Author's Accepted Manuscript

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www.elsevier.com/locate/psychres

PII: S0165-1781(16)31021-6
DOI: http://dx.doi.org/10.1016/j.psychres.2017.01.050
Reference: PSY10247

To appear in: *Psychiatry Research*

Received date: 13 June 2016
Revised date: 3 December 2016
Accepted date: 20 January 2017

Cite this article as: Samuel R. Chamberlain, Sarah A. Redden and Jon E. Grant Associations between self-harm and distinct types of impulsivity, *Psychiatr Research,* http://dx.doi.org/10.1016/j.psychres.2017.01.050

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ACCEPTED MANUSCRIPT

Associations between self-harm and distinct types of impulsivity☆☆

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Accepted manuscript

ABSTRACT

Objective

There is an ongoing debate regarding how self-harm should be classified. The aim of this study was to characterize associations between self-harm and impulsivity.

Method

Total 333 adults (mean [SD] age 22.6 (3.6) years, 61% male) were recruited from the general community. History of self-harm was quantified using the Self-Harm Inventory (SHI), which asks about 22 self-harm behaviors. Principal components analysis was used to identify latent dimensions of self-harming behaviors. Relationships between self-harm dimensions and other measures were characterized using ordinary least squares regression.

☆ Authors' version of resubmitted manuscript, Psych Res 2016

☆ **Previous presentations**: none.

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