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# Office building cooling load reduction using thermal analysis method – A case study

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#### HIGHLIGHTS

• Proposed a retrofit methods centered on a simulation based thermal analysis.

An office building in tropical condition was used as a case study.

• Actual energy and indoor environmental measurements were analyzed.

• Retrofit strategies were derived from 3 stages of thermal analysis.

Simulation and actual implementation results are presented.

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#### ABSTRACT

Buildings worldwide consume approximately 45% of primary energy sources, making it the single largest energy consumption sector. The importance of improving a building's energy performance was emphasized by the government with the enforcement of sustainable building policies. Article 9 of the Directive 2010/31/EU of the European Parliament and the Council (19th May 2010) on the energy performance of buildings states the importance of stimulating refurbishment of existing buildings into near zero-energy buildings. However, the effectiveness of the process depends on the basic building structure and the refurbishment designs. Hence, methods to find the effective strategies for retrofitting and modelling to predict energy reduction is vital. Unlike the previous studies, this paper presents a method for a deep building retrofit based on the whole building's thermal analysis specifically for cooling demand countries. This work set against recommended best practice office building energy benchmarks in Malaysia, and following a comprehensive building audit, a retrofit strategy was proposed based on target building's thermal analysis with cooling demand reduction in particular focus. It was found that 71% of the building's heat gain emanated from its lighting system and solar heat gain through windows. A 40.2% reduction in the building's cooling load is estimated to reduce 47% of the total energy consumption. A comparison of the actual and simulated energy results suggested that the simulation made under predicted the energy reduction by 4.3%.

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#### 1. Introduction

Buildings account for a large share in global energy demand. They consumed 30% of the primary energy in South East Asia [1], 40% in International Energy Agency (IEA) countries [2], Europe [3,4] and 50% globally [5]. The figure is expected to increase in the future due to the growth in population, development, increas-

http://dx.doi.org/10.1016/j.apenergy.2015.12.053 0306-2619/© 2015 Elsevier Ltd. All rights reserved. ing demand for improved building's services and comfort levels and the rise in time spent in buildings [6]. This statement is supported by the building energy demand annual growth rate in several countries (Table 1) extracted from Perez-Lombard et al. [6] and South East Asia Energy Outlook report by IEA [1].

The call for improvement in building energy efficiency was highlighted by changes in sustainable building policies, legislation and incentives. Due to high numbers of unsustainable existing buildings, great interest was paid on building refurbishment to increase energy efficiency [7]. In many cases this process is more economical and has a less environmental impact compared to a complete demolition and rebuild [7–9]. However, the effectiveness of the process depends on the basic building structure and the

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refurbishment designs [8,10]. Hence, methods to find effective strategies for retrofitting and modelling to predict energy reduction are vital [9,10]. General energy retrofit guides and energy efficient measures (EEMs) were published by various institutions including the US Department of Energy (US DOE) and ASHRAE (in collaboration with other institutes) [11–13] as a response to the increasing demand for building refurbishment. Nonetheless, retrofit measures may have different impacts on different buildings due to the variance in design and sub-systems, making the retrofit selection very complex [9].

In previous studies, buildings were audited to determine the area of concerns before applying EEMs [14–19] selected based on the multi-objective optimization methods [9,10,20–22] or costbenefit analysis [23,24]. Mainly, the audit process concerns the end-use energy consumption to determine sector that requires retrofitting but not in depth holistic approach to define the building's parameters that contributing toward the large energy share from the sector. Whereas in early design phase, sensitivity analysis is widely adopted to determine parameters which significantly contributes toward the performance of the design solution [25]. Andarini et al. [26] used a sensitivity analysis to obtain parameters that can significantly reduce cooling demand in a shophouse design for Indonesia climate. A sensitivity analysis was also performed by Yildiz and Arsan [27] to define parameters in an

#### Table 1

Buildings energy demand annual growth rate by country.

Country	Buildings energy demand annual growth rate (%)	Sources
Europe	1.50	[6]
USA	1.90	[6]
UK	0.50	[6]
Malaysia	3.10	[1]
Spain	4.20	[6]
Indonesia	1.00	[1]
Thailand	2.40	[1]
Philippines	2.00	[1]

apartment's design which greatly contributes toward heating and cooling load. While Heiselberg et al. [25] studied a wider range of input parameters to determine their impact on the total energy performance of an office building design. Normally, heating and cooling load were assigned as the output variables for the sensitivity analysis as it is a significant energy performance indicator and the major building's energy consumer globally [6,25–29]. Whereas, in cooling-dominated countries, air conditioning dominated the building's energy share [15,27,30]. A study by Aun [31] concluded that Malaysia's office buildings used 64% of the total building's energy for air conditioning. Meanwhile other tropical countries such as Indonesia, Thailand and Singapore, spent 51–59% of the building's energy budget on air conditioning [15,26].

Against this background, this study proposed a retrofit methods based on a whole building thermal analysis to determine parameters contributes toward heat gain. It was developed to cater buildings in cooling dominated countries encompassing a building audit, simulation based whole building thermal analysis, devise energy saving options to reduce the heat gains and hence cooling loads while adhering to thermal comfort and stakeholder's requirement. It is hoped that the steps followed could provide assistance to stakeholders involved in building retrofits (focusing on buildings with cooling systems as its highest energy user) within high-density urban areas in climates similar to that of our case study building.

#### 2. Methods

The proposed method consists of four steps as summarized in Fig. 1. The process is further elaborated in Sections 2.1-2.4.

#### 2.1. Building energy audit

The Building Energy Index (BEI) was used as a benchmark to compare the current building energy performance with the low energy office (LEO) suggested by the Malaysian government

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