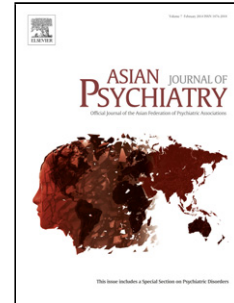


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Adjustment Disorder: Prevalence, Sociodemographic Risk Factors, and its Subtypes in Outpatient Psychiatric Clinic

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Research highlights

- This paper assessed the prevalence of Adjustment disorder which appeared high.
- The author discussed the significant socio-demographic risk factors that included young, low educational level, single, students, and individuals from urban areas.
- AD with mixed anxiety and depressed mood was the most prevalent subtype.
- Underlying psychosocial stressors were defined in which the illnesses, love affairs and domestic problems were the commonest.

Abstract

Background and Objective: This study aims at assessing the prevalence and risk factors of Adjustment disorder (AD), the AD subtypes, and the common causing stressors.

Patients and Methods: A cross sectional study was conducted at outpatient psychiatric clinic Duhok City from July 2008 to July 2009. 637 patients equal and above 18 of both genders were selected randomly. SCID-I/P (Version 2.0) was adopted to diagnose patients with AD. SPSS (version 21), was used for data analysis.

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