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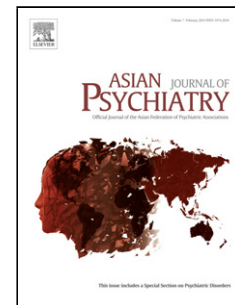
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**Treatment of maternal depression in urban slums of Karachi, Pakistan: A randomized controlled trial (RCT) of an integrated maternal psychological and early child development intervention**

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**Highlights**

- This randomized trial from two deprived urban slums in a low-income country shows that an integrated intervention combining cognitive behavioral techniques with parent-mediated, structured child play and interaction had a positive impact on maternal mood and led to a reduction in maternal depression
- There was also a significant improvement in maternal knowledge about child development at 6 months
- The intervention reduced maternal disability and parenting stress markedly, and led to improved maternal self-esteem

**ABSTRACT**

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