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The Relationship between Sluggish Cognitive Tempo and Burnout Symptoms in Psychiatrists  
with Different Therapeutic Approaches

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#### Abstract

Burnout is a serious problem for psychiatrists that has implications for clinical practice and personal health. While burnout is known to affect cognitive functions, no studies have examined the relationship between sluggish cognitive tempo (SCT) and burnout. This study aimed to examine this relationship and related factors as socio-demographic, occupational environment in psychiatrists. Participants(n=201, aged between 25-52 years,57.7% female) completed socio-demographic information form, Maslach Burnout Inventory and SCT Scale.

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