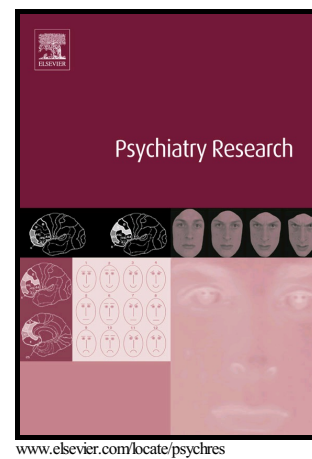


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Life review therapy enhances performances of mental time travel in patients with schizophrenia

Gui-fang Chen^{a,b,c}, Lu-lu Liu^{a,b}, Ji-fang Cui^d, Tao Chen^{a,b}, Xiao-jing Qin^{a,b}, Jie-chun Gan^c,
Bin Bi^c, David L Neumann^e, David HK Shum^e, Ya Wang^{a,b*}, Raymond CK Chan^{a,b}

^aNeuropsychology and Applied Cognitive Neuroscience Laboratory, CAS Key
Laboratory of Mental Health, Institute of Psychology, Beijing, China

^bDepartment of Psychology, University of Chinese Academy of Sciences, Beijing,
China

^cThe Second People's Hospital of Guizhou Province, Guiyang, China

^dInformation center, National Institute of Education Sciences, Beijing, China

^eMenzies Health Institute Queensland and School of Applied Psychology, Griffith
University, Gold Coast, Australia

*Corresponding author at: Institute of Psychology, Chinese Academy of Science, 16
Lincui Road, Chaoyang District, Beijing 100101, China. Tel.: +8610 64881148.
wangyazu@gmail.com

Abstract

Mental Time Travel (MTT) is the ability of individuals to project themselves to the past or to the future. Studies have shown that schizophrenia (SZ) patients are impaired in MTT. The present study aimed to examine whether MTT in patients with SZ can be improved through Life Review Therapy. Fifty patients with SZ were randomly assigned to the training (SZ-training) or control (SZ-control) group. Whereas the SZ-training group received four-week Life Review Therapy in addition to conventional treatment, the SZ-control group only received conventional treatment.

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