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# Management of fistula of ileal conduit in open abdomen by intra-condoit negative pressure system



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#### ABSTRACT

*INTRODUCTION:* We aimed to present the management of a patient with fistula of ileal conduit in open abdomen by intra-condoid negative pressure in conjunction with VAC Therapy and dynamic wound closure system (ABRA).

PRESENTATION OF CASE: 65-Year old man with bladder cancer underwent radical cystectomy and ileal conduit operation. Fistula from uretero-ileostomy anastomosis and ileus occurred. The APACHE II score was 23, Mannheim peritoneal index score was 38 and Björck score was 3. The patient was referred to our clinic with ileus, open abdomen and fistula of ileal conduit. Patient was treated with intra-conduid negative pressure, abdominal VAC therapy and ABRA.

DISCUSSION: Management of urine fistula like EAF in the OA may be extremely challenging. Especially three different treatment modalities of EAF are established in recent literature. They are isolation of the enteric effluent from OA, sealing of EAF with fibrin glue or skin flep and resection of intestine including EAF and re-anastomosis. None of these systems were convenient to our case, since urinary fistula was deeply situated in this patient with generalized peritonitis and ileus.

CONCLUSION: Application of intra-conduid negative pressure in conjunction with VAC therapy and ABRA is life saving strategies to manage open abdomen with fistula of ileal conduit.

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### 1. Introduction

The treatment of open abdomen (OA) in trauma, abdominal compartment syndrome, severe secondary peritonitis and major abdominal wall defects is extremely important and difficult condition. Numerous methods have been presented for management of OA. However, data confirming their role in the management of OA complicated with fistula are limited.

The fistula may be present at the beginning or develop during treatment. The fistula formation in OA is the most critical complication. If an enteric fistula occurred in OA, it is called enteroatmospheric fistula (EAF). It is not a true fistula since it has no a fistula tract and it is not covered with tissue. For these reasons, spontaneous closure of EAF is almost impossible.<sup>3</sup> EAF occurs in 25% of patients with OA with a reported mortality rate of 42% up to 75%.<sup>4</sup>

In recent years, although great deal on management of open abdomen, difficulties of treatment of open abdomen with fistula

remain as a constant problem. Correcting the nutritional depletion, severe fluid and electrolyte imbalance, controlling local infection, systemic sepsis, fistula drainage and definitive abdominal closure may be extremely challenging. Management of OA with urinary fistula of ileal conduit by VAC therapy was very rare in literature. VAC therapy was applied successfully in one patient with urinary tract leakage after surgical treatment of bladder cancer and in 2 patients with recurrent urinary fistula following kidney transplantation into an ileal conduit. 5.6

Our aim is to present application of intra-conduit negative pressure in conjunction with abdominal VAC therapy and ABRA to manage open abdomen with fistula of ileal conduit. According to our knowledge this is the first case in the literature.

## 2. Case report

65-Year old man with bladder cancer had undergone radical cystectomy and urinary diversion with ileal conduit. General condition of the patient deteriorated at 8th postoperative day, he couldn't defecate and abdominal distention increased. The patient underwent operation emergently. There was severe intestinal ileus, urine peritonitis, fistula from uretero-ileostomy. It was

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**Fig. 1.** Severe urine peritonitis with edematous abdominal content and ileus. Dilated small intestine loops and large abdominal defect ( $29\,\mathrm{cm}\times25\,\mathrm{cm}$ ) of open abdomen are shown.

seen that intestinal obstruction developed due to compression of ileal conduit to ileoileal anastomosis. Intestinal passage was maintained by dissecting ileal conduit and ileoileal anastomosis side. Abdominal content was irrigated with Normal Saline (NS) and leakage point was repaired primarily. When general condition of the patient deteriorated and intraabdominal pressure of patient increased up to 25 mmHg, the patient underwent 3rd operation at postoperative 14th day. Leakage point was repaired again. Since abdomen of the patient could not be closed, VAC therapy was started to manage the open abdomen. (Table 1) Patient was consulted to us 17 days after first operation. On admission, patient was in septic shock status and intubated. Arterial blood pressure:70/30 mmHg, Heart rate: 120/min, Body temperature: 38.0 °C, Hemoglobine: 9 g/L, WBC: 21.000, Plt: 55000, Urea: 70, creatinine: 2.1, K: 2.9, Na: 134, Albumin: 2.5, Alanine transaminase: 210, Aspartate transaminase: 260, Aalkaline phosphatase: 190.

Apache II score, Björck score,<sup>7</sup> and MPI score<sup>8</sup> was 23, 3, 38 respectively. Abdomen was fully open (wide 29 cm length 25 cm). There was severe urine peritonitis with edematous abdominal content and ileus at 4th operation. (Fig. 1) Fascia of abdomen was severely damaged because of relaparotomies. Abdominal content was irrigated with warm NS and fistula of uretero-ileostomy was seen. (Fig. 2), Ileostomy was opened to patient's left side to resolve ileus. Fistula was repaired primarily and nephrostomy catheters were inserted to the kidneys bilaterally to drain urine outside.



Fig. 2. Fistula from uretero-ileostomy anastomosis (arrow sign).



**Fig. 3.** Standard abdomen negative pressure system was applied to the abdomen (ABthera, KCI) Silicone cover of VAC Therapy is seen.

Abdomen negative pressure system was applied by standard method to the abdomen (ABthera, KCI) A perforated polyethylene sheet was placed over the abdominal content under the fascia in order to prevent other intestinal fistula formation and adhesion to the abdominal wall. (Fig. 3) Sponge was placed over the silicone sheet between fascias and covered with drapes. Approximately 5–6 cm opening was made in the center of the drape to apply suction tubing system. Creatinine level of abdominal fluid increased on 4th day of our first opration. After debridement and irrigation of abdomen with warm NS, leakage point was repaired primarily again (Fig. 4). The second negative pressure system was applied on uretero-ileostomy in conjunction with standard abdominal VAC therapy of 21st day of first operation. First of all, two Foley catheters were inserted in ileum pouch up to fistula point. Catheters were cut at skin level. Approximately 8 cm × 8 cm circle crafted sponge was put on the catheters and covered with drapes. An opening was made in center of second system to apply tubing system. One more drape was added all over them. These two systems were synchronized by Y connector system (Fig. 4). Continuous –75 mm Hg negative pressure was used for first 3 days. After this, the negative pressure of VAC dressing was adjusted between (-75 to 125 mmHg) intermittantly, 4 or 10 min of high negative pressure was followed by 1 or 2 min of low negative pressure respectively.



**Fig. 4.** Both applied standard abdominal VAC therapy system and intra-conduit negative pressure system are seen. Two negative pressure systems connected by Y connector are seen.

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