

## Accepted Manuscript

Title: Embodying kinaesthetic empathy through interdisciplinary practice-based research

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**Title:** Embodying kinaesthetic empathy through interdisciplinary practice-based research

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### **Highlights**

- Kinaesthetic Empathy is an innate relational capacity
- Kinaesthetic Empathy may be cultivated through practice
- Kinaesthetic Empathy may be experienced through embodied practice, performance work and inferred experimentally through EEG

### **Abstract**

This paper draws on a practice-based interdisciplinary research project to unpack 'kinaesthetic empathy' as an intersubjective phenomenon within clinical practice. Research participants included both experienced movers (a group formed by qualified dance movement psychotherapists and dance artists) and non-experienced movers (a group comprising multidisciplinary clinicians within a National Health Service mental health unit). The

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