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Mehdi Rezaee, Firoozeh Ghazanfari, Fatemeh rezaee



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The role of childhood trauma, early maladaptive schemas, emotional schemas and experimental avoidance on depression: A structural equation modeling

Mehdi Rezaee*, Firoozeh Ghazanfari, Fatemeh rezaee

Department of Psychology, Lorestan University, Khoramabad, Iran

*Corresponding author: Department of Psychology, Lorestan University, Khoramabad, Iran. Tel.

+98938 3354916;Rezaee.mehdi15@yahoo.com

Abstract

The present investigation was designed to examine disconnection and rejection (DR) schemas, negative emotional schemas (NESs) and experimental avoidance (EA) as mediating variables of the relationship between the childhood trauma (CT) and depression. Specifically we examined the mediating role of NESs and EA between DR schemas and depression. The study sample consist of 439 female college students ($M_{\text{age}} = 22.47$; $SD = 6.0$), of whom 88 met the criteria for current major depressive disorder (MDD) and 351 who had history of MDD in the last 12 months. Subjects were assessed by Structured Clinical Interview for DSM-IV (SCID) and completed the Childhood Trauma Questionnaire (CTQ), the Early Maladaptive Schemas Questionnaire (SQ-SF), the Leahy Emotional Schemas Scale (LESS), the Acceptance and Action Questionnaire (AAQ-II), and the Beck Depression Inventory-II (BDI-II). The findings showed that DR schemas were mediator of the relationship CT and depression but CT through the NESs and EA did not predict depression. NESs were mediator of the relationship between DR schemas and depression and EA was mediator of the relationship between DR schemas and depression. In

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