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Efficacy of Psychological Pain Theory–Based Cognitive Therapy in Suicidal Patients
with Major Depressive Disorder: A Preliminary Study

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Abstract

The present study aimed to explore the effects of psychological pain theory–based cognitive
therapy (PPTBCT) on suicide among depressed patients, compared with a control group who
received usual psychological care (UPC). The sample consisted of 32 depressed patients and 32
healthy control subjects. All participants completed the Beck Scale for Suicide Ideation (BSI),

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