# The minimization of matrix logarithms: On a fundamental property of the unitary polar factor 

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A B S T R A C T

We show that the unitary factor $U_{p}$ in the polar decomposition of a nonsingular matrix $Z=U_{p} H$ is a minimizer for both

$$
\left\|\log \left(Q^{*} Z\right)\right\| \quad \text { and } \quad\left\|\operatorname{sym}_{*}\left(\log \left(Q^{*} Z\right)\right)\right\|
$$

over the unitary matrices $Q \in \mathcal{U}(n)$ for any given invertible matrix $Z \in \mathbb{C}^{n \times n}$, for any unitarily invariant norm and any $n$. We prove that $U_{p}$ is the unique matrix with this property to minimize all these norms simultaneously. As important tools we use a generalized Bernstein trace inequality and the theory of majorization.
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[^0]Polar decomposition
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## 1. Introduction

Just as every nonzero complex number $z=r e^{i \varphi}$ admits a unique polar representation with $r \in \mathbb{R}_{+}, \varphi \in(-\pi, \pi]$, every matrix $Z \in \mathbb{C}^{n \times n}$ can be decomposed into a product of the unitary polar factor $U_{p} \in U(n)$ (where $U(n)$ denotes the group of $n \times n$ unitary matrices) and a positive semidefinite matrix $H$ [4, Lemma 2, p. 124], [19, Ch. 8], [20, p. 414]:

$$
Z=U_{p} H
$$

This decomposition is unique if $Z$ is invertible. We note that the polar decomposition exists for rectangular matrices $Z \in \mathbb{C}^{m \times n}$, but in this paper we shall restrict ourselves to invertible $Z \in \mathbb{C}^{n \times n}$, in which case $U_{p}, H$ are unique and $H=\sqrt{Z^{*} Z}$ is positive definite, where the matrix square root is taken to be the principal one [19, Ch. 6].

The unitary polar factor $U_{p}$ plays an important role in geometrically exact descriptions of solid materials. In this case $U_{p}^{T} F=H$ is called the right stretch tensor of the deformation gradient $F$ and serves as a basic measure of the elastic deformation [10,29,33,28,27]. For additional applications and computational issues of the polar decomposition see e.g. [16, Ch. 12] and [26,12,24,25].

The unitary polar factor also has the property that in terms of any unitarily invariant matrix norm $\|\cdot\|$, i.e. norms that satisfy $\|X\|=\|U X V\|$ for any unitary $U, V$, it is the nearest unitary matrix [7, Thm. IX.7.2], [15,17], [19, p. 197] to $Z$, that is,

$$
\begin{equation*}
\min _{Q \in \mathcal{U}(n)}\|Z-Q\|=\min _{Q \in \mathcal{U}(n)}\left\|Q^{*} Z-I\right\|=\left\|U_{p}^{*} Z-I\right\|=\left\|\sqrt{Z^{*} Z}-I\right\| . \tag{1}
\end{equation*}
$$

The presumably first proof - also motivated by elasticity theory - of the important case of dimension three and the Frobenius norm can be found in Grioli's work [17], see also [34].

The purpose of the present paper is to show that the unitary polar factor enjoys this minimization property (made precise in (10)) also with respect to the norm of the logarithm, an expression that arises when considering geodesic distances on matrix Lie groups (see [35,30,31] for further motivation):

$$
\min _{Q \in \mathcal{U}(n)}\left\|\log Q^{*} Z\right\|=\left\|\log U_{p}^{*} Z\right\|=\left\|\log \sqrt{Z^{*} Z}\right\|
$$

and with respect to the Hermitian part of the logarithm

$$
\min _{Q \in \mathcal{U}(n)}\left\|\operatorname{sym}_{*} \log Q^{*} Z\right\|=\left\|\operatorname{sym}_{*} \log U_{p}^{*} Z\right\|=\left\|\log \sqrt{Z^{*} Z}\right\| .
$$

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