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Case report

Case report of two patients having successful surgery for lung cancer after treatment for Grade 2 radiation pneumonitis



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HIGHLIGHTS

- We report on two safely operation of the lung cancer with Grade 2 radiation pneumonitis.
- Surgery should defer during having symptoms with radiation pneumonitis.
- It should not cut into areas of radiation pneumonitis in operation.

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ABSTRACT

Introduction: Surgery for locally advanced lung cancer is carried out following chemoradiotherapy. However, there are no reports clarifying what the effects on the subsequent prognosis are when surgery is carried out in cases with radiation pneumonitis. In this paper, we report on 2 cases of non-small cell lung cancer with Grade 2 radiation pneumonitis after induction chemoradiotherapy, in which we were able to safely perform radical surgery subsequent to the treatment for pneumonia.

Presentation of cases: Case 1 was a 68-year-old male with a diagnosis of squamous cell lung cancer cT2aN2M0, Stage IIIA. Sixty days after completion of the radiotherapy, Grade 2 radiation pneumonitis was diagnosed. After administration of predonine, and upon checking that the radiation pneumonitis had improved, radical surgery was performed. Case 2 was a 63-year-old male. He was diagnosed with squamous cell lung cancer cT2bN1M0, Stage IIB. One hundred and twenty days after completion of the radiotherapy, he was diagnosed with Grade 2 radiation pneumonitis. After administration of predonine, the symptoms disappeared, and radical surgery was performed. In both cases, the postoperative course was favorable, without complications, and the patients were discharged.

Conclusion: Surgery for lung cancer on patients with Grade 2 radiation pneumonitis should be deferred until the patients complete steroid therapy, and the clinical pneumonitis is cured. Moreover, it is believed that it is important to remove the resolved radiation pneumonitis without leaving any residual areas and not to cut into any areas of active radiation pneumonitis as much as possible.

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1. Introduction

Surgery for locally advanced lung cancer is usually performed following chemoradiotherapy [1,2]. There are no reports clarifying what the effects on the subsequent prognosis are when surgery is

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carried out in cases with radiation pneumonitis. In fact, there is variability in the timing when the surgery is performed after chemoradiotherapy in both randomized controlled trials and case controlled studies. Furthermore, there are no available in depth descriptions on radiation pneumonitis. Therefore, when radiation pneumonitis occurs in patients scheduled to undergo surgery, whether or not to postpone or cancel the surgery and the length of time to wait before the surgery is performed depend on each institution. At our hospital, surgery is performed in cases of Grade 1 radiation pneumonitis without clinical findings based solely upon

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image findings [3]. Grade 3 radiation pneumonitis, in which oxygen support is required, is an exclusion criteria for surgery. The most difficult decision is whether or not to perform the surgery on Grade 2 radiation pneumonitis patients complaining of fever, coughing, and a sensation of dyspnea. We report here on our experience with two lung cancer cases in which surgery was performed after steroid therapy due to chemoradiotherapy-induced Grade 2 radiation pneumonitis. We investigated the issues to consider prior to and during surgery with some bibliographical considerations.

2. Presentation of cases

2.1. Case 1

The patient was a 68-year-old man in whom an abnormal opacity was detected on chest radiography in a health check-up. He had a history of smoking (Brinkman index: 1000). He also had a history of cerebellar infarction, diabetes, and lumbar disc herniation. No obvious family histories were found. A 33-mm mass was present in the left lung S3 on chest CT, and the subaortic lymph node was swollen to a size of 24 mm. A bronchoscopic lung biopsy was performed, and the patient was diagnosed with stage IIIA squamous cell carcinoma, cT2aN2M0. Chemoradiotherapy with 4 cycles of cisplatin + S-1 and radiotherapy at 50 Gy concomitantly for the primary lesion and for the mediastinum were performed. Routine re-evaluation was carried out according to the New Guidelines for Evaluation of the Treatment Response of Solid Tumors. In principle, the period between the end of the radiation treatment and the surgery was recommended as at least 8 weeks. Before surgery, a second risk analysis was performed, and the decision regarding surgical intervention was made jointly by a committee, including the attending radiation oncologist, thoracic surgeon, medical oncologist, and pulmonologist. Following reevaluation, surgery is generally performed for patients in whom a RO resection is deemed possible. Therefore, surgery was planned for our patient based on the treatment response (PR, ycT1bN0M0). Pneumonitis was detected in the radiated field on a CT at 60 days after completion of the radiotherapy, and a fever had developed. The patient was diagnosed with Grade 2 radiation pneumonitis. Surgery was postponed and treatment with 30 mg of oral prednisolone was initiated. The dose was reduced weekly from 30 to 20 to 10 to 5 mg. After confirming remission of the symptoms and improvement in the radiation pneumonitis, surgery was scheduled at 106 days after completion of the radiotherapy and at 63 days after completion of the anticancer drug therapy (Fig. 1) (Table 1). A left upper lobectomy plus mediastinal lymph node dissection, pulmonary angioplasty, and segmental resection of S6 were performed (Table 1). No postoperative complications developed, and the patient was discharged on postoperative day (POD) 9. He currently remains alive without disease progression one year after therapy.

2.2. Case 2

The patient was a 63-year-old man with a chief complaint of bloody phlegm. He had a history of diabetes and hepatitis C. A chest CT revealed a 64-mm mass continuous from the left pulmonary hilar region over the bronchial lumen of the left upper lobe. The lesion was diagnosed by sputum cytology as stage IIB squamous cell carcinoma, cT2bN1M0. Preoperative chemoradiotherapy was selected to avoid the need for total excision. Four cycles of cisplatin + S-1 and radiotherapy at 60 Gy concomitantly for the primary lesion and for the mediastinum were performed. The treatment response was PR, vcT1bN0M0, and the surgery was planned. Pneumonitis was noted at a site consistent with the radiated field 120 days after completion of the radiotherapy. Fever and cough developed, and the patient was diagnosed with Grade 2 radiation pneumonitis. Surgery was postponed, and treatment with 30 mg of oral prednisolone was initiated. The dose was reduced weekly from 30 to 20 to 10 mg. After confirming remission of the symptoms and improvement in the radiation pneumonitis, surgery was scheduled at 188 days after completion of radiotherapy and at 117 days after completion of anticancer drug therapy (Fig. 2) (Table 1). A total resection of the left lung plus mediastinal lymph node dissection was performed (Table 1). A paroxysmal atrial fibrillation occurred at day 3 after surgery. However, antiarrhythmic treatment corrected the problem, and the patient was discharged on day 19 after surgery. He currently remains alive without disease progression thirteen months after therapy. Followup information was obtained from both patients through office visits or by telephone interviews. The two patients were basically evaluated every month by a physical examination, chest

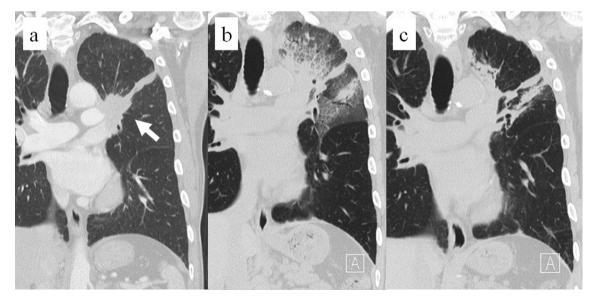


Fig. 1. Chest CT in case 1. a) A tumor in the left upper lobe (arrow). b) Preoperative radiation pneumonitis. c) Inflammation of the lungs was improved with only residual fibrosis.

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