
Neoplastic tumors	
Benign epithelial	Pleomorphic adenoma
Benign mesenchymal	Hemangioma Lymphangioma
Malignant-epithelial	Mucoepidermoid carcinoma Acinic cell carcinoma Adenoid cystic carcinoma Sialoblastoma
Mesenchymal	Rhabdomyosarcoma

Tenderness of the affected area is most often associated with inflammatory disease. Persistent, firm, painless, well-circumscribed lesions should be thoroughly investigated with imaging such as ultrasonography, computed tomography (CT), and MRI, and occasionally with fine-needle aspiration in older children.<sup>5</sup> In a large review of 9993 salivary gland lesions, 430 were in children, accounting for 4.3% of the total.<sup>6</sup> Of the lesions in children, 262 were nonneoplastic and 168 others were considered tumors. This review discusses neoplastic lesions of the salivary glands in children, and malignant epithelial tumors in particular.

#### NEOPLASTIC TUMORS Benign Epithelial Tumors

### Pleomorphic adenoma

Pleomorphic adenomas (PAs) account for approximately half of all epithelial tumors of the salivary glands and more than 90% of benign salivary gland epithelial tumors.<sup>2,6–20</sup> Composite analysis of several studies reveals that most (62%; range 56%–77%) PAs occur in the parotid gland, with the submandibular gland (26%; range 11%–40%) and the minor salivary glands (12%; range 0%–21%) being less frequent sites of origin.<sup>6,8,9,16,18,21–23</sup> The female to male ratio is approximately 1.4:1.<sup>22</sup> The typical presentation of a PA is a slow-growing, painless, and firm mass with an average duration of symptoms of approximately 12 months.<sup>17,22</sup> On ultrasonography, CT, and MRI, PAs are most commonly well defined. On CT, small calcifications can be seen and on MRI, PAs are typically very bright on T2-weighted images and show homogeneous or heterogeneous enhancement (**Fig. 1**). On gross inspection, PAs are well circumscribed

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