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A Personalized Medication Management Platform (PMMP) to Improve Medication Adherence:A Randomized Control Trial

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Highlights:

- Addressed medication non-adherence, an important aspect in healthcare which significantly influences patients' health and expenses to patients, healthcare providers and insurance companies.
- The PMMP platform implemented and tested through a randomized control trial to improve medication adherence, self-management of medication, and reducing long-term medication costs.
- The PMMP platform significantly reduced medication delays and missed medications and can therefore enhance patient health and overall disease and healthcare management.

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