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## Lower cortisol level in response to a psychosocial stressor in young females with self-harm

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### Highlights

- Blood cortisol levels during the Trier Social Stress Test were assessed in a group of female adolescents (n=130), using larger sample sizes than in former trials
- Participants with self-harm (n=21) showed lower cortisol levels
- This study adds to former work showing an altered HPA-axis response to social stressors in individuals with self-harm

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