Optical Fiber Technology 37 (2017) 30-34

Contents lists available at ScienceDirect

**Optical Fiber Technology** 

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# Performance evaluation of CO-OFDM systems based on electrical constant-envelope signals

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### ARTICLE INFO

Article history: Received 16 January 2017 Revised 21 April 2017 Accepted 22 June 2017

Keywords: Coherent detection Constant-envelope Orthogonal frequency division multiplexing Phase modulation index

#### 1. Introduction

The resilience towards fiber dispersion is the main attractive feature of orthogonal frequency division multiplexing (OFDM) signal processing in optical communications systems [1–3]. However, large peak-to-average power ratio (PAPR) is one of the main drawbacks in both direct and coherent detection optical orthogonal frequency division multiplexing (CO-OFDM) systems, as it not only limits the resolution of digital-to-analog converters and RF amplifiers, but also reduces the tolerance to the non-linearities introduced by optical modulators and optical fibers [1,4].

To reduce PAPR, an effective technique based on the transmission of constant-envelope (CE-OFDM) signals is a suitable solution to the aforementioned problems [5]. Proposed in [6] and experimentally demonstrated in [7,8] to combat nonlinear degradations in direct-detection optical OFDM systems, this electrical phase modulation based technique is, for the first time, introduced in coherent detection systems.

Unlike the approaches evaluated in [9,10], the intermediate electrical CE-OFDM signals of this solution are used to modulate the continuous wave (CW) laser source, employing a conventional one-branch Mach–Zehnder modulator (MZM).

Section 2 of this letter develops an analytical expression from which the influence of the electrical phase modulation index h

# ABSTRACT

The influence of the electrical phase modulation index h in the performance of constant-envelope orthogonal frequency division multiplexing (CE-OFDM) in coherent detection optical systems is treated analytically and its range of validity examined by simulations. A compromise between h and subcarrier mapping is identified according to differences in sensitivity related to non-linearities inserted by the optical modulator. It is shown that the proposed scheme outperforms conventional coherent detection OFDM systems, which is strongly dependent on both phase and optical modulation indexes.

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may be derived. Its validity is examined by means of numerical simulations in Section 3. A tradeoff between the index h and the subcarrier mapping is clarified from the simulation results described in this Section. It is shown that, in CO-OFDM systems that employ such multicarrier constant-envelope signals, high subcarrier modulation levels requires reduction in the aforementioned index due to non-linearities inserted by the MZM. Section 4 concludes the paper.

## 2. Theoretical model

Fig. 1 shows the CE-OFDM considered in this analysis. It is a modulation format where an electrical carrier is phase modulated by OFDM waveforms, which results in envelope signals with PAPR =3 dB [6]. Therefore, a single OFDM signal with mean power given by  $\sigma_s^2$  is written as

$$\mathbf{x}(t) = C \sum_{k=0}^{N_{\mathrm{s}}-1} \Re[\mathbf{X}(k)] \cos\left(2\pi\Delta_{f}kt\right) - \Im[\mathbf{X}(k)] \sin\left(2\pi\Delta_{f}kt\right) \tag{1}$$

with  ${X(k)}_{k=1}^{N_s-1}$  the *M*-QAM data symbols,  $T = \frac{N}{F_s}$  the OFDM symbol time,  $N = 2N_s + 2$  the fast-Fourier transform length,  $F_s$  the sampling rate and *C* a constant, modulates the phase of a carrier resulting in a bandpass signal given by

$$c(t) = A\cos[2\pi f_0 t + \phi(t)] = A\cos[2\pi f_0 t + \theta_n + 2\pi h C_N x(t)], \qquad (2)$$

where *A* is the signal amplitude,  $f_0$  is the carrier frequency,  $\phi(t)$  is the phase signal during the *n*-th signal interval  $nT \le t < (n + 1)T$ ,





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Fig. 1. CO-CE-OFDM system model. LPF: Low Pass Filter; BPF: Band Pass Filter; PM: Phase modulation; MZM: Mach–Zehnder Modulator; SSB: Single-Sideband; EDFA: Erbium-doped Fiber Amplifiers; SSMF: Standard Single-Mode Fiber; ASE: Amplified Spontaneous Emission; LO: Local Oscillator; BD: Balanced Photoreceiver.

 $\theta_n$  is a memory term designed to make the modulation phase continuous (when  $\theta_n = 0$  the modulation is memoryless), *h* is referred to as the electrical phase modulation index, and  $C_N$  a constant used to normalize the variance of the message signal x(t) [6]. Continuous phase modulation (CPM) can be achieved by introducing memory in Eq. (2) making  $\theta_n \neq 0$  [11]. Although the constant-envelope property and the compact signal spectrum of this class of CPM signaling, the memory increases the receiver complexity [5,12,13].

The bandwidth of the electrical signal c(t) is usefully expressed as  $B = \max(2\pi h, 1)B_W$ , which is an RMS (root-mean-square) bandwidth lower bounded by the conventional OFDM signal bandwidth  $B_W$  [5]. A conservative bandwidth is estimated with this expression for small values of  $2\pi h$ . For  $2\pi h > 1$  it measures at most 92% of the total bandwidth [14].

Assuming  $\theta_n = 0$  and  $C_N = 1$ , for the sake of simplicity, the CE-OFDM signal becomes  $c(t) = A \cos[w_0 t + s(t)]$ , for  $w_0 = 2\pi f_0$  and  $s(t) = 2\pi h x(t)$ . Therefore, the optical field at the output of a conventional single arm Mach-Zender modulator (MZM) characterized by its switching voltage  $V_{\pi}$  and biased by  $V_{bias}$  is a bandpass signal centered at frequency  $w_c = 2\pi f_c$  given by

$$E_{MZM}(t) = \cos\left[\frac{\pi c(t)}{2V_{\pi}} - \frac{\pi V_{bias}}{2V_{\pi}}\right] \cdot \sqrt{2P}\cos(w_c t), \tag{3}$$

where *P* is the power of the CW laser signal fed into the MZM optical input. Biased at its null point ( $V_{bias} = -V_{\pi}$ ) the MZM output signal can be rewritten as

$$E_{MZM}(t) = \sin\left[\frac{\pi c(t)}{2V_{\pi}}\right] \cdot \sqrt{2P} \cos(w_c t)$$
  
=  $\sqrt{2P_c} \cdot \sin[F(t)] \cdot \cos(w_c t),$  (4)

for  $F(t) = \frac{\pi c(t)}{2V_{\pi}}$ . After optical pre-amplification with gain *G*, the input signal into the balanced receiver can be written as

$$E_{s}(t) = \sqrt{2GP} \cdot \sin[F(t)] \cdot \cos(w_{c}t) + n_{i}(t)\cos(w_{c}t) + n_{q}(t)$$

$$\times \sin(w_{c}t), \qquad (5)$$

for  $n_i(t)$  and  $n_q(t)$  the in-phase and quadrature component of the amplifier noise with power spectrum density given by  $N_{ASE}/2$  and variance  $\sigma_n^2 = N_{ASE} \cdot B_o$ , with  $B_o$  the bandwidth of the optical filter at its output.

If we describe the optical field of the local oscillator (LO) light source as  $E_{LO} = A_{LO}e^{jw_{LO}t+j\theta_{LO}}$ , then  $\mathbb{R}\{E_{LO}\} = A_{LO}\cos(w_{LO}t)$  for  $E_{LO}$  its amplitude,  $w_{LO}$  its frequency and  $\theta_{LO}$  the laser phase noise, which is zeroed for the sake of simplicity. Because of the intrinsic heterodyne detection of the CO-CE-OFDM system model, we assume that electrical synchronous demodulation is used to estimate the phase noise in order to benefit the phase demodulation [15].

The beating of the optical signal and the LO at the 180° optical hybrid results in two photocurrents outputs from the balanced photodiodes (PD) defined as

$$I_{1}(t) = R |\mathbb{R}\{\frac{1}{\sqrt{2}}(E_{S} + E_{L0})\}|^{2}$$

$$I_{2}(t) = R |\mathbb{R}\{\frac{1}{\sqrt{2}}(E_{S} - E_{L0})\}|^{2},$$
(6)

with *R* denoting the PD responsivity and  $\mathbb{R}$  the real number set. Hence, the  $I_2(t)$  current can be expressed as

$$I_{2}(t) = R \left\{ 2GP \sin^{2}(F(t)) \cos^{2}(w_{c}t) + \\ + n_{i}^{2} \cos^{2}(w_{c}t) + n_{q}^{2} \sin^{2}(w_{c}t) + \\ + A_{LO} \cos^{2}(w_{LO}t) + \\ + 2[\sqrt{2GP} \sin(F(t)) \cos^{2}(w_{c}t)n_{i} + \\ + \sqrt{2GP} \sin(F(t)) \cos(w_{c}t) \sin(w_{c}t) + \\ + n_{i}n_{q} \sin(w_{c}t) \cos(w_{c}t) - \\ - A_{LO} \cos(w_{LO}t)(\sqrt{2GP} \sin(F(t)) \cos(w_{c}t) + \\ + n_{i} \cos(w_{c}t) + n_{g} \sin(w_{c}t))] \right\}.$$
(7)

Using the same mathematical description in  $I_1(t)$  current, the resulting photon electrical current can be expressed as follows

$$I(t) = I_1 - I_2 = 4RA_{L0}\cos(w_{L0}t)[\sqrt{2GP}\sin(F(t))\cos(w_c t) + + n_i\cos(w_c t) + n_g\sin(w_c)].$$
(8)

Assuming that the LO is frequency locked to the received signal  $(w_{LO} = w_c)$ , the current at the balanced receiver output can be written as

$$I(t) = 4RA_{LO}[\sqrt{2GP}\sin(F(t))\cos^{2}(w_{c}t) + n_{i}\cos^{2}(w_{c}t) + n_{q}\sin(w_{c}t)\cos(w_{c}t)] = 2RA_{LO}[\sqrt{2GP}\sin(F(t))(1 + \cos(2w_{c}t)) + n_{i}(1 + \cos(2w_{c}t)) + n_{q}\sin(2w_{c}t)].$$
(9)

After low-pass filtering to filter out the high-order items, this signal is approximated to

$$I(t) = 2RA_{LO} \left[ \sqrt{2GP} \sin(F(t)) + n_i \right]$$
  

$$\approx 2RA_{LO} \left[ \sqrt{2GP} \left( \frac{\pi c(t)}{2V_{\pi}} \right) + n_i \right],$$
(10)

considering the first-order Taylor's expansion that allows  $\sin[F(t)] = \sin\left(\frac{\pi c(t)}{2V_{\pi}}\right) \approx \frac{\pi c(t)}{2V_{\pi}}$ . Substituting F(t) and Eq. (2) into (10), the received bandpass signal becomes

$$I(t) = \frac{RA_{LO}\sqrt{2}GP\pi}{V_{\pi}} \cdot A\cos[w_0 t + s(t)] + 2RA_{LO} \cdot n_i$$
  
= K\_1 cos[w\_0 t + s(t)] + K\_2 n\_i, (11)

for  $K_1 = \frac{RA_{L0}\sqrt{2GP\pi A}}{V_{\pi}}$  and  $K_2 = 2RA_{L0}$ . After multiplying this passaband signal by the electrical carrier  $\cos(w_0 t + \frac{\pi}{2})$ , for downconversion, the expression

$$I(t) \approx \frac{K_1}{2} \left[ \cos\left(2w_0 t + \frac{\pi}{2} + s(t)\right) + \cos\left(\frac{\pi}{2} - s(t)\right) \right] + K_2 n_i$$
$$\times \cos\left(w_0 t + \frac{\pi}{2}\right)$$
(12)

is obtained. Neglecting the high frequency contributions and considering  $sin(s(t)) \approx s(t) = 2\pi h x(t)$  after first-order Taylor expansion this photocurrent becomes

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