

Accepted Manuscript

Title: Developing a Dance Movement Therapy Approach to Qualitatively Analyzing Interview Data

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PII: S0197-4556(16)30139-3
DOI: <http://dx.doi.org/doi:10.1016/j.aip.2017.07.006>
Reference: AIP 1468

To appear in: *The Arts in Psychotherapy*

Received date: 23-9-2016
Revised date: 11-7-2017
Accepted date: 28-7-2017

Please cite this article as: Kawano, Tomoyo., Developing a Dance Movement Therapy Approach to Qualitatively Analyzing Interview Data. *The Arts in Psychotherapy* <http://dx.doi.org/10.1016/j.aip.2017.07.006>

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Developing a Dance Movement Therapy Approach to Qualitatively Analyzing Interview Data

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Highlights

- An embodied artistic, dance/movement therapy model to analyzing interviews was formulated by adapting and/or critically applying a combination of previously developed analytical frameworks.
- An analysis approach based on DMT principles affords the opportunity to examine the researcher's ethics encompassing power dynamics, biases, and participant's worldviews.
- The aesthetic resonance was a source for researcher-participant agreement and connection.
- The dance analysis elucidated the participant and researcher views about themselves that they had not verbalized in the interview.
- Dance as an artistic form of embodied literacy in which data can be qualitatively interpreted and meaning is created through perceptual, sensory-motor channels should continue to be examined.

ABSTRACT

The objective of the study was to develop a model for an embodied-artistic approach to qualitatively analyzing interview data that could contribute to an enhanced narrative account and/or offer an alternate perspective. A new model was formulated by adapting and/or critically applying a combination of previously developed analytical frameworks. Dance/movement therapy (DMT) skills that encompass ways of listening through an embodied, empathic, aesthetic manner; and a movement observation and assessment tool, Laban Movement Analysis (LMA) were at the core of this explicatory process. The researcher's movement preferences were

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