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## A Robust Riks-like Path Following Method for Strain-actuated Snap-through Phenomena in Soft Solids

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Abstract: In this paper, a practical and robust Riks-like path following method is developed 16 to automatically trace the nonlinear equilibrium path for initial-finite-strain-induced 17 snap-through phenomena in soft solids. The deformation gradient is decomposed into an 18 19 elastic part and an initial-strain part, where the initial strain is characterized through a 20 prescribed pattern tensor and an unknown strain factor describing the magnitude. In the 21 non-linear finite element (FE) solution scheme, an equivalent body force proportional to the 22 increment of the strain factor is derived, which varies in each iteration step due to its 23 dependence on deformed configuration and stress. Both the displacement and the strain factor 24 increments are introduced as unknowns in the linearized equation, which permits to predict 25 the critical equilibrium states before and after the snap-through. Several examples with 26 various configurations and strain histories are constructed, including multilayer beams and 27 film-substrate systems, which demonstrate the effectiveness and robustness of the algorithm 28 to capture the strain-induced snap-through phenomena.

30 Keywords: The Riks method; snap-through; bistability; initial strain; soft matter;
31 multiplicative decomposition

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## 1 Introduction

34 When applying a concentrated force on the surface of a simply-supported cylindrical shell (or 35 beam), a fast shape transition from one to another stable state can be observed if the force 36 reaches a critical value [1]. Such a phenomenon is called as 'snap-through' traditionally 37 accompanied by fast shape transitions between different stable states in a short time scale. 38 Interestingly, some plants have been found to utilize the large magnitude geometric changes 39 in the snap-through instability to achieve specific functions, such as self-protection, intake of 40 nutrients and reproduction [2]. The most well-known example is Venus flytrap, a plant capable to capture the small insects with a very fast speed. It has been widely accepted that 41 42 the snap-through instability during the closing process of their leaves plays an essential role to achieve such a fast predatory behavior [3]. The strain energy of the leaf keeps increasing at 43 44 the beginning of the predatory process and then dramatically releases after reaching a critical 45 state, leading to a fast morphological transition of the leaf from convex to concave. Inspired by such intriguing behaviors, various kinds of devices have been fabricated aiming to achieve 46 47 fast function transitions by introducing the snap-through instability in their actuating systems, including the PDMS-based micro-lens [4], 3D micro-gel actuators [5], photo-responsive 48 49 azobenzene-functionalized polymers [6] and reversible snapping actuators [7]. Readers can 50 refer to a comprehensive review on the mechanisms and applications for such fast moving 51 behaviors in Guo et al. [2].

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