

Mycotoxins in rice

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Abstract

Mycotoxin contamination in rice is usually lower as in wheat or corn. However, there are some reports that rice has been contaminated with mycotoxins such as aflatoxin B₁, B₂, G₁, G₂ (AFS), citrinin, deoxynivalenol (DON), fumonisin B₁, B₂, B₃ (FMS), fusarenon-X (Fus.-X), nivalenol (NIV), ochratoxin A (OTA), sterigmatocystin (STE), and zearalenone. Rice in Japan is preserved in warehouses where moisture content and temperature are regulated. Therefore, mycotoxin contamination from post harvest fungal growth occurs very seldom. Trichothecenes, aflatoxins, and STE in rice were recently analyzed in our laboratory. In 1998, a typhoon struck before rice harvesting in Japan, and the unpolished rice was found to be stained brown. Samples were collected and analyzed for the presence of trichothecenes. Mycotoxins DON, Fus.-X, and NIV were detected and confirmed with GC-MS. The quantity of trichothecenes was determined using GC-ECD. STE is a carcinogenic mycotoxin produced by *Aspergillus versicolor* and some other fungi. STE contamination of rice was studied in our laboratory since 1973. GC-MS, LC-MS, LC-MS/MS, and LC-UV methods for STE determination were examined, giving good results for the LC-UV method using a photo diode array detector. Different techniques for the extraction of STE from rice were also studied. Finally, brown rice was ground, and the ground rice was extracted with acetonitrile-water. An Autoprep MF-A 1000 column was used to clean up AFS and STE. The cleaned-up extract was analyzed with HPLC-UV. Forty-eight brown rice samples were analyzed, and none of them were contaminated with STE. These rice samples were also analyzed for AFS and FMS, and none of the samples were contaminated. The Ministry of Agriculture, Forestry and Fisheries in Japan is making the appropriate Institutes develop analytical methods for mycotoxins and survey mycotoxin contamination on rice as well as wheat, corn, and some other cereals.

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1. Introduction

Mycotoxin contamination is less commonly reported for rice than for many other cereals. However, contamination by luteoskyrin (Shibata and Kitagawa, 1956), islanditoxin (Marumo and Sumiki, 1955), and cyclochlorotine (Sato and Tatsuno, 1968) has been reported on imported rice since the 2nd World War. There is also a report by Sugimoto et al. (1977) detailing the contamination of domestic rice with OTA, citrinin and sterigmatocystin. Norizuki et al. reported that commercial rice in Egypt was contaminated with aflatoxins (Norizuki et al., 1987). Weidenboerner also reported

some mycotoxins were found in rice (Weidenboerner, 2000). This data are listed in Table 1. After the 2nd World War, rice was imported into Japan, as food was limited. Some rice was infected with fungi. The Japanese Government stopped the distribution of this rice. Japanese people were safe from these mycotoxins from that time on.

Sugita-Konishi et al. (2006) reported natural contamination of aflatoxins and ochratoxin A (OTA) in retail rice in 2004 and 2005. Aflatoxins were not detected in 53 samples. The limit of quantification was 0.1 µg/kg. No OTA was detected in 50 retail rice samples. The limit of quantification was 0.1 µg/kg. The Ministry of Agriculture, Forestry and Fisheries reported analytical results of mycotoxins contamination on several cereals on May 23, 2006 (Press release from MAFF in Japan, 2006). In this report, no OTA was detected in 98 rice samples. The limit of quantification was 0.0003 mg/kg.

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1.1. *Trichothecene determination*

According to Manabe and Tsuruta (1991), the majority of fungal species are, mesophytes (optimal growth temperature:

22–35 °C) that are capable of growing temperatures between 5 and 45 °C, and therefore, in the temperate climate of Japan and in the tropical/subtropical climate, the prevailing temperature satisfy the growth conditions for a wide variety of mycelium

Table 1
Mycotoxin contamination in rice (Weidenboerner, 2000)

	Incidence	Conc. range	Mean conc. (µg/kg)	Conc. (µg/kg)	Contry	Condition
Afl. B ₁	2/52*	26–38 µg/kg	32		Brasil	*Polished
	1/1			8	Egypt	
				28	Italy	
	6/8	<2.5–15 µg/kg			Nepal	
	4/4*	<2.5–12.5 µg/kg			Nepal	*Parboiled
	7/364	37 µg/kg	20		Thailand	
	9/9	≤600 µg/kg	<1–2		Thailand	
Total	1/182		98	5	USA	
Afl. B ₂	1/52*			15	Brasil	*Polished
	1/1			2	Egypt	
	1/4*	1.8 µg/kg			Nepal	*Parboiled
Afl. G ₁	1/52*			20	Brasil	*Polished
	2/84	73.1–77.5 µg/kg	75.3		Malaysia	
Afl. G ₂	3/84	3.7–96.3 µg/kg	45.6		Malaysia	
Aflatoxin (no specification)	3/15*	≤38 µg/kg	16		Philippines	*Rice brand
	17/82*	≤43 µg/kg	12		Philippines	*Milled
	1/6*	≤3 µg/kg	3		Philippines	*Pop
	3/10*	≤18 µg/kg	15		Philippines	*Rough
Aflatoxin (AFB ₁ , AFB ₂ , AFG ₁ , AFG ₂)	13/30	22–317 µg AFB ₁ /kg, 15–125 µg AFB ₂ /kg, 14–107 µg AFG ₁ /kg, 20–98 µg AFG ₂ /kg ,			India	
	Nc/4*	0.1–2.4 µg/kg			UK	*Basmati rice
	14/20	2–19 µg/kg	7.9		Gambia	
	(no specification)				India	*Cyclone-affected
	12/80*	tr–430 µg/kg			India	*Cyclone-affected
	23/81*	30–1130 µg/kg			India	*Parboiled
	32/43*	30–130 µg/kg		1000	Mozambique	
	1/23				Philippines	
Citrinin	16/72	≤33 µg/kg	16		India	
	4/30	49–92 µg/kg			Japan	
Deoxynivalenol	2/2	700–1130 µg/kg			Papua New Guinea	*Imported
	1/1*			90	UK	*Basmati rice
	Nc/4*	4–6 µg/kg			UK	*Chinese rice
	Nc/4*	4–7 µg/kg			USA	
Fumonisin B ₁	8/20	≤4300 µg/kg			USA	
Fumonisin B ₂	6/20	≤1200 µg/kg			USA	
Fumonisin B ₃	5/20	≤600 µg/kg			USA	
Fumonisin (FB ₁ , FB ₂)	1/4*	28 µg/kg			UK	*Basmati rice
Nivalenol	2/9		22		Nepal	
	1/1*			63	Papua New Guinea	*Imported
	Nc/4*	4–11 µg/kg			UK	*Basmati rice
Ochratoxin A	1/3*			533	Egypt	*Rice germ
	2/36	≤0.3 µg/kg			Germany	
	2/32	8–25 µg/kg	16.5		India	
	2/15	1.7–2.4 µg/kg			Indonesia	
	8/15	≤1.0 µg/kg			Italy	
	1/ various food samples			50	Japan	
Sterigmatocystin	2/2*	230–430 µg/kg			Japan	*Deteriorated
	3/30	108–157 µg/kg			India	
	2/nc	50–450 µg/kg			Japan	
	?/?*	3800–4300 µg/kg			Japan	*Moldy
	12/37	≤16,300 µg/kg			Japan	
	1/4*			49	UK	*Chinese rice
Zearalenone	1/9			8	Nepal	
	1/1*			3060	Papua New Guinea	*Imported
	3/42*	>200 µg/kg			Uruguay	*And by-products

Nc: not counted.

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