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# Vessel Ultrasound Sonographic Assessment of Soluble Receptor for Advanced Glycation End Products Efficacy in a Rat Balloon Injury Model



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#### ABSTRACT

*Objective:* We aimed to assess the therapeutic efficacy of differentially modified soluble receptor for advanced glycation end products (sRAGE) in vivo using vessel ultrasound sonography and to compare the sonography data with those from postmortem histomorphologic analyses to have a practical reference for future clinical applications.

*Methods:* Vessel ultrasound sonography was performed in a sRAGE-treated rat carotid artery balloon injury model at different time points after the surgery, and therapeutic efficacy of different doses of sRAGE produced in Chinese hamster ovary cells and with different N-glycoform modifications were assessed.

*Results:* Vessel ultrasound sonography found that sRAGE produced in Chinese hamster ovary cells with complex N-glycoform modifications is highly effective, and is consistent with our recent findings in the same model assessed with histology. We also found that sonography is less sensitive than histology when a higher dose of sRAGE is administered.

*Conclusions:* Sonograph results are consistent with those obtained from histology; that is, sRAGE produced in Chinese hamster ovary cells has significantly higher efficacy than insect cell-originated sRAGE cells.

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## Introduction

Inflammation is a natural protective mechanism that resolves infections and injuries of the target tissue.<sup>1</sup> Failure to effectively resolve the inflammation and return the affected tissue to homeostasis leads to maladaptation and precipitation of pathophysiologic consequences that often result in the development of chronic maladies, including cardiovascular diseases and diabetic complications.<sup>2,3</sup> It has been well established that injury-elicited inflammation in the vasculature often causes excessive proliferation of vascular smooth muscle cells within vessel walls and the subsequent expansion of the intima, leading to the eventual blockage of the vessel.<sup>4–6</sup> These remodeling processes are intensified especially in patients with diabetes. Although effective in combating

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neointima hyperplasia, current anti-inflammatory and antimitotic drugs often display significant side effects and toxicity that deem systemic applications unfeasible, and their local delivery is achieved via drug-eluting stents.<sup>7,8</sup> Therapeutic reagents that can be administered systemically stand the benefit of providing alternative avenues for treating acute vascular injuries as well as circumventing overall chronic inflammation in the vasculature.<sup>9</sup>

RAGE is a pattern recognition receptor that recognizes multiple endogenous ligands and triggers innate and adaptive immune responses.<sup>10–14</sup> Signaling via RAGE has been associated with vascular inflammation and implicated in the development of cardiovascular diseases.<sup>15,16</sup> Prior studies<sup>17,18</sup> have shown that administration of sRAGE can protect against injury-mediated vascular inflammation and neointimal expansion by functioning as a RAGE decoy. Such protection by sRAGE may also be extended to other inflammatory conditions, including diabetic complications and atherosclerosis.<sup>19,20</sup> Our recent study<sup>21</sup> demonstrated that Nglycoform modifications of sRAGE modulate its bioactivity: compared with sRAGE produced in insect Sf9 cells used in previous

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studies (ie, 5  $\mu$ g/g body weight, daily injection for a week), a single, low dose of sRAGE produced in Chinese hamster ovary cells (sRAGE<sup>CHO</sup>) (ie, 3 ng/g body weight) can substantially reduce neointima growth and inflammation in a rat carotid balloon injury model. These findings render sRAGE<sup>CHO</sup> an attractive therapeutic candidate with clinical potential.<sup>13,22</sup>

Although previous studies assessed how sRAGE treatment affected neointimal growth via histomorphologic analyses of postmortem vessel sections,<sup>17,18,21</sup> direct assessment of sRAGE action in vivo has not been performed. Vessel ultrasound sonography is a technique that can be used noninvasively in clinical practice to monitor arterial structure and function.<sup>23–25</sup> To further validate sRAGE efficacy to suppress neointimal growth, and to provide a basis for future clinical applications, we performed sonograph studies on carotid balloon denudation-injured rats before histology and compared these results with those observed in histomorphologic analyses. Such studies render an independent assessment of sRAGE<sup>CHO</sup> efficacy in vivo, and can validate its potential as a candidate therapeutic protein for treating vascular injury and inflammation. The present study was an extension of our previously published work.<sup>21</sup>

### **Materials and Methods**

# Subjects

Male Wistar rats (400–450 g) were purchased from Charles River Laboratories (Wilmington, Massachusetts) and maintained in a vivarium fed the National Institute on Aging on ad libitum food diet (NIH-07 mouse/rat diet; National Institutes of Health, Bethesda, MD) with access to filtered water. Each study group contained 6 to 15 rats.

#### Carotid artery balloon denudation injury procedure

The surgical procedure and postsurgery care have been described in detail,<sup>21</sup> and have been in compliance with the National Institutes of Health's *Guide for the Care and Use of Laboratory Animals* (NIH publication No. 3040-2, revised 1999), and with the institutional Animal Care and Use Committee approved protocol.

#### Production and administration of sRAGE

Immediately following the surgery, rats were administered the designated dose of sRAGE via intraperitoneal injection. Generation of sRAGE<sup>CHO</sup>, sRAGE<sup>Sf9</sup>, and sRAGE<sup>CHO</sup>(N25T/N81T) expression vectors, as well as purification of sRAGE recombinant protein have been described in detail.<sup>21</sup>

### Vessel ultrasound sonography

Vessel ultrasound sonography was conducted on the 0 Day (ie, surgery day, before surgery), and on the seventh and 14th day postsurgery. Rats were sedated with isoflorane (2% in oxygen) via facemasks, and put in the supine position. After shaving frontal neck skin hair, a 40 MHz probe was used to scan the carotid arteries. An M-mode tracing was recorded at 3 points in the long-axis view: 3 and 10 mm distal to the base, and 2 mm proximal to the bifurcation. Each M-mode tracing included the whole vessel wall thickness and lumen diameter. Vessel wall thickness was also recorded at 2 mm proximal to the bifurcation. A B-mode scan was recorded at 2 mm proximal to the bifurcation. Each vessel wall thickness and lumen diameter at minimal and maximal points were measured using National Institutes of Health Image J software. The parameters from the non-operated right carotid artery of the same rat were used as control.

#### Tissue collection and histomorphologic analysis

Isolation of carotid vessels and histomorphologic analyses have been described.<sup>21</sup> In all analyses, parameters from the nonoperated right side of the carotid artery of the same subjects were used as the normal control relative to the balloon-injured left side of the carotid artery.

### Allocation concealment

Allocation concealment was applied to balloon denudation surgery, sonographic studies, and histomorphologic analyses. Investigators involved in the procedure were also blinded in respect to sRAGE types and dose administered.

#### Statistical analysis

Numerical data are expressed as means (SEM). Sonographic data were analyzed with multisample comparison ANOVA with post hoc Bonferonni corrections. A value of P < 0.05 was considered statistically significant.

#### Results

# Beneficial effects of $sRAGE^{CHO}$ treatment measured by vessel ultrasound sonography 1 to 2 weeks after the injury

Our previous studies<sup>21</sup> had demonstrated that administration of sRAGE immediately after arterial injury is most therapeutically effective. To monitor sRAGE<sup>CHO</sup> effects in live rats with carotid arterial injury, we performed the ultrasound sonography procedure on rats before the surgery, and at 1 and 2 weeks postsurgery. Although at 1 week postsurgery the maximal vessel lumen diameter of injured vessels treated by sRAGE<sup>CHO</sup> is clearly distinguishable from that of placebo-treated vessels (Figure 1A), the measurement of average vessel wall thickness of these 2 groups was not clearly differentiated until 2 weeks postsurgery (Figure 1B), suggesting that sufficient time (ie, at least 1 week) is required to assess the benefits of sRAGE<sup>CHO</sup> treatment in a live animal model.

#### *Correlation of ultrasound sonography and histomorphologic analyses*

To test the correlation of sonographic data with that obtained from postmortem histologic measurement, we plotted the data from the 2 independent measurements, using the lowest effective dose (ie, 0.5 ng/g body weight). Despite the shrinkage of vessel cross-sections during the histologic process, reasonably high correlations between the data from the 2 measurements were apparent in the scatter plots (lumen diameter: R = 0.72; vessel wall thickness: R = 0.76) (Figure 2A and 2B), suggesting that the effect of sRAGE<sup>CHO</sup> treatment can be independently, and perhaps reliably monitored in vivo (Figure 2C).

# Vessel sonographic assessment in rats treated with different sRAGE doses and sRAGE produced from different cells

On the basis of timing and correlation with histologic results shown in Figures 1 and 2, we also measured lumen diameter and vessel wall thickness at 2 weeks postsurgery in rats treated with sRAGE<sup>CHO</sup> at lower (0.5–1.5 ng/g body weight) (Figure 3A and 3B) and higher doses (1.5–6 ng/g body weight) (Figure 3C and 3D). When vessel wall thickness was measured, 1.5 ng/g and higher doses of sRAGE<sup>CHO</sup> treatment appeared to be statistically similar to those of nonoperated vessels (Figure 3A and 3C). However when lumen diameter was measured, dose-dependent improvement in

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