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Psychological maltreatment, forgiveness, mindfulness, and internet addiction among young adults: A study of mediation effect

Gökmen Arslan



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Highlights:

- Psychological maltreatment is a significant predictor of internet addiction.
- Forgiveness mediates psychological maltreatment's effect on internet addiction.
- Mindfulness mediates psychological maltreatment's effect on internet addiction.
- Mindfulness and forgiveness-based interventions can treat internet addiction.

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